



FEBRUARY 2020 4-H NEWS



Abby Sorensen Mills County Director (712)624-8616 asorens@iastate.edu	Alycne Boban Mills County Youth Coordinator (712)624-8616 alycne@iastate.edu
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February Birthdays

Maxton Jackson	2	3
Curtis Jackson	2	5
Landon Blades	2	5
Kaeleen Smith	2	6
Brooke Clemmer	2	8
Ashley Goy	2	10
Averi Newman	2	10
Stella Mayberry	2	10
Lilly Proctor	2	11
Madelyn Berglund	2	11
Miah Urban	2	11
Steven Barrett II	2	11
Taryn Bertini	2	11
Delaney McMullen	2	19
Elyse Pontefract	2	19
Jake Shannon	2	22
Grace Berglund	2	23
Maximus Parker	2	23
Adelynn Thiesen	2	25
Autumn Newman	2	28

Fantastically Fun things to do in February

February is best known as the month of Love, it is also National Heart month and Black History month. February marks the last bit of Winter too.

So in honor of our shortest month of the year, here are some fun things you can do to celebrate and keep busy as we wait out the rest of winter.

Countdown to Valentine's Day with 14 heartfelt love notes: Write them on small hearts and put them in a jar so they can read one each day.

Start a knitting or Crochet project: whether you already know how to knit or have always wanted to learn, pick up some needles and wool and create something cozy.

Make a treat with Nutella: February 5th is World Nutella Day, so why not whip up a special dessert featuring the delicious chocolate hazelnut spread.

Make a pizza: February 9th is National Pizza Day, the perfect day for making pizza dough from scratch (it is easy as pie)! Get the whole family involved and whip up some homemade pizza to celebrate pizza day.

Do something kind for someone: February 17th is National Random Acts of Kindness Day. Let someone go ahead of you in a line, bake cookies for the office or a friend, thank a teacher with a gift, send a letter to a friend or family member. There are lots of ways to spread kindness all around!

Spoil your pet: February 20th is National Love Your Pet Day, so give them some extra love and attention, I'm sure neither of you will mind.

Make a Pistachio Brown Butter Cake: February 26th is National Pistachio Day and no better time to whip up a sweet pistachio treat like a simple and beautiful cake.

Alycne Boban
Mills County Youth Coordinator

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Iowa State University Extension programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.



New Family Night



Being new can sometimes be overwhelming in a program like 4-H. We are here to help though.

All new families are invited to a special New 4-H Family Night here at the Extension office, on **Tuesday, February 4th at 6pm.**

We will go over what to expect from our program, project areas, record books and fun events coming up. Get answers to your questions and meet some of our awesome Youth Leaders.

Dinner will be provided and we will have door prizes too.

Sign up through the link provided <https://forms.gle/kZhkcaY6E8TDEnNn8>

Contact Alycne alycne@iastate.edu for more information or call (712)624-8616



Calling all Intermediate 4-Hers!

Region 17 is going on a Summer in the City Trip to Minneapolis!

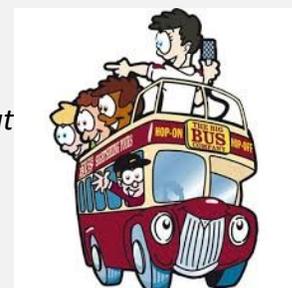
This trip is for 4-Hers in grades 7th and 8th. Do you have a non 4-H friend you want to bring along? Non 4-Hers are welcome too!

We will be leaving Wednesday, June 10th and returning Friday, June 12th.

Activities include: *Tour the Surf Ballroom in Clear Lake, IA, trek to a waterfall at Minnehaha Park, spend 2 nights in a hotel with swimming and activities at Mall of America - FlyOver America flight simulator and Rock of Ages black light mini golf, attend Annie at the Children's Theater, enjoy a pizza party, visit the Minneapolis Sculpture Garden, test out your baseball skills during the Science of Baseball tour at Target Field, cruise the Mississippi River by boat for lunch and a scenic tour*

Cost: \$235 ... contact the Extension office for information on Scholarships available to 4-H members (712)624-8616 or alycne@iastate.edu

Trip registration can be found [HERE](#), in the office or on our website Monday, February 3rd



When: Friday, February 21st

Where: East Mills High School Gym, Malvern

Time: 6-7:30 pm

Register here: <https://forms.gle/6YNXp9bubAoLVS2b7>



The Mills 4-H County Council is hosting their first 4-H Dodgeball Tournament.

Grab your friends and fellow club members. Teams need 6 members and will need a team name. Teams may be mixed ages and clubs. If you don't have a team sign up anyway and we will try to find you one.



PENGUINS & PAJAMAS

Omaha Henry Doorly Zoo and Aquarium Overnight for 4th & 5th Graders!



Come to our pajama party with the penguins **May 8-9, 2020!** Snooze next to the ocean birds and enjoy behind the scenes tours of the zoo. Registration fee includes the overnight stay, tours, snacks, and breakfast.

If families choose to visit the zoo on Friday, the campers' admission is covered! **Limit of 40 registrants!**

Packets available [HERE](#) or in the office and will be available on our website Monday, February 3rd or contact Alycne (712)624-8616 alycne@iastate.edu

Searching for Camp Counselors



Camp Wild is coming up and we are looking for some fun and energetic Camp Counselors.

Camp will be held in Guthrie Center this year and will run from June 4th-6th.

Requirements:

Must be 16 by June 4th

*You will also have to attend **2 TRAINING SESSIONS PRIOR TO THE CAMP EXPERIENCE!!***

The training dates will be Wednesday, April 15 from 8-9 pm (web-based training) and Wednesday, May 13 from 5:30-8 pm (face-to-face, location TBD)

Applications can be found [here](#) or pick one up from the Extension and Outreach Office.

Applications are due February 14th!!

Grades 5, 6 & 7 Camp Wild ~ Save the Date!

June 4 - 6, 2020

Experience the adventure and excitement of three days filled with 4-H camping traditions and favorite activities. Join us for nature hikes, orienteering, canoeing, fishing, archery, swimming, camp songs, and campfires. Bring a friend with you and make new ones while you are there too!

Summer Camp

At Guthrie Grove Retreat Center – Guthrie Center, Iowa

Registration Opens Soon!





IOWA 4-H | Learning In A Fun Environment!



Save the Date!

The Clover Kids Set This, Bake This is coming up **Sunday, April 26th**



Go for the Gold ~ 2020 State Conference

Grades 8th-12th!

The 2019-2020 State 4-H Council is pleased to announce

“**Go for the Gold**” as the theme for the 2020 Iowa 4-H Youth Conference!

The conference, to be held **June 30-July 2, 2020**, on the Iowa State University campus is an annual youth conference open to ALL current 8th-12th graders across Iowa.

This conference is planned and organized by our State 4-H Council, a group of 40 leadership-driven high school 4-Hers across the state.

For more information contact the Extension office

(712)624-8616

Or Alycne alycne@iastate.edu



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4th-6th Grade Junior Overnight!

Play games, spend time with friends, and have fun!

What: 4-H Junior Overnight brought to you by the 4-H Mills County 4-H Council

When: 6pm on Friday, March 13th to 8am on Saturday, March 14th

Where: Mills County Lakin Center, 61321 315th St. Malvern, IA



Who: All Mills County 4th-6th graders

Cost: \$10.00 (current 4-H'ers get a \$5.00 discount)

Dinner, snack and breakfast provided.

Registration can be found on the Extension Website Monday, February 3rd or contact the Extension office at (712)624-8616 or Alycne alycne@iastate.edu

Buckets & Baking



Get your ovens preheated and supplies ready for this years Buckets and Baking competition!

Bake This is an opportunity to bake something you can't take to fair. Such as, cream pie, baked good with meringue, etc. You **MUST** use these **5 ingredients** in your recipe- flour, sugar, egg,

vanilla, and either baking soda or baking powder.

Bring your best baked goodies and Bucket of Junk creation **Sunday, March 29th at 130pm** to the Lakin Center for a fun day of tasty treats and fun.

Registration forms will be sent out, can be picked up in the Extension office or on our website starting Monday, February 3rd.

Contact Alycne alycne@iastate.edu or call the Extension Office (712)624-8616



Set This and Sew That!

It's time to get out your patterns, thread and best table settings

Fashion Revue and Set This are coming up **Saturday, April 4th.**

We will be adding new "for fun" challenge categories to our Fashion Revue this year.

Sign ups coming soon!

For more information or questions contact Alycne alycne@iastate.edu or call the Extension Office (712)624-8616



4-H IS BASED ON RESEARCH



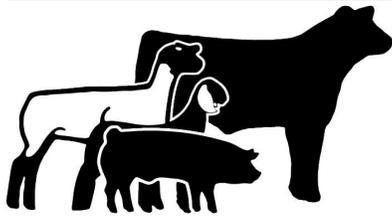
Livestock and Animal info

YQCA yearly in Person Training

YQCA is a mandatory yearly ethics training for all 4-H members showing any type of Livestock. This training is Required to be eligible to show at the County Fair and State Fair in all Livestock shows.

The in person YQCA training date has been set for **February 25th, 2020 at the Lakin Center.**

In person training is \$3 and due when signing up though <https://yqca.learngrow.io/Account/Login> . You can also do your training online by signing up through the same link. Cost for online training is \$12



Dinner and training to begin at 6 pm

Follow the link to sign up!

<https://yqca.learngrow.io/Account/Login> * You will need to use Chrome to register!

Call or email [Alycne](#) with questions (712)624-8616

Share A Sheep

Have you ever wanted to try your hand at showing Sheep, but don't know where to start.



Or maybe you don't have the room to keep livestock.

Our popular Share A Sheep program is getting ready to kick off again for 2020!

You will learn about grooming, care of the animal, basic lessons in feeding and how to prepare to show.

For more information contact Alycne or Buddi at the Extension Office.

To sign up please follow the link provided:

<https://forms.gle/jq2qgXFclhpWLdkV8>

Or call the Office at (712)624-8616

Trowbridge

Are you are curious about the beef project but don't know where to begin. Then this is the class for you. Participants in Trowbridge get to work with a calf that belongs to Dave and Mary Trowbridge. They learn how to groom, bathe, train to lead, show, and more.

Meetings begin in March, and you will begin work with your calf at the farm in May. Space is limited. If you are interested, **contact Tammie at the Extension office at 624-8616 to get on the list.** Registration fee is \$25.00..

Right now, we need to know who is interested in participating in this great beginner's class. There are limited openings for new members in the calf class. Those who participated in the calf class last year will graduate to the Heifer Class this year.



OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSTIVE CHANGE



Beef Verification

If you weighed in a Market steer or Heifer, do not forget to go in and VERIFY your animal in 4-H online **BEFORE February 1st.**

This is for ALL calves weighed in!



Goats and Sheep

Goat and Sheep Weigh in Day will be

Saturday, April 25th.

Goats will weigh in first from 8-9:30am

Followed by Sheep from 9:30-11am



Animal ID reminder

Don't forget to get your animals into 4-H online.

Deadline for animal enrollments is **May 15th!**

If you need help or have questions, call the Extension office (712)624-8616

or email alycne@iastate.edu

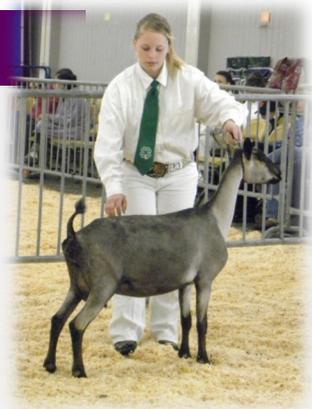
2020 IDGA SHARE-A-KID OPPORTUNITY

Are you looking for a new and exciting way to expand your 4-H experience? Interested in showing an animal, but don't know if you can afford one of show quality?

Each year the **Iowa Dairy Goat Association** promotes interest in dairy goats across our state. One of the ways IDGA encourages young people to explore this aspect of agriculture is through their Share-A-Kid program.

This statewide contest is open to youth in 4th thru 12th grades and who are a member of 4-H, FFA, IDGA, or any other agricultural group. Winning applicants are selected from an essay they submit. The essay can include drawings, photos or any other creative touches. IDGA can only award one goat per family per year; however, siblings are encouraged to apply.

If you are interested in this opportunity visit <http://www.iowadairygoat.org/share-a-kid-program/> for more details and an application form. Entries must be postmarked by **March 14, 2020.**



4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



Cat project update



Cat Project News-

Kres and Kassidy Monday, Cat Superintendents

To participate in the Cat Project, be sure to enroll in the Cat Project as soon as possible, so that you can receive the information you need to successfully participate. To enroll in 4Honline you can find the Cat Project under the Pet Project section. You may show more than one cat. You also are **required to ID your cats by May 15th, 2020**. Your cat would need to have been born by March 31, 2020 to be old enough to participate in the 2020 Cat Show at the Fair.

Your cat needs to be up-to-date on Rabies and other basic vaccines, and be free of worms, fleas, ear mites, etc. to participate. Now is a great time to catch up on all those maintenance items! It is also a good time to purchase a reliable cat carrier. It is **required** and it's the only safe way to transport your cat.

It is also a good time to start brushing your cat regularly. Brushing loose hair out now will help prevent the formation of mats as they shed for spring, and also help you bond with your cat. Most cats enjoy gently being brushed. If your cat is an outside cat that isn't used to being handled, it would help if you began to get it used to being held and brushed. This would also help you to decide if your cat would be a good candidate for a show cat. Sadly, not all cats are suitable, even if they are calm, wonderful cats at home.

Another aspect to the Cat Show is the optional Cat Cage Display competition. It's your responsibility to bring a cover for the provided show cage at the Cat Show, but if you want to compete with a *CREATIVE* cage cover, watch for more information about making one to come from the Extension Office, and start thinking of ideas!

If you have any questions, the best way to contact us is by e-mail mondaystothefair@outlook.com or through the Mills County Extension Office at 712-624-8616.



Dog Project News

Dog Project News-

Lonny, Kres, and Kassidy Monday, Dog Superintendents

Watch for information to come from the Extension Office explaining what the Dog Project entails, so that you can decide if it is a great project area for you and your dog!

To prepare for participation in the Dog Project, be sure to enroll in the Dog Project, and ID your dog(s) online. You can show more than one dog. **The deadline for ID'ing your dog(s) is May 15th, 2020**. You will need current Rabies vaccination information, as well as a good photo of your dog, to complete the ID process. Any dog would need to have been born by October 31, 2019 to be old enough to participate in the Fair. **(PLEASE DO NOT ENROLL ANY AGGRESSIVE DOGS!)**

Please wait until the Dog Project Classes begin before you sign up for Fair/Dog Show classes online. We will make sure you know the correct classes to sign up for before any deadlines.

We hold training classes for all the skills needed to participate in the 4-H Dog Shows at the Mills Co. Fair. These classes are for learning the 4-H Dog Project skills only, not for other training applications or rehabilitating difficult behaviors. **The Dog Obedience, Showmanship and Agility classes will be held on Thursday evenings**, start date and schedule to be announced. Start time will be **7:00 PM**, all levels. To start, your dog doesn't need to know any commands, but it is helpful if your dog behaves and listens to you. Our goal in the Dog Project is to teach you how to understand your dog better, communicate with your dog, and to create a team that through patience and practice can accomplish great things.

If you have any questions, the best way to contact us is by e-mail mondaystothefair@outlook.com or through the Mills County Extension Office at 712-624-8616.



Livestock Superintendents

DOG

Dog Project Superintendents Kres, Lonny, and Kassidy Monday

Email: mondaystothefair@outlook.com

Classes are held on Thursdays at 7:00 PM, all class levels.



CAT

CAT Project Superintendents Kres and Kassidy Monday

Email: mondaystothefair@outlook.com



Rabbit

Lanette McGinnis

(712)520-4111



Poultry

Jill Cuff

jillrcuff@gmail.com

and

Amanda Klein

amandaklein@protonmail.com



Pets

Amanda Klein



amandaklein@protonmail.com

Goats



Sami Wooster

Matt Fuoss

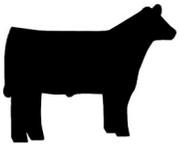
(402)679-1217

Larry Boban

larry.boban@yahoo.com

Beef

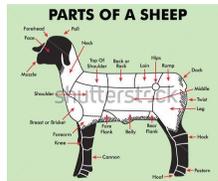
Brady Smith and Jeff Dean



Sheep

Buddi Thompson (402)709-2649

bthompson2012@rocketmail.com



Swine

**Jared Mayberry
(712)370-3327**

**Rod Greiner
(402)650-1062**



Share a Sheep

Jamie Thompson



Trowbridge

Mary and David Trowbridge

trowbridgemary1@hotmail.com



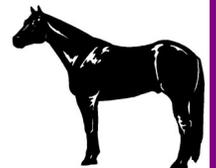
Horse

Denise Jens

Martha Vanbuskirk

Bob Blum

(712)520-6663



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Meetings & Updates



COUNTY COUNCIL

Next Meeting

Friday, February 21st following Dodgeball

"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader."

- John Quincy Adams

CREW



CREW meeting

Sunday, February 23rd at the Extension office.

Time: 3:30 pm

Youth Committee

I pledge...

my **head** to clearer thinking,
 my **heart** to greater loyalty,
 my **hands** to larger service, and
 my **health** to better living for
 my **club**, my **community**,
 my **country**, and my **world**.



FEBRUARY

- 02/04** New 4-H Family Night
- 02/19** 4-H Legislative Day in Des Moines
- 02/21** Club Dodgeball 6-730pm
Tournament hosted by County Council pg2
- 02/25** YQCA 6pm at the Lakin Center pg6

March

- 3/13-14** Junior Overnight pg5
- 3/14-15** Shooting sports Training in Ames
- 3/29** Buckets and Baking 1:30pm Lakin Center pg5

To Make the Best
BETTER

Coming soon

- April:**
 - 4th Fashion Revue and Set This
 - 25th Goat and Sheep Weigh in
 - 26th Clover Kids Set This and Bake This
- May:**
 - 8-9th Penguins and Pajamas ~ Omaha Zoo
- June:**
 - 4-6th Camp Wild
 - 10-12 Intermediate Trip
 - 16th Static Judging Practice
 - 30-July 2 4-H Youth Sate Conference

4-H IS BASED ON RESEARCH