

# BUILDING A #STRONGIOWA

Mills County



Glenwood's Giving Garden



Family, Food and Fun



Science Camp and Soil Conservation

## ISU Extension in Mills County

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[www.extension.iastate.edu/mills](http://www.extension.iastate.edu/mills)

Mills County is part of a 99-county campus, connecting the needs of Iowans with Iowa State University research and resources for a **Strong Iowa**.

We provide education and build partnerships designed to solve today's problems and prepare for the future.

Gary Smith  
*Extension Council Chair*

## Community and Economic Development

Mills County Extension partners with community members, agencies, and organizations such as the Glenwood Area Chamber and Malvern Area Betterment to bring people together for community improvement. Extension provided leadership in developing "Community Builders", a group exploring ways to add value to Mills County.

### Local Foods

Contributing to the local economy by developing a local food system that benefits consumers and small business

## Strengthening Families

Midlife and Beyond  
Technology mentoring provided to 32 adults

Serve Safe Food Safety  
There are 97 food retailers in Mills County requiring training  
Trained 22 establishments

Child Care Provider Training  
Serve in home providers and child care centers, improving quality of care for families

Family, Food & Fun-  
Developing cooking skills and family relationships

LIFE program-Older adults get together to exercise and socialize each week

## County Extension Staff

Sherry Ford  
*County Program Coordinator*

Stephanie Bowden  
*County Youth Coordinator*

Tammie Epperson  
*Office Assistant*

Nancy Crews  
*Horticulture Assistant*

Buddi Thompson  
*Local Foods Ag Assistant*

Tina Bakehouse  
*AmeriCorps Member Farm to School*

Alan Ladd  
*Regional Director*



## Mills County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

## Agriculture in Mills County

### Private and Commercial Pesticide Training

Train more than 200 applicators annually to help ensure safer and more economically beneficial use of pesticides

### Master Gardeners & Glenwood's Giving Garden

Partnership created specifically to serve others- Provided more than 6,200 lbs of fresh produce to over 300 families, increasing access to nutritious food. Any age volunteer can help in the garden!



### Horticulture Seminars

Eastern Ash Borer, Pollinators, Making the best plant choices for your landscape, and selecting vegetables for your garden were all topics offered to improve consumer yards and gardens

### Farm Leasing Meetings

Land Owners & Farmers learn together, and discover the costs associated with land management and farm business



### Women, Land & Legacy

Extension partners to engage women in ag education. Participants make informed decisions about their land, soil, business, home and family

#### ... and justice for all

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## K-12 Positive Youth Development

Partner with schools to provide problem-solving, hands on educational opportunities for approximately 1,500 students through school enrichment, after school programming, camps and 4-H



- Kindergarten Fall Day-
- 1<sup>st</sup> Grade – Connecting to the Farm
- 3<sup>rd</sup> Grade – Nutrition Education
- 4<sup>th</sup> Grade- Health & Science via Gardening & Bread baking projects



- 5<sup>th</sup> Grade – STEM -Environmental Science Camp and Boat Regatta



- Wellness4Life Education- 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>
- ACES (Activities to Challenge and Enrich Students) after school program
- Lego League- Robotics- First Tech Challenge, Biotechnology, Sea Perch Aquatics, STEM
- **4-H Leadership, Citizenship, Communication- growing tomorrow's community leaders**