



OCTOBER 2020 4-H NEWS

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October Birthdays

Jack Davis	10	2
Davis McGrew	10	4
Dayann McGrew	10	4
December McGrew	10	4
Alysia Montgomery	10	6
Riley Streight	10	7
Ava Grindle	10	10
Brooklyn Anderson	10	12
Cedar Wray	10	12
Madison Epperson	10	19
Carrington Newlon	10	21
Jacey Vandenberg	10	23
Grace Nightser	10	26
Haiden Olerich	10	27
Sara Kolle	10	27
Alissa Brummer	10	30
Isabel Griffin	10	30

RAISE YOUR HAND

& PAY IT FORWARD



As the 2020-2021 4-H year gets under way, we look forward to a new year of growth for clubs, families, communities and 4-H members. Each of us has talents, time and leadership skills we can volunteer toward helping the 4-H program. It is important for everyone to be involved in promoting 4-H and making all new 4-H'ers feel welcome in their 4-H family.

Our 4-H program offers great opportunities for members, families and volunteers. Our amazing 4-H leaders and Superintendents are committed to providing a quality experience for all 4-H'ers. We know we have a great program with excellent volunteers, parents and 4-H'ers in Mills County. Let's help others benefit from the 4-H program. Invite a friend to join!

National 4-H Week, October 4-10, and is a great time to spread the word about the value of 4-H. Tell other people what 4-H has done for you and what it can do for them. As 4-H members, you are the best advertisement there is available!

Mills County Extension staff is looking forward to another excellent year!

Go green!



To Make the Best
BETTER

Alycne Boban
Mills County Youth Coordinator

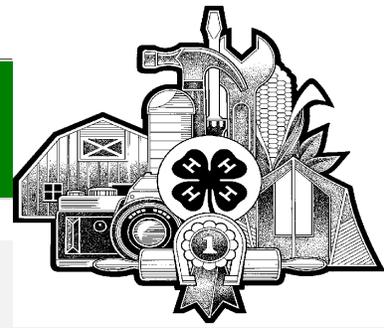
IOWA STATE UNIVERSITY
University Extension

4-H
GROWING TOGETHER

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Enrollment



Hurray for a new 4-H year!

This year we will be rolling out 4-H online 2.0 and it opens up on October 1st!

Don't forget to get enrolled and to update any new information like phone numbers, addresses, clubs (if you are changing clubs), projects and shirt sizes.

Dues are \$30

To enroll in 4-H go to

<https://v2.4honline.com/>

If your feeling intimidated or frustrated, please call or come in and get help with the 2.0 system.

Our office hours are:

M/W/Th 8am-4:30pm, T 8am-8pm

F 8am-12pm

Or you can reach Alycne at alycne@iastate.edu

(712)624-8616



TEEN CLUB

Are you in 7th, 8th, 9th, or 10th grade? If so, Mills County Teen Club is for YOU!

Mills County Teen Club was created decades ago to bring 4-H teens together from around the county to meet new friends, learn about citizenship, and explore the world beyond Iowa.

Every four years, Teen Club participates in Citizenship Washington Focus (CWF). This is a fabulous trip to Washington, D.C. where 4-H'ers meet their legislators, meet other youth from around the country, and participate in workshops that help them learn about our governing system. This is a very strong program because the youth get to do interactive learning through mock sessions as if they were the legislators who were making laws. CWF incorporates a lot of fun activities such as a dinner theater, tours of the monuments and museums, and social events.

Mills County Teen Club's next CWF trip will be in the Summer of 2023. The time before the trip is used to raise funds, plan and lead community service projects, learn about city, county and state government, and participate in field trips. 4-H'ers who participate in Teen Club/CWF often say it was one of the best experiences during their time in 4-H!

To learn more about Teen Club and Citizenship Washington Focus, contact Tammie Epperson at tammie@iastate.edu or call (712)624-8616





Create #Opportunity4All kids this National 4-H Week

National 4-H Week October 4th – 10th



National 4-H Week is held every year during the **first full week of October**. National 4-H week is an opportunity to celebrate 4-H locally, recruit new members and volunteers, and have fun!

This year, we want to see what 4-H is like from your perspective! Whether you're a 4-H professional, volunteer, council member, club leader, project leader, club member, camper, or even alumni - if you have a 4-H adventure to share, we (and our followers) want to see it! Share your story on social media with a photo or video, and be sure to tag @ISUMillsCounty

Or you can also send them to Alycne at alycne@iastate.edu

4-H Week ideas

Our 4-H week may look a little different this year, but here are a few ways to still promote 4-H while

socially distancing.

- * Wear your 4-H gear and club shirts on Wednesday the 7th!
- * Make 4-H posters to hang around town or in stores.
- * Decorate your front door, windows or yard.
- * Post on social media (check with your parents first)
- * Invite a friend to check out your 4-H club.
- * Check out our FB page and our Instagram page for fun activities daily.

October 6th ~Giving Day

What is the Iowa Give. Grow. Iowa 4-H Giving Day?

Give. Grow. Iowa 4-H is a 24-hour online giving day to support the Iowa 4-H Program! Join us to provide the financial support needed to help the 4-H Program continue their incredible work across the state of Iowa. Give a gift, large or small and be a part of a collective effort to strengthen your 4-H Program and better serve the youth of our state!

To donate go to <https://www.givegab.com/nonprofits/mills-county-4-h>



4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



4-H CLOVER KIDS



Clover Kids

Welcome back Clover Kids!

Our Clover Kids programs keep growing and we are looking forward to more fantastic fun this year.

Don't forget to re-enroll on 4-H online once it opens in October!



Homemade Bird feeders



Supplies:

- * Pinecone or toilet paper tube
- * Nut butter; Peanut, almond or sunflower

- * Bird seed
- * String and scissors

Use nut butter to coat the tube or pinecone. Roll or sprinkle bird seeds on coated pinecone or tube. Make sure to press the seeds to they stick better. Once its coated well in seeds, cut and attach string to tube or pinecone and then hang outside for the birds to enjoy!



Awards Night!!

Sunday, October 25, 2020 at the Lakin Center 4 pm

Join us in celebrating all of our outstanding 4-Hers in Mills County.

We will be hosting a root'n, toot'n round up of Awards to honor our amazing 4-Hers and Volunteers

Come enjoy a boot stomping good time with friends and fellow 4-Hers.



Volunteers Wanted!



"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader."
- John Quincy Adams

Do you want to help at 4-H events and activities?

Do you have a skill that you want to share with the youth of Mills County?

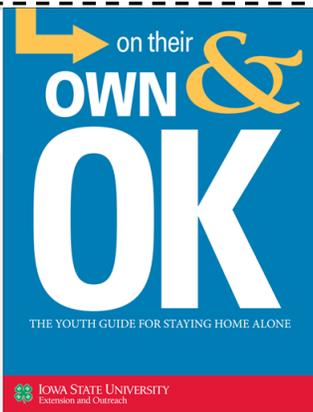
Do you want to help but don't know where to start?

Please consider Volunteering! The youth of Mills County and our 4-H program would be more than happy to benefit from your help and presence. We are always looking for Volunteers to help on Youth Committee, event planning, leadership and as Superintendents.

For more information, contact Alycne Boban

(712)624-8616 or alycne@iastate.edu

"As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others."
Audrey Hepburn



CHECK THIS OUT!

This FREE virtual class starts **OCT. 22**

Registration is now open for families to sign up for the free "On Their Own and OK" program offered virtually this fall through ISU Extension and Outreach. The four-week program will begin on Oct. 22, and each week participants will receive directions via email for a hands-on family learning experience using materials typically found at home. They'll also receive a free parent guide to help support their children staying for short amounts of time on their own. "On Their Own and OK" is tailored for parents and children in fourth through sixth grade.

To [register for this hands-on learning experience](https://form.jotform.com/202684836288064) to help parents teach their children how to gain confidence in staying home alone, please sign up online at <https://form.jotform.com/202684836288064>.

Meetings & Updates

TEEN CLUB

Teen Club information

Contact Tammie at (712)624-8616
 or tammie@iastate.edu



4-H Week

National 4-H week is Oc-
 tober 4th-10th

4-H Day of Giving Octo-
 ber 6th, 2020

COUNTY COUNCIL

County Council

Interviews October 18th.

*Applicants will be contacted
 with their specific time.



October

- 10/1 4-H Enrollment opens
- 10/18 County Council Interviews*
- 10/18 Record Book Awards inter-
 views 1-3pm
- 10/25 Awards Night 4pm



November



I pledge...

my **head** to clearer thinking,
 my **heart** to greater loyalty,
 my **hands** to larger service, and
 my **health** to better living for
 my club, my community,
 my **country**, and my world.