

Mitchell County 4-H Newsletter

February 2023



Hello 4-H Families,

We have had a busy start to the new year! 4-H members have participated in the Winter Adventure Camp and our Culinary Workshop with the Cedar Valley Seminary. We also have started Clover Kids, with a total of 122 youth participating. Many more workshops and activities are being planned for the upcoming months. To stay updated on all upcoming 4-H events, deadlines, and updates be sure to follow our ISU Extension and Outreach—Mitchell County Facebook page. I look forward to what the year will bring! If you have any questions regarding 4-H, please call the Extension Office at 641-732-5574 or email bdohlman@iastate.edu. For questions not regarding 4-H information, please call the Extension Office or email xmitchell@iastate.edu.


Sincerely,

Bailey Dohlman, County Youth Coordinator

ISU Extension and Outreach Mitchell County

315 Main Street
Osage, IA
641-732-5574

www.extension.iastate.edu/mitchell

 ISU Extension and Outreach
Mitchell County

 @isuext_mitchell



Bailey Dohlman
County Youth Coordinator
bdohlman@iastate.edu



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Extension and Outreach

Ag Breakfast—March 23

We are looking for adult and youth volunteers to help serve breakfast at the Ag Breakfast this year! Please remember proceeds from this event sponsors \$5.00 of each 4-H enrollment. Volunteers report at 6am at the CRC Events Center. If you would like to volunteer, please let Bailey know by calling 641-732-5574 or emailing bdohlman@iastate.edu by March 1st.

Senior Scholarships—Due March 1

Iowa 4-H Foundation—Scholarship applications are available for 4-H senior and recent alumni members. Dead to apply is March 1, 2023, 11:59pm. Instructions and applications are available online at: https://www.iowa4hfoundation.org/en/funding_for_4hers/scholarships/

4-H T-Shirts

Thanks to a wonderful donation by our 4-H and Youth Committee, all Mitchell County 4-H'ers are able to receive a free 4-H t-shirt. If you did not pick up yours at Awards Night, it can be picked up at the Extension Office. We are open Monday-Friday 8:00am-4:30pm.

4-H and Youth Committee Members Needed!

Are you interested in giving back to Mitchell County 4-H'ers? The 4-H and Youth Committee is looking for members. The purpose of the committee is to support and advise the 4-H program and helping youth reach their fullest potential. Responsibilities may include: encouraging enrollment and participation, bringing new ideas to the 4-H program, attending quarterly meetings, and determining policy. If this may be something you are interested in, please contact Bailey at bdohlman@iastate.edu or 641-732-5574 for more information.

Updated Foods for Iowa 4-H Fairs Guide

If you plan to exhibit foods at the 2023 Mitchell County Fair, please be sure to check out the updated food guide. You can find the guide included in this newsletter or online at <https://store.extension.iastate.edu/product/6434>. If you have questions regarding foods at fair, please contact AnswerLine at 1-800-262-3804.



Project Hot Sheets

Are you in need of some ideas for a fair project? Check out these project hot sheets from Iowa 4-H. These are a great source for ideas and information regarding projects. You can find a list of 4-H projects here: <https://www.extension.iastate.edu/4h/projects-list>

On Their Own & OK Day Camp—March 16

When: March 16, 9am-3pm

Where: South Square, 202 S Washington St. Ansgar, IA 50472

Who? All youth in grades 4-6

Fee: \$15.00

On Their Own & OK builds skills in youth, and incorporates ways for adults in the home to support this step towards independence. Youth can develop their self-care skills to make good decisions while staying home alone. On Their Own & OK reinforces how to act in an emergency, helps young people handle boredom without technology, recommends age-appropriate chores, and includes plans for a family celebration to continue to strengthen family relationships.

Registration for this camp can be found on 4hOnline under the events tab. Pre-registration is required! Registration for On Their Own & OK closes on March, 8th. For questions regarding this camp, please email bdohlman@iastate.edu or call 641-732-5574.

Recap of Events!



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Mitchell County Extension Office
315 Main St.
Osage, IA 50461

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DATES TO REMEMBER

Feb.	4	Jr. Fun Night
	5	Club Officer Training
March	tbd	St. Patty's Day Dance
	16	On Their Own & OK Day Camp
	23	Ag Breakfast
Aug.	2-6	Mitchell Co. Fair
	10-20	Iowa State Fair



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