In4mation for your month…

Happy New Year 4-H Families!

A popular New Year tradition is creating a New Year’s Resolution. It’s a great way to think about what 4-H goals you have for 2019. Want to try a new exhibit? Start by contacting our office about your interests and how we can help you achieve them! Youth should start writing their goals for projects now, and it’s a perfect time to do so with ringing in the new year.

My New Year’s 4-H resolution is to do more for YOU. I am always available to give advice on exhibits, answer questions, listen to a 4-H presentation, taste test a food and nutrition project, and much more! Please let me know if there is ever anything I can do to make your 4-H experience the best it can be. Let me know your goals so I can help you achieve them!

2019 Newsletters will now contain an activity for members or clubs to do. We like to work hard, but also have fun too! Check out the last page for our “Creativity Corner” for an example of a fun craft, game, or other exciting things to try.

I hope you all had a wonderful holiday break, I look forward to what this year will bring!

Maddie
LIVESTOCK

Share a Sheep Class Registration Open!

We are excited to offer the Share a Sheep Classes. If you are new and interested in sheep, don’t own one or maybe can’t have one at your home—please register with the Extension Office, as space is limited. As a 4-H’er for these classes, you will learn about grooming, care of the animal, basic lessons in feeding and how to prepare to show. Your mentors will assist you along the way and help you feel comfortable working with your animal. It’s a great way to share your experience together and learn along the way.

Superintendent Andrew Hilton and Buddi Thompson will help you learn and grow in this project. The sheep will reside at the Hilton Farm. This is a perfect beginners class. Sign up today!

Dates for the Share a Sheep classes will be released as soon as possible.

A successful Beef Weigh-In

The Mills County Extension Office held Beef Weigh-In on December 15th at the Fairgrounds. Over 25 head were weighed in. We are excited to see these animals grow and 4-H’ers grow in knowledge with them for the Mills County Fair in July. A special thanks to Brady Smith and Jeff Dean, Beef superintendents, along with Jarad Mabary, Ryan Wilgenbusch, Andrew Greiner, and Matt Bowden for taking the time to help these members.

A reminder that Market Beef ID’s need to be approved on 4-Honline by February 1st.

YQCA Online Training

Over 65 Mills County 4-H’ers attended our Face to Face training in November! A special thanks to Buddi Thompson, Jarad Mabary, Mary and Dave Trowbridge, Jill Cuff, Ken Wade, and Colleen Gray for helping. 4-H’ers Emma Seipold and Nathan Vinton also helped lead a workshop session. Thank you all!

If you did not attend our training, you will need to take the online version for $12.00 by May 15th to show at the fair. To find it go to www.yqca.org. There you can register with your 4-Honline account and take the training using your age as of January 1st, 2019. Contact Maddie Hora for questions.
EVENTS

2019 4-H Night at the Lancers

IOWA 4-H FUN NIGHT!


TO ORDER TICKETS

4-H Night at the Lancers is back!
Enjoy a night of hockey and help raise money for the 4-H program to help us provide fun camps!
The game is February 16th at the Ralston Arena and the doors open at 6pm.


LIVESTOCK

Iowa Pork Youth Swine Judging Contest

All 4-H and FFA members are invited to participate in the annual Youth Swine Judging Contest at the Iowa State Fairgrounds, Pioneer Livestock Pavilion, on Thursday January 24th. Students interested in the pork industry can increase their pork knowledge, test their judging skills and earn valuable college scholarships.

Contact Drew Mogler at (800) 372-7675 or dmogler@iowapork.org to register!

MILLS COUNTY EXTENSION OFFICE HOURS
MON WEDS THURS 8-4:30 TUESDAY 8-8 FRIDAY 8-12
2019 4-H Fair T-Shirt Design Contest

Mills County 4-H is hosting a t-shirt design contest for the Mills County Fair 4-H t-shirt. Digital files may be emailed to mchora@iastate.edu or hand drawings may be mailed or dropped off to the Mills County Extension office on or before February 28th. You must be a 4th-12th grade Mills Co. 4-H’er to enter the contest. The County Youth Council will vote on the winning design at their March meeting. T-shirts will ONLY have printing on the front of the shirt.

T-Shirt designs MUST include the following:
4-H Logo, Clover, “Mills County” or “Mills County Fair “

Name____________________________
Color of shirt (top 2 choices)
________________________________
Color of text (top 2 choices)
________________________________
Join Region 17 Senior 4-H members for the first ever, LEAP program on January 20th from 1:00—5:00 PM at the Oakland Community Center.

LEARN about tips and techniques that will help as you start looking for post-secondary opportunities. Take in this opportunity and gain EXPERIENCE filling out scholarship applications. APPLY your PROFESSIONALISM techniques when interacting with other youth from your region!

Please RSVP to Maddie Hora at mchora@iastate.edu by January 6th.

State and National 4-H Recognition Opportunities are due February 1st through 4honline. To learn about the requirements for these exciting programs, click this link. https://www.extension.iastate.edu/4h/recognition-opportunities

For any questions, contact Maddie Hora at mchora@iastate.edu or check out our website with further information. https://www.extension.iastate.edu/mills/news/leap-program-available-senior-4-hers

Mills County Poultry Orientation Night January 8th

A Poultry Orientation Night and Project Ideas Workshop is scheduled for January 8, 6:30pm at the Mills Co. Extension Office. Whether you are new or experienced with the poultry project, this is the workshop for you. Knowing expectations is key to a fun year. It’s a great way for everyone to get energized and ready to start their projects. Contact Jill Cuff, Poultry Superintendent at jillrcuff@gmail.com for questions.
NEW 4-H MEMBER MEETING

The 4-H program has a wide variety of opportunities, and they can sometimes bring up questions. We would like to invite all new 4-H members and parents for a New 4-H Member Meeting on Tuesday, January 29th at 6:30pm at the Mills County Extension Office. Parents can ask questions and learn more about what opportunities we have to offer, and hands on activities will be held for kids! Please contact Maddie Hora at 712-624-8616 for questions.

Follow us on Facebook!

@ISUMillsCounty

ISU Extension and Outreach Mills County
Creativity Corner!

Activity: Group Juggle

**Objects needed:** 10-12 soft, tossable objects *(Contact the Extension Office to borrow)*

**Directions:** Everyone stand in a circle facing one another.

Start with one tossable object and choose someone to start the juggle.

Person that starts tosses object to a partner they choose, this will be the person they toss to every time. Say your partner’s name when tossing.

Person that received the object says another person’s name across the circle and tosses the object to the new person. Continue this until everyone has received it only once and the object comes back to the person that started.

Like a challenge? The more objects you use at a time, the more difficult it gets!

Mills County 4-H Calendar of Events

**JANUARY**

1– Office Closed for New Year’s Day
2– Annual Volunteer Training and Leader’s Meeting 6-9pm at the Lakin Center
15– Youth Committee 6:30pm Extension Office
20– LEAP Conference at Oakland Comm. Center 1-5pm.
20– Teen Club Meeting 6:30pm Extension Office
31– Deadline for State and National 4-H applications 11:59pm via 4honline

**February**

8-9– County Council Retreat at Council Bluffs
16– 4-H Night at the Lancers Event
26– Livestock Superintendents mtg. 6:30pm

**MORE...**

Don’t forget that Fair is July 12-16
Static judging July 11th.