

Mitchell County 4-H Newsletter

May 2023



Hello 4-H Families,

The deadline for Animal ID's is fast approaching! Animals must be ID'd on 4HOnline by May 15 at 11:59pm. If animals are not entered by that date, those animals will not be able to come to fair. It is best to complete this process prior to May 15th. You can find more information regarding Animal ID on the next page.


The next fair deadline is fair entries by July 1. Fair entries need to be made online at <https://faireentry.com/Fair/SignIn/18590>. This deadline is for both livestock entries and static entries. FairEntry opens on May 22. I will be hosting a FairEntry help night on June 19, 4:30-6:30pm. Families are welcome to come with no RSVP required.

If you have any questions regarding fair processes, you can call the Extension Office at 641-732-5574, email bdohlman@iastate.edu, or call and/or text 641-832-1980. We are here to help and are glad to answer any questions you may have!

Sincerely,
Bailey Dohlman, County Youth Coordinator

ISU Extension and Outreach Mitchell County

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Osage, IA
641-732-5574
www.extension.iastate.edu/mitchell

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Animal ID Entries Due May 15

All of the following animals you plan to exhibit at the county or state fair must be identified in 4-HOnline by May 15th, 11:59pm: **Breeding Beef, Dairy Cattle, Dairy Goats, Dogs, Horses, Breeding Sheep, Market Sheep, Meat Goats, and Swine.**

All animals need to be ID'd every year. Instructions for ID'ing your animal in 4HOnline are available at: <https://www.extension.iastate.edu/4h/livestock-id>

Refer to each species' requirements on the 4-HOnline ID pages and the 4H 202 Publication Animal Identification, Weighing, and Exhibiting Requirements for County, State and Interstate Shows <https://store.extension.iastate.edu/product/194>.

Please complete the identification process as early as possible. After May 15th even staff are unable to edit or create new animal profiles. **PLEASE PLAN ACCORDINGLY.**

Fair Entries Due July 1

All fair entries, both livestock and static, must be entered in <https://faireentry.com/Fair/SignIn/18590> by 11:59pm on July 1. This deadline is a Saturday, so please plan accordingly!

A few tips for families:

- Recommended browsers: Google Chrome or Mozilla Firefox
- Register all entries for each exhibitor in the family before proceeding to the Payment section.
- Be sure to click the "Submit" button when you have completed your entries. Entries are not final until they have been submitted.
- Check your email inbox for a confirmation email with a list of your entries.
- You will receive a second email when your entries have been approved.

YQCA Certification Due July 1

YQCA Training can be taken online or in person. To access **online trainings**, visit <https://ycqaprogram.org> and sign up for an online course. The online course is \$12 and is paid online with a debit or credit card.

Only make a new YQCA account if this is the first time ever taking the course. Help sheets to sign up for trainings can be found at <https://www.extension.iastate.edu/4h/yqca>.

All YQCA trainings must be complete by July 1st. Please send a copy of certificates to the Extension Office. You must complete pre and post test to access certificate if taken in person.



Region 4 - Explore Iowa!

4-H Day Trip

Thursday, June 22, 2023

8:00 am-7:00 pm

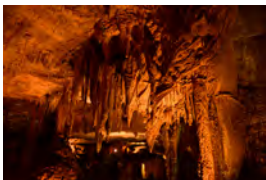
4-H Members in Grades 4th-7th

Cost: \$80.00

**Contact your Extension Office
for scholarship availabilities!**



Join us in exploring Iowa!
- Iowa Dairy Center
- Decorah Fish Hatchery
- Niagara Cave & Mini Golf
(Minnesota)



**Registration can be found on 4hOnline under the
Events tab. Please direct any questions to your local
Extension Office.**

**The fees for service will be used to offset direct expenses and to support the 4-H Youth Development County
Extension Program.**

**This institution is an equal opportunity provider. For the full non-discrimination statement or
accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.**



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Schedule:

8:00 am	Leave Cerro Gordo Extension Office
8:35 am	Arrive and load at Floyd County Extension Office
8:45 am	Leave Floyd County Extension Office
9:45 am	Arrive at Calmar Dairy Center
9:45 am - 11:15am	Dairy Center Tour
11:15 am	Drive to Decorah
11:30 am-12:30 pm	Lunch
12:45pm	Arrive to Fish Hatchery
12:45pm - 2:00 pm	Fish Hatchery Tour
2:45pm	Arrive at Niagara Cave
2:45 pm - 4:45pm	Niagara Cave Tour
4:45 pm	Load bus for home
6:00 pm	Arrive at Floyd County Extension Office
6:15 pm	Leave Floyd County Extension Office
7:00 pm	Arrive at Cerro Gordo County Extension Office

What to Pack:

- Closed toe shoes - Must have for cave!
- Light jacket or sweatshirt for cave
- Snacks - for bus ride home
- Water bottle
- Money for gift shops
- Sunscreen
- Camera
- Watch

ISU Extension And Outreach Mitchell County Day Camps



On Their Own & OK

Youth completed grades 4-6

Tuesday, June 6, 9 am - 3 pm @ South Square in St. Ansgar

Cost: \$15.00, lunch included.

On Their Own & OK reinforces how to act in an emergency, helps young people handle boredom without technology, recommends age-appropriate chores, and includes plans for a family celebration to continue to strengthen family relationships.



Up, Down, Spin Around!

Youth completed grades K-3

Thursday, June 8, 9 am - 3 pm @ South Square in St. Ansgar

Tuesday, June 20, 9 am - 3 pm @ The Mitchell County Fairgrounds

Cost: \$10.00, please pack a lunch.

Have you ever been to a fair, festival, or amusement park with rides? Step right up and try your hand at midway games, roller coaster challenges and more during this fun-filled amusement park themed day camp!



Insect Detectives!

Youth completed grades K-3

Tuesday, June 27, 9 am - 3 pm @ South Square in St. Ansgar

Thursday, June 29, 9 am - 3 pm @ The Mitchell County Fairgrounds

Cost: \$10.00

What is an insect? Come learn about insect classification, how they move, hide from predators, and more through a variety of hands on activities and games during the day.



NASA Astro Camp!

Youth completed grades 4-6

Thursday, July 6, 9 am - 3 pm @ Mitchell County Fairgrounds

Cost: \$10.00

This camp provides an opportunity to take part in NASA STEM lessons! The goal of Astro Camp® is to give all youth the chance to get involved in and experience Science, Technology, Engineering and Mathematics (STEM) -- and to inspire future astronauts and engineers to learn about space with NASA unique activities.

Registration Information

Registration and fee is due two weeks prior to camp date. Space is limited and on a first registered/paid basis. **Don't wait, sign up now!**

Registration for camps can be found online at <https://v2.4honline.com>.

Cash or checks should be made payable to Mitchell Co. Extension Office.

For more information, please call the Extension Office at 641-732-5574 or email bdohlman@iastate.edu.

The fees for service will be used to off-set direct expenses and to support the Mitchell County Extension 4-H & Youth Program. This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.



New Required Frosting for Iowa 4-H Fair Food Products

Tested Vanilla Buttercream Recipe

Required for use with Iowa 4-H Fair Food Product Exhibits.

(All Iowa 4-Hers must reference and attach this blog to their write-up for full credit if a homemade frosting is used in the exhibit. Any change or addition of ingredients will be unacceptable and will result in disqualification.)

- 1 cup unsalted butter, slightly softened
- 4 cups powdered sugar
- ¼ teaspoon salt
- 1 teaspoon vanilla extract
- 2 Tablespoons **dairy** milk (skim, 2%, or whole)

Beat the butter, salt, and vanilla together until fully combined on medium speed. Reduce speed and add the powdered sugar and milk. Add the milk a teaspoon at a time to achieve the right consistency for the way you want to use the frosting. DO NOT use more than 2 tablespoons of milk. Slowly increase the speed of the mixer and beat until the frosting is light and fluffy.



Tested Vanilla Buttercream recipe ingredients. Photo credit: Rachel Sweeney

What Does This Mean for Iowa 4-H Food Products?

- **It is highly suggested that exhibits be presented without frosting unless the frosting is part of the exhibit goal.**

Example 1: *My goal is to bake an angel food cake for exhibit at the fair.*

No frosting is needed for this exhibit. Cake recipe should be included with the exhibit.

Example 2*: *My goal is to bake and frost a chocolate cake for my Dad's birthday. I will also exhibit a similar cake and frosting at the fair.*

Cake should be frosted with the tested vanilla buttercream frosting or with a commercially prepared frosting to assure that it is not a TCS food. No chocolate, cocoa, or other ingredient should be added to the tested recipe or commercial frosting. Recipe for cake and frosting (if homemade) should be included with the exhibit, along with this blog.

Example 3*: *My goal is to learn to make a cake and a frosting for exhibit at the fair.*

Cake should be frosted with the tested vanilla buttercream frosting; no chocolate, cocoa, or other ingredient should be added to the tested recipe. Cake and frosting recipes, along with this blog, should be included with exhibit.

*For examples 2 and 3, another option is to prepare the product using any frosting desired; before serving, take pictures of the frosted product. Exhibit the product without frosting at the fair and note in the write up that the product is being exhibited without frosting due to food safety concerns. Add pictures of the frosted product to the write up and include the product recipe with the exhibit.

- **Homemade Cream Cheese, German Chocolate or Coconut-Pecan, Ganache, or 7-Minute frostings or fillings are not to be exhibited at the fair. They are potential TCS foods due to the range of water activity (A_w) in various recipes and should be stored in the refrigerator.**
- **Decorator frostings of any type may be used when the goal is to decorate a cake. The cake may be food, cardboard, or Styrofoam and will be judged on design, neatness, originality, skill, and technique; the cake will not be tasted or judged on product characteristics.**
- **Fresh or canned fruit, vegetable, or zest should not be used as decoration or garnish on a baked product or decorated cake.**
- **When a glaze is desired, it should be made with powdered sugar and water only. No fruit juice or zest should be added.**

Plan ahead for a successful fair experience. 4-H members are encouraged to call or email AnswerLine with questions about their food project prior to exhibit.

Call: 1-800-262-3804 or 515-296-5883, M-F 9-12, 1-4

Relay Iowa (hearing impaired) 1-800-735-2942

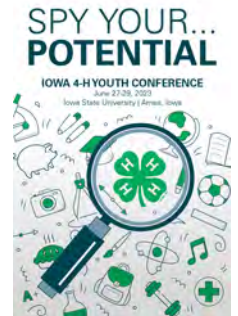
Email: answerline@iastate.edu

For more information, please visit <https://blogs.extension.iastate.edu/answerline/2023/02/14/safe-frosting-for-iowa-4-h-fairs/>.

Registration is Open for Animal Science Roundup and Youth Conference—June 27-29

State 4-H Youth Conference will be held in Ames on June 27-29. This conference is filled with educational workshops, teambuilding activities, a talent show, service projects, and much more! State 4-H Conference is open for youth in grades 8-12. For more information please visit <https://www.extension.iastate.edu/4h/iowa4hyouthconference> for more information.

Animal Science Round-Up will be held in conjunction with Iowa 4-H Youth Conference. Youth in grades 8-12 that have an interest in cattle, dogs, horses, poultry, sheep, or swine are encouraged to attend. Youth will learn about health, nutrition, behavior, genetics, and reproduction. Each animal project area is limited to the first 20 who register via 4HOnline. New this year: youth do not need to apply or be approved! More information is available at <https://www.extension.iastate.edu/4h/animalscienceroundup>.



With financial aid offered by the Mitchell County 4-H Foundation and the Mitchell County 4-H and Youth Committee there will be **no fee** for Mitchell County Youth! Registration can be found under the events tab on 4HOnline.

Congratulations Mitchell County 4-H Foundation Scholarship Recipients!

Congratulations to our Mitchell County 4-H Foundation Scholarship recipients; Jace Popp, Brenna R. Kruse, and Claudia Aschenbrenner. These three 4-H members were selected based on their active participation in their 4-H clubs and the achievements and life skills developed from participation in 4-H experiences. The scholarships received will help these seniors reach their future academic goals. Congratulations Jace, Brenna, and Claudia!

Save the Date! Clothing and Communication Judging

Communication Judging—July 18, 6:00-7:00pm at the CRC lobby

- More information will be sent to 4-H members participating after July 1.
- Public is encouraged to attend.

Fashion Judging—July 19, 9:00am-12:00pm at the Mitchell County Extension Office

- More information will be sent to 4-H members participating after July 1.



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Dog Workouts Start May 21

Mitchell County 4-H dog workouts will begin May 21. Reminder, all dogs must be identified in 4hOnline by May 15. If you did not receive information regarding dog workouts and are planning on showing a dog at fair, please contact the Extension Office as soon as possible.

Thank You Letters to the Fair Board

The Fair Board has covered the cost for all livestock tags for the county fair. Please write them thank you letters for their wonderful donation.

Thank you letters can be dropped off at the Extension Office and we can mail them to the Fair Board. You may also mail letters directly to the Fair Board at:

Mitchell Co. Agricultural Society
2597 410th St.
Little Cedar, IA 50454

Check out the included flyer for summer programming!

DATES TO REMEMBER

May	15	Animal ID Due
	21	Dog Workouts Start
	29	Office Closed
June	19	Fair Entry Help Night
	22	Explore Iowa Day Trip
	27-29	Youth Conference and Animal Science Round-Up
July	1	Fair Entries Due (www.fairentry.com)
	1	YQCA Certificate due to the Extension Office
	18	Communication Judging Day, 6pm-7pm
	19	Clothing Judging Day, 9am-12pm
Aug.	1	Static Judging Day
	2-6	Mitchell County Fair
	10-20	Iowa State Fair

