



SEPTEMBER 2019



Youth Staff

Amy Brainard
County Youth Coordinator
Ashtin Harris
4-H Youth Program Assistant
Kim Kuester
Youth Program Specialist
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County Awards & Record Books

The Mahaska County 4-H Award Applications are available at the Extension office and on our website. Some of the forms changed a bit this year, so please take note. Record Book forms are changing just a bit as well, so please be sure you're using the correct form. Forms are available at www.extension.iastate.edu/mahaska/page/4-h-fair-award-forms and are due with record books by Tuesday, October 1.

Any 4-H member may apply for 4-H awards as long as they meet the minimum criteria for the award in which they are applying. Record Books must be completed in order to apply for county 4-H awards.

We will hold a 4-H Record Book & Award Application Workshop on Thursday, September 12 from 6:00-7:00 PM in the Extension office. **RSVP is required by Friday, September 6.** We must have at least 5 RSVPs in to hold this workshop. RSVP by calling 641-673-5841 or emailing Amy at vermeerA@iastate.edu.

Iowa 4-H Mission

4-H empowers youth to reach their full potential through youth-adult partnerships and research-based experiences.

Iowa 4-H Vision

Preparing Iowa's youth to be successful, contributing members of society.



Clover Kids Corner – New Year!

Clover Kids are on their yearly break. Clover Kids meetings will resume in October. Clover Kids is for any child in Kindergarten through 3rd grade. Unfortunately, children who are enrolled in Kinder-Prep are not eligible, only those who are registered with the school system as Kindergarten-3rd grade students are eligible. Cost to join Clover Kids is \$25.00 for the year and includes a t-shirt, monthly activities, and snacks. We have Clover Kids groups that meet at the following locations each month from October-May. We are looking for adult volunteers to lead several groups, if you are interested, please let us know soon.

Locations for Clover Kids meetings are at the Extension office, Eddyville Elementary, Fremont School, North Mahaska School, and Oskaloosa Christian School.

We must fill our volunteer needs in order to hold Clover Kids at the locations listed above, so please let us know if you or someone you know is interested in being a leader.

What's in the box?!

Each month we'll provide each Clover Kids group with a tote full of themed lessons, materials, snacks, and more! All we need is volunteers to lead the activities from the lesson plans and agendas provided. Several times each year, guest speakers will come in to present on topics related to the theme.

Learn more about Clover Kids by calling or emailing Ashtin Harris at 641-673-5841 or acharris@iastate.edu.

Correspondence Preferences

Please be sure to have all of your contact information updated in 4hOnline. Families (including members and volunteers), please log into 4hOnline to update your family's correspondence. After you log in to your family account, please click the "Edit Family" button within the gray rectangular box. You can select email or mail correspondence.

This newsletter was prepared and written by Amy Brainard, Mahaska County Youth Coordinator. Amy can be reached by calling 641-673-5841 ext. 28 or by emailing vermeerA@iastate.edu.

Superintendent Openings

Do you have knowledge in Sheep, Meat Goats, Beef, or Poultry? We're looking for volunteers to become superintendents!

1 for Sheep, 1-2 for Meat Goat, 1 for Beef, & 1-2 for Poultry
All superintendents work as a committee with the other current superintendents throughout the year. Decisions are made as a group and then approved by the 4-H Staff, Extension Council, and Fair Board. Volunteers must complete and pass an ISU Extension background screening and be approved by the Mahaska County Extension Council.

New Llama Project Requirements

Anyone who plans to lease a llama from Merle Mann and participate in the Southern Iowa Fair in the new 4-H year will be required to attend 80% or more of the practice times to be eligible to exhibit at the fair. A full list of practice dates can be found at the Extension office or by calling Merle at 641-295-2740.

4-H Enrollment Starts September 3

4-H Enrollment opens on September 3, 2019 (please note date change due to Labor Day office closures). Please make your enrollment checks payable to Mahaska County Extension or MCEO.

In order to continue receiving this newsletter, having your attendance count at meetings, and to be eligible to participate in 4-H activities (this is called being a "member in good standing"), you **MUST** re-enroll in 4hOnline and pay your enrollment fee. **DO NOT DELAY**, again, your club attendance will not count if you are not a member in good standing! If you are new, please also complete the Mahaska County Code of Good Conduct, which is on our website and Mahaska County 4-H app.

Checks for the enrollment fee must be made payable to Mahaska County Extension. Family max for enrollment is \$90.00 (this includes Clover Kids fees). The 4-H Enrollment Fee is \$35.00 and the Clover Kids Enrollment Fee is \$25.00.

All Superintendents Meeting

We will hold a county-wide Superintendent meal & meeting on **Thursday, September 12** at 7:00 PM in the Auditorium at the Extension office. We will serve **pizza & dessert**, review the 2019 Southern Iowa Fair, Rules/Regulations, Workshops/Clinics, and scheduling details. We will set individual planning meetings for superintendents during this meeting, if necessary. If needed, individual planning meetings will be held throughout the months of October-November. We will focus on specific rules/regulations, the fair rule booklet, finding fair judges, and setting the fair show schedules, as well as planning any potential workshops/clinics for the 2019-2020 4-H Year. **If you are planning to attend the September 12 meeting, please call Amy at 673-5841 or email vermeerA@iastate.edu by September 6.**

National 4-H Week 2019

MARK YOUR CALENDARS!



Maker Club

Anyone interested in STEM, making, and being creative should participate in our short-term, special interest Maker Club! We are currently figuring out the schedule and will post details to our 4-H Facebook page, Mahaska County 4-H App, website, and future newsletters. Youth may join the Maker Club in addition to their community club or may join the Maker Club independently. We will offer 8 sessions. For members to become eligible to exhibit at the fair, they must attend at least 6 of the 8 sessions.

4-H Honor Council

LOTS OF GREAT CHANGES! The 4-H Honor Council is taking place of the 4-H Teen Council. This group is open to anyone in 8th-12th grade, not just current 4-H members. Anyone who joins the Honor Council can also be a member of another 4-H club or can join Honor Council independently. The 4-H enrollment fee for all Honor Council participants will be waived!

We intend to be active throughout the county, not just in Oskaloosa. If you have any projects you would like Honor Councils assistance with, please contact Amy Brainard at vermeerA@iastate.edu or 641-673-5841. Honor Council will start up in October.

Youth may apply for Honor Council or be nominated by a 4-H Leader. Application information can be found at www.extension.iastate.edu/mahaska/4h. Applications are due by September 15. Formal interviews will be held on September 19 between 3:30-8:00 PM at the Extension office. If this date absolutely does not work, a different interview date/time can be scheduled with Amy. Honor Council members will be required to attend at least 75% of the club's meetings and/or activities and assist with at least 4 events at the county fair. The Honor Council will be led by Amy Brainard and Megan Ver Steegh.

Annual Leader Training

The Annual Leader Training will be held on Tuesday, October 1 from 6:00-8:00 PM in the Auditorium of the Extension office. This year's training will focus on career exploration through 4-H participation. We will also share local 4-H programming updates at this meetings. Since the meeting will be held on the record book and award application deadline, leaders are welcome to turn them in at the training.

SAVE THE DATE: Area Leader Retreat

The Region 14 Youth Staff are planning an area 4-H & Clover Kids Leader Retreat to be held on Saturday, February 29 at the Marion County Extension office in Knoxville. Details TBA!

County 4-H Awards

The Mahaska County 4-H Awards process has changed this year. Please read all of the details below to understand your eligibility.

Nomination Form

Each 4-H member must complete a Nomination Form for the awards in which they are applying. We will not have separate application forms for each award this year, only one nomination form. This was a much-appreciated change last year.

RECORD BOOKS ARE DUE FOR ALL AWARDS AGAIN THIS YEAR!

Award Options

General Project

Any 4-H'er is eligible for a Project Award if the project has been enrolled in via 4hOnline and completed for the current 4-H year (September 2018-September 2019)

Special Project *Cash Awards!*

Any 4-H'er who has enrolled in a project via 4hOnline and completed a project in any of the following areas may apply for a Special Award:

Beef, Horse, Sheep, Swine, Rabbit, Horticulture, Dog, Meat Goat, Poultry, Dairy, Llama, Photography, Communications, and Senior Longtime Record Keeping

Outstanding Level *Cash Awards!*

Any 4-H'er with outstanding 4-H leadership, experiences, and projects is eligible.

Outstanding Project Area *Cash Awards!*

Any 4-H'er with outstanding projects in Agriculture & Natural Resources, Family & Consumer Sciences, or Science, Engineering, Technology, and Mechanics is eligible

Overall Outstanding Senior-Level Awards *Cash Awards!*

Any 4-H'er who has completed 10th, 11th, or 12th grade who has been active in all aspects of 4-H, is eligible for the following: Citizenship & Civic Engagement, Leadership, Merit, Achievement, and Danforth "I Dare You" (must have completed 11th-12th grade)

Major
Cash
Award!

Completed record books are due with the nomination form by **Tuesday, October 1, 2019 at 4:30 PM.**

4-H Record Books

Record Books are not longer required, but are strongly recommended by the county. Clubs may have their own requirements, so please check with your leaders.

4-H encourages members to keep records and learn the skill of record keeping. Record Books are your first resume! 4-H'ers should develop a record keeping system that includes:

- Completion of a 4-H record for at least one project
- Completion of a Yearly 4-H Summary or 4-H Story
- Visiting with your leader(s) about your projects

4-H record keeping forms are available at the Extension office and online at www.extension.iastate.edu/mahaska/4h, in the gray box on the lower right side, "4-H Fair & Award Forms". Through whatever record keeping system a 4-H member chooses, it should reflect goals, accomplishments, what was learned, and future plans. If you would like to keep your records in a green 4-H record book cover, those are available at the Extension office for \$5.00 each. You may also use a 3-ring binder or scrapbook for printed records. We also have an electronic format available that can be given out on a CD or shared on Google.

Another electronic 4-H record system is the 4hOnline Record Book at <https://rb.4honline.com>. You will find the area for Iowa 4-H and click Sign-in, then login using your 4hOnline credentials. A Help Sheet has been created to walk you through this online process. Contact Amy to receive the Help Sheet at 641-673-5841 or vermeerA@iastate.edu.

Last year we added a Market Broiler Worksheet for Poultry and a Clover Kids Basic Project Worksheet for those who would like to start working on records for Clover Kids. Please make sure that you are using the correct form for your age. We have a Junior worksheet for market and breeding animals that can be used by those who have completed 4th-6th grade. 7th-12th graders will use the regular market and breeding animal worksheet.

Thank you to the Mahaska County 4-H Record Keeping and Recognition Task Force for helping to simplify record books and award applications last year!

Iowa State Fair Livestock Results

Congratulations to all who participated in the 2019 Iowa State Fair 4-H Livestock Events!

Beef Showmanship

Abree Belcher, Junior, Purple; Brady Belcher, Intermediate, Blue; Greyson Belcher, Intermediate, Blue; Macy Schroeder, Intermediate, Purple; Logan Schroeder, Senior, Blue

Breeding Beef

Macy Schroeder, High% Maine-Anjou, Blue; Abree Belcher, **Champion Shorthorn Breeding Beef**, Purple; Logan Schroeder, Maine-Angus, Blue; Brady Belcher, Maine-Angus, Blue

Market Beef

Raegan Rozenboom, Crossbred Steer, Blue

Dairy Cattle

Logan Baldock, Brown Swiss Sr, Blue

Horse

Ally Nolan, Western Pleasure, Blue; Barrel Racing, Blue; Flags, Red; Pole Bending, Red; Trail, White; Western Walk/Trot, Red

Breeding Meat Goats

Olivia Rupe, Jr Spring Does, Purple; Yearling Does, Purple; Jr Winter Does, Purple; Regan Middlesworth, Jr Spring Does, Blue (2)

Market Meat Goats

Merek Padgett, Purple; Regan Middlesworth, Purple

Meat Goat Showmanship

Regan Middlesworth, Junior, Blue; Olivia Rupe, Junior, Blue

Poultry

Allen Hayes, Continental cock, Purple; Miscellaneous cock, Blue; Miscellaneous hen, Blue; William Hayes, Bantams Rose Comb Clean Legged cock, Blue; Bantams Rose Comb Clean Legged pullet, Purple

Rabbit Showmanship

Karter Flaherty, Novice Showmanship, Red

Rabbits

Karter Flaherty, Sr Fancy Doe, Purple

Breeding Sheep

Merek Padgett, **Reserve Champion White Face Commercial Ewe**, Purple; Black Face Commercial Ewe, Purple; Gentry Walston, Black Face Commercial Ewe, Blue (2)

Market Sheep

Olivia Rupe, Black Face Market Lamb, Blue; Merek Padgett, Black Face Market Lamb, Purple (2); Taylor Rozenboom, Black Face Market Lamb, Blue; Gentry Walston, Black Face Market Lamb, Blue

Sheep Showmanship

Gentry Walston, Intermediate, Blue; Taylor Rozenboom, Intermediate, Blue; Olivia Rupe, Intermediate, Blue; Merek Padgett, Intermediate, Purple

Iowa State Fair Awardrobe Results

Two Mahaska County 4-H'ers participated in the 2019 Iowa State Fair Awardrobe Clothing Event. **Congratulations on a job well done!** Teale Pose, Clothing Selection, Participation and Katherine Wielard, M&M Peppy Pals, Participation.

Iowa State Fair Static Exhibit Results

Congratulations to those who had static exhibits at the 2019 Iowa State Fair!

Home Grounds Improvement

Mia Shilling, Painted Cast Iron Butterflies, Red; Tieron Lamberson, Water Fountain, Blue; Anna Eveland, Plant Stand, Red

Animal Science

Trenton Van Zee, Dog Agility Equipment, Blue

Music

Troy Mann, Guitar Parts Poster, White

Photography

Maddie Van Utrecht, Flood Photo, Blue; Clayton Hol, Snowy Farm Photo, Red; Shelby Seddon, Rome, Italy Photo, Blue; Nicole Edgren, Sparrow Photo, Blue; Katherine Wielard, Barn Door Photo, Red; Teale Pose, Flower Photo, Blue; Megan Eveland, Airplane Wing Photo, Red; Olivia Stodghill, Mt. Rushmore, Red

Visual Arts

Allie Van Donselaar, Pour Painting, Red; Sam Seddon, Wolf Sketch, Red; Katelyn Vos, Floral Pencil Drawing, Red; Sarah Carman, Car & Sun Painting, Blue; Amaia Agre, Painted Mandala Rocks, Red

Child Development

Lexi Van Utrecht, Indoor Snowball Game, Red; Abby Drost, Children's Travel Kit, Red

Consumer Management

Kaylee Bandstra, Homemade Dog Toys, Blue

Food & Nutrition

Riley Braafhart, Chocolate French Macarons, Blue & *Outstanding Food Exhibit Special Recognition*; Katy Roose, Banana Bread, White; Erica DeBruin, Zesty Orange Flaxseed Gluten Free Muffins, Blue; Ella Hartwick, Angel Food Cake, Blue; Katie Pollock, Honey Wheat Rolls, Red; Ella Van Waardhuizen, Table Place Setting, Blue

Home Improvement

Bryce Roquet, Windmill Décor, Blue; Macy Schroeder, Wind Chimes, Blue; Courtney Van Donselaar, Fabric & Jute Basket, Blue; Lindsay Breon, Leather Sling Chair, Blue; Ireland Burress, Recycled Tire Dog Bed

Sewing & Needle Arts

Myra Bogatzke, Triangle Quilt, Red; Lydia Zylstra, Attic Window Quilt, Blue; Bethany Van Donselaar, Jelly Roll Quilt, Blue

Citizenship & Civic Engagement

Grace Marshall, Oskaloosa City & Family History, Red; Jefferson Go-Getters 4-H Club, Club Pergola Service Project, Blue

Welding

Tyler Bayliss, Oil Drainage System, Blue; Lane Bayliss, Rolling Work Table, Blue

Woodworking

Nathan Groenendyk, Side Table, Red; Addison Beane, Repurposed Cello Shelf, Red; Morgan Shippers, Turkey Fantail Display, Blue; Veronica Bolibaugh, Mailbox Stand, Blue

Iowa State Fair Communications Results

Congratulations to all who participated in the 2019 Iowa State Fair Communications Events!

Mahaska County State Fair Educational Presentations Exhibitors:

Abby Drost, Mahaska Masters, Merit

Ally Nolan, Jefferson Go-Getters, Merit

Teale Pose, Garfield Boosters, Merit

Addison Beane, Mahaska Masters, Recognition

Mason Beane, Mahaska Masters, Recognition

Mahaska County State Fair Working Exhibit Exhibitors:

Megan & Anna Eveland, Independent 4-H & Harrison Hustlers, Excellence

Teale Pose, Garfield Boosters, Merit

Nicole Edgren & Ally Nolan, Jefferson Go-Getters, Excellence

Abby Drost, Mahaska Masters, Merit

Mahaska County State Fair Extemporaneous Speaking Exhibitors:

Trisha Van Donselaar, Mahaska Masters, Merit

Grace Marshall, Garfield Boosters, Merit

Mahaska County State Fair Share-the-Fun Exhibitors:

Ally Nolan, Jefferson Go-Getters, Participation

Grace Marshall, Garfield Boosters, Participation

Anthony Goemaat, Heartland Helpers, Participation

Mahaska County State Fair Posters Exhibitors:

Grace Marshall, Garfield Boosters, Certificate of Recognition

IGNITE Retreat for High School Youth

Address your Stress at the Ignite Retreat on October 19-20 at Clover Woods Retreat Center in Madrid (near Ames). This retreat is for high school youth and led by high school youth. Camp will include a **climbing wall, zip lining, yoga, outdoor cooking, hiking, workshops related to finance and money management, nutrition and cooking, interviewing and resume building, sleep deprivation, and making smarter choices for your health.** Additional details & a registration link can be found at <https://www.extension.iastate.edu/4h/ignite-retreat>.

Workshops for the New 4-H Year

Are you interested in learning about a particular project area? Do you have a skill you'd like to share? We are currently taking suggestions for workshops/clinic opportunities and are working to organize workshop presenters. Contact Amy if you have any ideas or would like to be a presenter at 641-673-5841 or vermeerA@iastate.edu.

New Iowa 4-H Program Leader

Debbie Nistler has been named the Iowa 4-H Program Leader and started her position on August 15. She spent time meeting people and taking part in activities at the Iowa State Fair. Debbie was recently the state civic engagement and 4-H legislature program coordinator for University of Florida's Institute of Food and Agricultural Sciences Extension, as well as extension director for Bradford County. She has 16 years of experience with Florida 4-H and extension programs. Her expertise includes youth civic and leadership development, volunteer development, evaluation and program development, and challenge team-building with teens, adults, and diverse groups.

A note from Debbie: "I am a lifelong 4-H'er. I grew up in 4-H in Oregon, raising cattle and sheep. I participated in an International exchange with FFA just after high school to Australia where I worked on a 185,000 sheep and cattle property. After high school, I volunteered with 4-H as a club leader. I graduated from Oregon State University and began my Extension career in Oregon. Over the past 24 years I served as an Extension Agent in Oregon, Washington, and Florida. I have a passion for traditional club programming and a subject matter focus on Civil Discourse and Leadership. I believe Iowa 4-H is a strong program with lots of areas we can grow and reach more youth. I hope you are as excited as I am to help make that happen. We have a lot of great work ahead of us, I hope you will join me in rolling up our sleeves and working to make Iowa 4-H the largest and strongest 4-H program in the nation!"

CyDay Friday Celebration!

Join our staff on **Friday, September 13** between 3:00-5:00 PM for our CyDay Friday Celebration! We will have hands-on activity stations for participants of all ages. *We ask that children in 3rd grade and below are accompanied by an adult.* Stations include:

- Cyclone Terrariums
- Frosted Football Cookies
- CyPride Paintings
- Tailgate Snack Mix

A \$10 fee to participate will be charged. Fee must be paid to the Extension office by September 6th and we must have 5 paid registrations in to hold this event.



Mahaska County
212 North I Street
Oskaloosa, Iowa 52577

Helping make 4-H possible
in Mahaska County.



United Way
of Mahaska County

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran. Direct inquiries to Ross Wilburn, 515-294-1482, wilburnr@astate.edu. The fees for service will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program.