In4mation for your month…

Dear 4-H Family,

The cold winter days can seem endless, but it’s a great time to imagine the warm weather in summer! We have lots of exciting events planned for when the snow melts, such as summer camps, trips, workshops, and of course the Mills County Fair. Be sure to call us about all of our exciting opportunities available for all 4-H members. Lots of our trips are also in this month’s newsletter, so RSVP today! It’s a great way to meet new friends and have fun!

The Mills County Fair is scheduled for July 12th-16th and is a busy time of the year for all 4-H families. Static Judging is scheduled for July 11th, and Pre Fair Clean up for July 10th. A full schedule will be sent out to you as soon as possible. At the end of fair, we will ask you to evaluate how things went, and provide suggestions for changes for 2020.

There’s lots to get done as July approaches. Snow days can be a great time to look over your 4-H goals, grab a camera and take 4-H pictures, start your 4-H presentation, and much more.

Stay Warm!

Maddie
Event

**Share a Sheep Registration Open!**

We are excited to offer the Share a Sheep Program. If you are new and interested in sheep, but don’t own one or maybe can’t have one at your home- please register with the Extension Office, as space is limited. As a 4-H’er for these classes, you will learn about grooming, care of the animal, basic lessons in feeding and how to prepare to show. Your mentors will assist you along the way and help you feel comfortable working with your animal. It’s a great way to share your experience together and learn along the way.

Andrew Hilton and Buddi Thompson will help you learn and grow in this project. The sheep will reside at the Hilton Farm. This is a perfect beginners class. Sign up today by calling 712-624-8616

Dates for the Share a Sheep classes will be released as soon as possible.

Livestock

**Spring in the City!**

Who?

7th-8th grade 4-Hers in Region 17 (Harrison, West Pottawattamie, East Pottawattamie, Mills, Montgomery, Fremont and Page counties)

What?

A trip for Intermediate 4-Hers. Activities include: Strategic Air Command and Aerospace Museum, dinner at Shadow Lake Towne Center, Omaha Storm Chasers baseball game with fireworks, overnight in a hotel swimming, tour of the Nebraska Humane Society (be aware of peanut and pet allergies), painting at That Pottery Place, experience Galaxies at Kountze Planetarium, and trek across the Bob Kerrey Pedestrian Bridge!

When?

April 12-13, 2019

Where?

Omaha, Nebraska

Drop off 4-Hers at SAC Museum in Ashland, NE and pick up at J.C. Penny parking area in Council Bluffs, IA.

How?

Early bird registration cost is $100 by March 1st. Register from March 2nd – 11th for $120. (NO REGISTRATIONS AFTER MARCH 11th.) Registration must be paid in full to your county Extension Office. No refunds after March 1st. Limited to first 40 youth to register.

https://www.extension.iastate.edu/mills/news/spring-city

Mills County Endowment offers scholarships! Contact the Extension Office for information

Mills County Extension Office Hours

Mon Weds Thurs 8-4:30 Tuesday 8-8 Friday 8-12
**LIVESTOCK**

**Dog Project**

**Dog Project News** - To prepare for participation in the Dog Project, you should be sure to enroll in the Dog Project, and ID your dog(s) online (you can show more than one dog). That way, you will be on the Dog Project list and will receive helpful and informative e-mails. We offer training for all the skills needed to participate in the shows. The classes usually start at the beginning of May, on Thursday nights, and continue weekly until the Fair. We teach beginner and advanced obedience, agility and showmanship. To start, your dog doesn’t need to know any commands, but it is helpful if your dog behaves and listens to you.

Our goal in the Dog Project isn’t to win trophies at the fair, but to teach you how to understand your dog better, communicate with your dog, and to create a team that through patience and practice can accomplish great things.

If you have any questions, the best way to contact us is by e-mail mondaystothefair@outlook.com or through the Mills County Extension Office at 712-624-8616.

Kres and Lonny Monday, Dog Project Superintendents

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**NEW MEMBER MEETING – MARCH 17TH**

4-H New Members

The New Member meeting has been moved to March 17th from 3:30-5pm due to the frigid weather in January. The meeting is at the Mills County Extension Office, located on the fairgrounds in Malvern. Please RSVP to Maddie Hora at 712-624-8616 or mchora@iastate.edu

This meeting is for youth and adults. It’s a great way to get to know other new members, and learn about the great opportunities available in 4-H!

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**LIVESTOCK**

**Goat and Poultry Workshops**

The next Poultry Workshop is February 12th at the Mills County Extension Office and starts at 6:30pm. We will discuss raising, keeping, and caring for a production flock. We’ll address the basics like housing, health, and nutrition, as well as look at egg quality and winter management. We will also discuss class types and show issues as well as help you with any questions specific to our Mills County Fair.

Contact Jill Cuff at jillrcuff@gmail.com with questions.

The Goat workshops are ready to start for the 2019 year! The first workshop is February 12th at the Mills County Extension Office and starts at 5:30pm. We will be discussing breeds, as well as divisions for fair classes.

Contact Colleen Gray at gray870@msn.com with questions.
Save the Date: Camp Wild June 8-10

Take a ride on the "WILD" side and mark your calendars to attend Camp Wild, June 8-10, 2019 at Camp Clover Woods near Madrid, Iowa. Camp Wild is offered for youth completing grades 5, 6, and 7 in Spring 2019.

Experience adventure and excitement during three days filled with 4-H camp traditions and favorite activities, including nature hikes, challenge course, creek walk, rock wall, archery, swimming, camp songs, crafts, and camp-fires. Bring a friend with you and make new ones while you are there too!

Camp will run from Saturday, June 8 at 11 a.m. until our closing ceremony, starting at 3:15 p.m. on Monday, June 10.

Registration will open online March 1st. Check out the March 4-H Newsletter for instructions for how to register. Registration Deadline will be May 15, 2019. Register before May 1, 2019 to secure your spot and receive our $200 registration early bird price, $230 for non-4-H youth. Registration costs $220 after May 1 and before May 15, $250 for non-4-H youth.

Make sure to check with the Extension Office about financial assistance for 4-H members attending camp!

WANTED: Camp Counselors for Camp Wild 2019

Mills County is seeking camp counselors for Camp Wild 2019. Camp will be held at Camp Clover Woods near Madrid, Iowa June 8-10, 2019. Counselors will arrive on June 7 to prepare for campers’ arrival.

Applicants must be age 16 by June 8, 2019. Applications are due to Mills County Extension Office by Friday, March 1, 2019. Applicants selected to serve will be notified by Friday, March 8. There is no cost for counselors to attend camp.

Counselors are required to attend two camp orientation and training meetings. The dates will be Wednesday, April 3rd from 8-9 pm (web-based training) and Wednesday, May 22nd from 5:30-8 pm (face-to-face, location TBD). Counselors will need to be available for CAMP WILD Friday, June 7 until Monday, June 10, 2019 at Camp Clover Woods near Madrid, Iowa.

Questions about this opportunity? Contact the Extension Office.

Applications can be found by emailing Maddie Hora, or check out our Extension Website.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
4-H Night at the Lancers

4-H Night at the Lancers is back!

Enjoy a night of hockey and help raise money for the 4-H program to help us provide fun camps!

The game is February 16th at the Ralston Arena and the doors open at 6pm. This coupon can be used for all who attend. Adults, Clover Kids, siblings, grandparents, and more! A great event for the whole family!

First 25 kids that reserve tickets get to fist bump the players going onto the ice! The deadline to order is February 14th. Go to the link to purchase tickets. [http://bit.ly/iowanight18](http://bit.ly/iowanight18)

Leadership Schedules

<table>
<thead>
<tr>
<th>CREW</th>
<th>YOUTH COMMITTEE</th>
<th>COUNTY COUNCIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>CREW</td>
<td>There are openings on Youth Committee for adults and also youth in High School. If you are interested in joining and helping make decisions for our 4-H program, please call Maddie Hora at 712-624-8616</td>
<td>The next County Council Meeting is February 17th at 4:30pm.</td>
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<tr>
<td></td>
<td>The next meeting is March 19th at 6:30pm.</td>
<td>*County Council will be helping with Judging at the Clovers “Bake This! Set This” on Sunday, March 31st.</td>
</tr>
<tr>
<td>TEEN CLUB</td>
<td></td>
<td>*County Council will be hosting the Jr. Overnight March 22-23.</td>
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<tr>
<td>Teen Club Members— 4-H Legislature day is Feb. 13th and the next meeting is Feb. 17th at 6:30pm</td>
<td></td>
<td>Contact Maddie Hora with questions</td>
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</tbody>
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4-H IS BASED ON RESEARCH
2019 4-H Fair T-Shirt Design Contest

Mills County 4-H is hosting a t-shirt design contest for the Mills County Fair 4-H t-shirt. Digital files may be emailed to mchora@iastate.edu or hand drawings may be mailed or dropped off to the Mills County Extension office on or before February 28th. You must be a 4th-12th grade Mills Co. 4-H’er to enter the contest.

The County Youth Council will vote on the winning design at their March meeting. T-shirts will ONLY have printing on the front of the shirt.

T-Shirt designs MUST include the following:

- 4-H Logo, Clover, “Mills County” or “Mills County Fair”

Name____________________________

Color of shirt (top 2 choices)

________________________________

Color of text (top 2 choices)

________________________________

Mills County 4-12th grade Mills Co. 4-H’er to enter the contest.
Buckets And Baking!

The Bucket of Junk and Bake This! Contests are on March 24th at 1:30pm at the Lakin Center located on the Mills County Fairgrounds.

**Bucket of Junk**

Register before February 10th by contacting the Mills Co. Extension Office 712-624-8616 or mchora@iastate.edu

Must choose between Visual Arts and Welding division.

Winning Bucket of Junk exhibits will be judged again at Static Judging during the Mills County Fair

All Bucket of Junk exhibits may be showcased during the fair.

Check out the link for rules and regulations. https://www.extension.iastate.edu/mills/news/buckets-and-baking

**Bake This!**

Register before March 1st by contacting the Mills Co. Extension Office 712-624-8616 or mchora@iastate.edu

Must have the following ingredients: Flour, sugar, egg, vanilla, and baking soda or baking powder

May compete individually or a team of 3 (must have at least 1 active 4-H member).

Check out the link for rules and regulations. https://www.extension.iastate.edu/mills/news/buckets-and-baking

Contact the Mills County Extension Office to register for Buckets and Baking!! 712-624-8616 or mchora@iastate.edu
**AROUND THE WORLD JR OVERNIGHT**

**What:** Jr Overnight hosted by Mills County 4-H County Council  
**Where:** Lakin Center at the Malvern Fairgrounds  
**When:** Begins at 6 pm on Friday, March 22nd and Ends at 8:00 am on Saturday, March 23rd  
**Who:** All 4th-6th Graders are invited  
**Cost:** $5 for enrolled 4H’ers & $10 for youth not enrolled in 4-H  

Join us for crafts, games, snacks and more........  
To register or for more information, contact Maddie at 712-624-8616 or mchora@iastate.edu.

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**CLOVER KIDS**

*Bake This!* and/or *Set This!*  
**Sunday, March 31st**  
1:30 p.m.  
**Lakin Center**  
**Mills County Fairgrounds**

**Bake This!**- Each Clover member can bring a plate of 6 cookies or a plate of 6 cupcakes to be judged. Bring the recipe as well.  
**Set This!**- Pick a theme and set a Casual Table or a Formal Table. Choose to participate individually or with a Team Member.

Contact your leader or the Extension Office for more information.  
PRE-REGISTRATION IS REQUIRED – All registrations due March 22nd, 2019
Creativity Corner!

Activity: WAH

**Introduction:**
“Wah” is an excellent ice breaker and energizer. Start by having the group go around the circle making their best Kung Fu sound. Go quickly as not to focus on one particular person (a race if you want). Go around a second time, this time making sure to add your favorite Kung Fu chop while yelling “Wah”. Now that the group is warmed up, we will start the game.

**Rules of the game:**
Everyone stands in a circle. One person starts by raising their arms above their head with their hands clasped, and with much enthusiasm points at another person in the circle while yelling “Wah” (eye contact is key so that they know you sent it to them). The person who the Wah is directed at immediately raises their arms like they are a tree and also yells “Wah!” The two people immediately to their left and right will then FAKE chop sideways, like they are chopping down a tree, and yell “Wah!” At this point the person being chopped now sends the Wah to someone else in the circle with their best Wah, and thus starts the process all over again.

The game should be played elimination style so that whoever breaks the rhythm is out of the game. Once a person is out, they leave the circle and become a “heckler” trying to distract the others from the task at hand. The game is played until you have two people left or everyone has laughed themselves silly. Needs to be very fast paced and the more animated the more fun it becomes. Gets very hard for the few at the end of the game.

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**Mills County 4-H Calendar of Events**

**FEBRUARY**

12- Poultry Workshop 6:30 pm Extension Office
13- 4-H Legislative Day at the Iowa State Capitol in Des Moines
16- 4-H Night at Lancers Hockey
17- County Council Meeting 4:30pm Extension Office
17- Teen Club 6:30 pm Extension Office
24- CREW Meeting 4pm Extension Office
26- Livestock Superintendent Meeting 6:30pm Extension Office
28- Office closed for staff training

**MARCH**

1- Camp Wild Counselor applications due
5- Poultry workshop 6:30pm
17- New Member Meeting 3:30-5pm Extension Office
17- County Council Meeting 5:30pm Extension Office
17- Teen club Meeting 6:30pm Extension Office
19- Youth Committee Meeting 6:30pm
22 & 23- Jr. Overnight Lakin Center
24- Bucket of Junk & Bake This competition 1:30pm
30- State Recognition Award Interviews Iowa State University
31- Clover Kids Set This Bake This 1:30pm

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