

# Mahaska County 4-H News

March 2023



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## From the CYC's Corner!

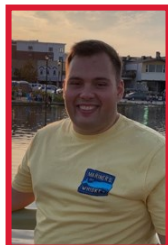
### March is Read Across Iowa!

This month we challenge you to find a good book and take some time to read. Reading is what empowers us to be the best leaders possible and lead to success. Don't be afraid to share with your fellow 4-H friends what you are reading this month.



### ISU Extension and Outreach Mahaska County

212 North I Street  
Oskaloosa, IA 52577  
641-673-5841  
[www.extension.iastate.edu/mahaska/](http://www.extension.iastate.edu/mahaska/)  
f @mahaska4h



**Dustin Winkelman**  
County Youth Coordinator  
[dwinkel@iastate.edu](mailto:dwinkel@iastate.edu)



**Sara Jane Sims**  
Office Assistant  
[sjsims@iastate.edu](mailto:sjsims@iastate.edu)



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## New 4-H Members



New 4-H members, who have not been in Mahaska County 4-H in the past, have until **May 15, 2023** to enroll and pay their registration fee and be eligible to exhibit at the Southern Iowa Fair. Please note that the 75% attendance policy will apply, so attendance at all club activities from the time of enrollment until July 1 is very important!

## Mahaska County 4-H Code of Conduct

Is this your first year in 4-H? Mahaska County 4-H has a Code of Conduct that every 4-H member in Mahaska County is required to complete. **Each 4-H member will complete this form one time ever.** Deadline to complete the Code of Conduct, either paper form or electronic form, is **May 15, 2023**. This form must be submitted in order for 4-H members to be eligible to exhibit at the Southern Iowa Fair. We are accepting electronic signatures for this for by visiting: [https://iastate.qualtrics.com/jfe/form/SV\\_4Hj6KivkWIw8bXO](https://iastate.qualtrics.com/jfe/form/SV_4Hj6KivkWIw8bXO). If you need a paper copy, please stop in during the Mahaska County Extension Office during office hours of 8:00am-4:30pm.

## Clover Kids



Meeting dates, times, and locations are all located to the left. Please double check your meeting time and location so you do not miss out on your club's meeting.

This month's meeting is titled **Shape-o-saurus**

Agenda Items Include:

- Snack & Drink
- Reading: *Never Let a Dinosaur Scribble!* by: Diane Alber
- Dinosaur Suncatchers
- Dinosaur Puzzle Relay

Interested in participating or volunteering for Clover Kids in 2022-2023? Contact Dustin Winkelman at [dwinkel@iastate.edu](mailto:dwinkel@iastate.edu) or 641-673-5841.

## CLUBS & MEETING TIMES

Below are all Clover Kid Meeting Times and Locations for the Month of March.

### Eddyville Clover Kids

**Meeting Time/Date:** Tuesday, March 21st at 3:15-4:15pm.

**Location:** Eddyville Elementary



### North Mahaska Clover Kids

**Meeting Time/Date:** Tuesday, March 7th at 4:00pm-5:00pm

**Location:** Friends Church in New Sharon

### Cedar Livestock Clover Kids

**Meeting Time/Date:** Sunday, March 12th at 2:15-3:15pm

**Location:** Fremont Methodist Church

### Harrison Hustlers Clover Kids

**Meeting Time/Date:** Monday, March 13th at 7:00-8:00pm.

**Location:** EBF High School

### Oskaloosa Clover Kids

**Meeting Time/Date:** Tuesday, March 14th at 4:30-5:30pm

**Location:** Extension Office



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## Honor Council



The next meeting will be at **3:00 PM Sunday, March 19** at the Extension Office.

Our meeting agenda will be all about planning and setting up our 4-H Workshop service project. We will spend the meeting creating a plan and by the end of the meeting, we will have a workshop to promote to 4-Hers. Don't forget to let Megan or Dustin know if you can help with Swine weigh-in.

## Shout Out!

Huge shoutout to the Cedar Livestock 4-H Club! They participated in a contest through the Kaden Kare's Foundation and took 2nd place! This foundation strives to promote farm safety. For the contest, they had to create a video to educate the public on farm safety. They created an awesome educational video on farm safety. You can check out the video at the following link: <https://www.youtube.com/watch?v=xJCWFc5OQ-U>. If you see any of these 4-H members make sure to congratulate them on their hard work!

## Animal Project Updates!

### ALL Animal Identification due May 15, 2023

- ★ All animals must be entered by families by May 15, 2023. You are able to identify your animal in these systems now, but do not enter any weigh-in animals (swine, market lambs, market meat goats.)
- ★ This publication contains all state animal ID information: [store.extension.iastate.edu/Product/194](https://store.extension.iastate.edu/Product/194)
- ★ 4-H Families will enter the animal information in [4-H Online](https://www.4honline.com) at [www.4honline.com](https://www.4honline.com). [Check out this help sheet for entering information in 4-H online.](#)
- ★ FFA Families will enter the animal information via Google Forms. Visit our website at [www.extension.iastate.edu/mahaska/county-fair](https://www.extension.iastate.edu/mahaska/county-fair) and scroll all the way to the bottom to the tab titled FFA Animal ID.
- ★ If you do not enter your animal into 4-H online or the FFA Google Form by May 15, 2023, it will not be eligible to be exhibited at county and/or state fair!
- ★ Please note: After you enter your animals in 4-H Online or Google Forms... you are NOT ready to show at fair yet, you will still need to enter information in Fairy Entry which is due July 1, 2023.



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## Animal Project Updates! (cont.)

### YQCA for Livestock Exhibitors:



YQCA stands for Youth for the Quality Care of Animals and is required for 4-H & FFA members exhibiting Poultry, Rabbits, Sheep, Beef, Dairy, Swine, Meat Goat, & Myotonic Goat. It is not required for Bucket/Bottle, Llama/Alpaca, or Horse project exhibitors.

YQCA is an online training that can be completed at home or at the Extension office (by appointment). Cost to take the online training is **\$12.00 each year**. Those who complete a financial aid application at the Extension office will automatically receive a coupon code to use.

YQCA must be completed by **JULY 1** for members to be eligible to exhibit livestock at the county and/or state fair. The YQCA online program includes three components for each topic (food safety, animal well-being, and character development): 1) knowledge building, 2) skills lab, 3) quiz for each content topic, and are designed specifically for each age group. The online program is very interactive, bright, colorful, relatable, and fun!

To access YQCA please go to <https://yqcaprogram.org/>

Use this helpful guide to access the training and your certificate: [https://yqcaprogram.org/local/pdf/YQCA\\_HelpDoc\\_GettingYourWBTCertification.pdf](https://yqcaprogram.org/local/pdf/YQCA_HelpDoc_GettingYourWBTCertification.pdf)

Once you complete YQCA please send a copy of your certificate to the Extension Office. We will accept hard copies or digital copies of the certificate. Please email certificates to [mahaska4h@iastate.edu](mailto:mahaska4h@iastate.edu).

### Bucket Bottle Birth Dates:

**Bucket Bottle Calves**  
must be born between:

**February 1 and April 30, 2023**

**Bucket Bottle Lambs & Goats**  
must be born between:

**January 1 and April 30, 2023**

All bucket/bottle animals must be in the youth exhibitor's possession within **two** weeks of the animal's birth and must be bottle/bucket fed. Packets for Bucket/Bottle animals are now available at the Extension office and online at <https://www.extension.iastate.edu/mahaska/page/livestock-exhibiting-information>. **All bucket/bottle animals must be identified in 4-H Online by 11:59 p.m. on May 15, 2023.** You may identify more than one bucket/bottle animal, but may only exhibit one of each at the fair. **Bucket/Bottle Calves, Bottle Lambs, and Goats do not need to attend a weigh-in.**

### Dog Project Classes:

Dog classes will start on **April 24** for 4-H/FFA members. They will be every Monday, except Memorial Day, on that week they will be on Tuesday night. They will run every Monday until fair. First year dogs will meet from 6-7 pm. First year dogs do not bring their dogs to the first class. Second year dogs will meet from 7-8 pm. First year exhibitors must attend 8 classes to be eligible to show at fair, second-year exhibitors must attend 6.

Clover Kids will start **May 15**, and run 9 Mondays until fair. From 6-7 pm. Clover kids must attend 6 classes to show.

For more information please contact the dog superintendents: Regina Hoy: 641-660-0772, Sarah Lobberecht: 641-295-6667, Sharis Claver: 641-799-4085



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## Animal Project Updates! (cont.)

### Upcoming Livestock Weigh-ins:

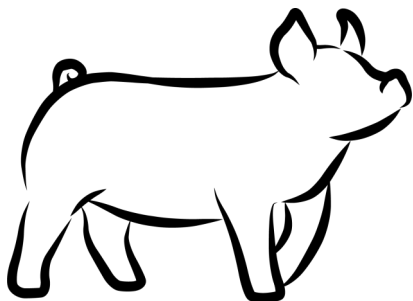
#### Swine

Saturday, March 25 8:00-10:00 AM

#### Sheep & Meat Goat

Saturday, May 6 8:00-10:30 AM

### Swine Information– PLEASE READ!



**Swine Weigh-in** will be held on **Saturday, March 25** from **8:00-10:00 AM** in the Maintenance Shop at the Southern Iowa Fairgrounds. 4-H & FFA youth planning to exhibit Derby Swine at the Southern Iowa Fair are permitted to weigh-in \*6 pigs in the spring with a maximum of three eligible to show at the fair. Pig weight is 60 pounds maximum for the March weigh-in. (An additional 6 pigs may be weighed in for the Pen of 3 class.) It is important that all those showing pigs attend weigh in to get ear notches, ear tags, sex, and color markings read.

★ **Pen of 3 Swine** must be identified with special feeder pen tags at the March weigh-in. Exhibitors will choose 3 to bring to the fair. Pen of 3 pigs will not have ultrasounds done at fair weigh-in. Pen of 3 will be stalled in one stall at fair, not separately. Pigs will be judged during the show by the judge on: uniformity, rate of gain, and overall quality.

★ **Class Options** for swine include: Commercial Gilt, Purebred Gilt, Purebred Barrow (Must have 5 to establish a Purebred class at fair and registration papers will be due at fair weigh-in), Market Swine, Derby Swine, and Pen of 3 Swine.

★ **Derby Swine is OPTIONAL.** You do not have to have a derby hog to be eligible to exhibit in any other classes. Limit is 3 pigs and there are no restrictions on which classes those 3 pigs are entered in. Animals weighing more than 290 pounds must be shown in the derby class, if a beginning weight was completed at the spring weigh-in. Pigs weighing more than 290 pounds at the fair will be disqualified if a beginning weight was not completed at the spring weigh-in.

★ If you have any questions please reach out to the **Swine Superintendents** as they will be able to help you answer all of your swine needs.

**Kenny Wanders** 515-321-1232

**Collin De Bruin** 641-295-1911

**Brian Meinders** 641-660-0734

**Joel Van Gilst** 641-660-4791

**Kat Groenenboom** 641-295-1881

### Llama/Alpaca Project Requirements:

Anyone with questions about exhibiting Llamas or Alpacas or who wants to learn more about the Llama/Alpaca project area or to lease a Llama/Alpaca, please contact Merle Mann at 641-295-2740.



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## Animal Project Updates (cont.)

### Horse Project Clinic & Ride Nights:

The Horse Superintendents are hosting their next clinic on **Tuesday, March 7 at 6:00pm-7:00pm** here at the Mahaska County Extension Office in the Auditorium. This will be the second clinic of the year and you will continue to build your knowledge of the project. There will be one other clinic on April 4th from 6:00pm-7:00pm. here at the Extension Office. More information will be coming on that clinic and the ride nights for this year. Please reach out to the **Horse Superintendents** for more information and questions: Jodi Wilcox: 641-295-6490 or Marcy Wander: 515-238-2609.

## Statewide 4-H Workshops and Offerings

### Rabbit & Cavy Workshop Offerings:

The 4-H and FFA rabbit and cavy workshop about raising rabbits and cavies will be held at the Muscatine Agriculture Learning Center in Muscatine, Iowa on Saturday, April 1, 2023, from 12:30 - 4 pm and at the Jasper County Fairgrounds in Colfax, Iowa on Saturday, April 22 from 12:30 - 4:00 pm. It is free to attend either workshop, and you do not need to pre-register.

### Equine Extravaganza:

Equine Extravaganza provides opportunities for all youth in grades 4-12 to demonstrate their knowledge of equine-related subject matter in a competitive setting where attitudes of friendliness and fairness prevail. Depending on the event, youth can participate both as an individual and as part of a team Participatory Events – Creative Writing, Digital Story, Clothes-Crafts-Woodworking, Drawing, Painting, Poster, Model Horse, Photography, Scrapbooking are for grades 3-12. Hippology, Quiz Bowl, Horse Judging, Public Speaking and Presentations Contests are for grades 4-12. For more information and information on how to sign-up visit the [Equine Extravaganza website](#).

### Animal Science Round-Up:

Animal Science Round-Up will be held in conjunction with Iowa 4-H Youth Conference. Youth in grades 8-12 that have an interest in cattle, dogs, horses, poultry, sheep, or swine are encouraged to attend. Youth will learn about health, nutrition, behavior, genetics, and reproduction. Each animal project area is limited to the first 20 who register via 4HOnline. New this year: youth do not need to apply or be approved! More information is available on the [Animal Science Roundup webpage](#).

### Dairy Goat Webinars:

The Iowa State University Extension and Outreach dairy team will continue its dairy goat webinar series in 2023 with all webinar dates and topics listed below. All webinars will be from noon to 1:15 p.m. and are free to attend. There will be a webinar on March 23 discussing “Feeding Forages to Dairy Goats” and a webinar on April 20 discussion “Health Challenges in Dairy Goat Kids.”

There is no fee to attend the program; however, registration is required. Register in advance for these meetings at <https://go.iastate.edu/2023DAIRYGOATWEBINARS> or contact Jennifer Bentley, dairy specialist with ISU Extension and Outreach, at [jbentley@iastate.edu](mailto:jbentley@iastate.edu), 563-382-2949. Registrants will receive a confirmation email containing information about joining the meeting. Information will also be provided about future webinars, as dates and topics are announced.



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## Statewide 4-H Workshops and Offerings (cont.)

### Statewide Sewing & Clothing Enthusiasts:

9-12th grade youth are invited to expand their learning in the clothing and sewing project areas by joining Iowa 4-H Enthusiasts!

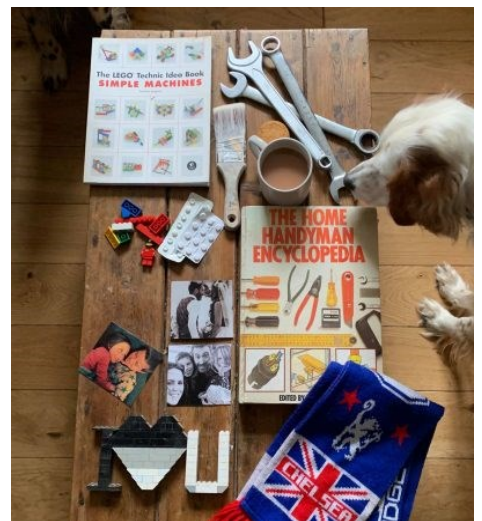
Iowa 4-H Enthusiasts will have access to an online classroom, experience virtual monthly meetings, practice skills by creating modern sewing projects, and have access to live and recorded companion resources and lessons to enhance your skills.

Virtual meetings will be held statewide on the fourth Monday of every month from 6:30-7:30pm from January through August. To register, log into your 4-H online profile and visit the 4-H Events tab. Questions? Please contact the Iowa 4-H Enthusiasts Team through Bonnie Dalager at [bdalager@iastate.edu](mailto:bdalager@iastate.edu)

### Iowa 4-H Camera Corps:

Iowa 4-H Camera Corps is a program for all 4-H youth, designed to support photographers that plan on participating in the photography project area at county fairs.

Youth can sign up to participate by filling out the form on the Camera Corps webpage. This month's theme is "Self-Portrait Flay Lay" with the goal of creating a self-portrait with a twist. The submission is due March 31, 2023. To learn more about Camera Corps or sign-up for their month programs visit their website at [www.extension.iastate.edu/4h/projects/iowa-4-h-camera-corps](http://www.extension.iastate.edu/4h/projects/iowa-4-h-camera-corps).



## Dairy Goat Share a Kid Opportunity

Are you looking for a new and exciting way to expand your 4-H experience? Interested in showing an animal, but don't know if you can afford one of show quality?

Each year the Iowa Dairy Goat Association promotes interest in dairy goats across our state. One of the ways IDGA encourages young people to explore this aspect of agriculture is through their Share-A-Kid program. This statewide contest is open to youth in 4<sup>th</sup> thru 12<sup>th</sup> grades and who are a member of 4-H, FFA, IDGA, or any other agricultural group. Winning applicants are selected from an essay they submit. The essay can include drawings, photos or any other creative touches. IDGA can only award one goat per family per year; however, siblings are encouraged to apply. A person who has been awarded a goat in the past is ineligible to participate.

If you are interested in this opportunity visit <http://www.iowadairygoat.org/share-a-kid-program/> for more details and an application form. Entries must be postmarked by **March 15, 2023**.



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## Bucket 'o' Junk Contest

Bucket'o'Junk Registration opens on **Monday, March 6**. **You must reserve your spot for the contest through the Events Tab on 4-H online.** To do this, log into your 4-H online account, click on events and filter events by county. Make sure to confirm your contact information and click submit. Email responses will not be accepted. Registrations will be accepted first to come, first reserved. We will have 12 buckets total this year for 4-H. Full details will be provided after registering. **If you need help with signing up please call the Extension at 641-673-5841 or stop in,** please do not call the Superintendents to reserve your bucket. 2022 participants aren't eligible for the contest in 2023.

If you have questions about the contest in general, please contact the Extension office or one of the contest coordinators: Seth Van Zante at 641-660-1578 or [vanzantefamily@gmail.com](mailto:vanzantefamily@gmail.com) or Jenny Van Zante at 641-660-5636 or [sethjenny@gmail.com](mailto:sethjenny@gmail.com).

## Poultry Superintendent– URGENT NEED

We are currently on the search for a poultry superintendent. If you or someone you know would be interested in being a poultry superintendent, please send them our way.

All superintendents work as a committee with the other current superintendents throughout the year. Decisions are made as a group and then approved by the 4-H Staff, Extension Council, and Fair Board. Volunteers must complete and pass an ISU Extension background screening and be approved by the Mahaska County Extension Council. Please contact Dustin Winkelman at 641-673-5841 or [dwinkel@iastate.edu](mailto:dwinkel@iastate.edu) if you are interested.



## State 4-H Council Service Project Initiative

**DO ALL THE  
GOOD YOU CAN**



State 4-H Council is challenging Iowa 4-H clubs to find more ways to give back to the community through bi-monthly projects



We are excited to announce the State 4-H Council newest service initiative, "Do All the Good You Can." For those of you who know about the Healthy Living Challenge it looks very similar. Clubs will sign up for a bi-monthly newsletter with a theme for service projects, for example our first one will be thinking warm thoughts. Some of the ideas with that include holiday greeting cards from retirement homes, making tie blankets, and donating food to local food banks. There will also be a form for clubs to fill out to track hours, we will combine all of the clubs from your county. The county who gives back the most will win an award at the Youth Conference in June. To register please click this link: <https://form.jotform.com/222925448026053>



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## Upcoming Workshops

Each month we are going to explore a different 4-H project. We had some successful workshops in December and January and are excited for the upcoming workshops through May. Below are a list of the upcoming workshops and dates. All workshops will be held at the Mahaska County Extension Office. The workshops registration will be on 4-H online. Thank you for those that participated and we hope you can join us in the future.

**March:** Visual Arts– String Art Workshop:  
**Thursday, March 23, 2023** | 5:30-7:00pm

**April:** Duct Tape Art Workshop:  
**Tuesday, April 18, 2023** | 5:30-7:00pm

**May:** Bucket O' Plants– Container Plant Workshop:  
**Tuesday, May 23, 2023** | 5:30-7:30pm

## DUCT TAPE ART Workshop

Please join us for a night of making some pieces of work or functional items with **DUCT TAPE!**

**APRIL 18, 2023**

5:30-7:00 pm | Mahaska County Extension Office

**Cost: \$5.00**

**Register TODAY via 4-H Online!**

Login to 4-H Online and click on events and filter by county area events.

**Deadline to register is April 10, 2023**

This workshop has a max. of 12 Participants Min. of 5 participants.

## STRING ART WORKSHOP

Come and learn how to make an art masterpiece using string!!!

**MARCH 23, 2023**

5:30-7:00 pm | Mahaska County Extension Office

**Cost: \$8.00**

**Register TODAY via 4-H Online!**

Login to 4-H Online and click on events and filter by county area events.

**Deadline to register is March 17, 2023**

This workshop has a max. of 12 Participants Min. of 5 participants.



## Bucket O' Plants Workshop

Come learn how to organize and care for container plants!

**May 23, 2023**

**5:30-7:30PM**

**MAHASKA CO. EXTENSION OFFICE**

**Cost: \$15**

Includes: bucket, soil, and plants (thriller, spiller, and filler)

**Register TODAY via 4-H Online!**

Login to 4-H Online and click on events and filter by county area events.

**Deadline to register is May 9, 2023**

This workshop has a max. of 20 Participants Min. of 5 participants.





# Jr. 4-H Omaha Zoo Overnight Safari

## WHAT:

An overnight “Sleeping Bag Safari” to the Henry Doorly Zoo in Omaha. You will sleep near the animals and experience the zoo in a fun new way. Experience behind the scene tours, a night hike, and the Lozier IMAX Theatre, where the screen is as tall as four giraffes and as wide as seven rhinos.

## WHO:

Region 18 4-H Members in 4th—6th grades

## WHEN:

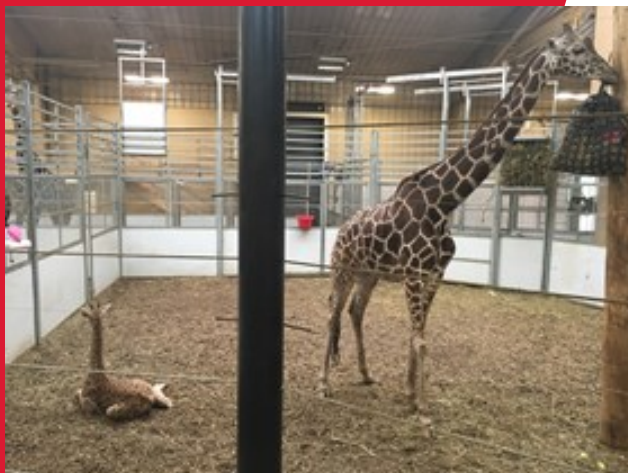
Friday, April 21 at 4:30 pm to Saturday, April 22 at 5:00 pm (Pick-up & drop-off will be in Newton)

Register via 4-H Online for this event. We have 12 seats for Mahaska County. We will have a waitlist after the 12 registrations have been received. Your payment and registration is due by March 17th. Please register early as the seats on the bus fill up fast!

## Cost

\$165 (a scholarship is available to cover half of the cost of the trip through the Mahaska County Extension Council. Please reach out for an application).

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran. Direct inquiries to Ross Wilburn, 515-294-1482, [wilburn@iastate.edu](mailto:wilburn@iastate.edu). ADV.16.06 Nov. 16





## Intermediate/Sr Trip to Minnesota



### June 13-14, 2023

A trip to Minneapolis, Minnesota with fellow 4-H members from across Jasper, Marion, and Poweshiek Counties. We will visit Rain Forest Café, Mall of America, Minnesota Twins Stadium, and attend a Twins game. Watch for more details to follow as well as the link for registration. A scholarship is available for half of the trip expense. Please reach out to the Extension Office for a copy of the scholarship form.

## State 4-H Youth Conference in Ames, IA



Every June, approximately 500 teenagers converge on the campus of Iowa State University for 3 days full of speakers, workshops, mixers, dances, a banquet, and service-learning activities.

If you've completed 8th grade, you're eligible to attend. You don't even have to be in 4-H to attend this conference! You will get to experience campus life and meet new people from across the state! You will be having fun while learning by doing, dancing the nights away, and serving the community. You will get to learn new things to take back to your community and school, and in the

process you might even discover something new about yourself! There are opportunities for you to share your talents with the rest of the delegation through small group discussion, the Conference Choir, and a Talent Show!

If you have a specific interest in animal science, you might want to look into becoming part of the ROUND-UP track! There are also workshop tracks that span all 3 days for certain topics if you'd like to study something in more depth. Or, you can choose different workshops each day to get more variety while you're on campus.

If you'd like to be part of the team to capture the Conference in photos, join our Iowa 4-H Youth Camera Corps, and bring your camera. We're doing things a little differently this year and you'll get to learn photo skills and put them to work through the workshop series.

Please join us on **June 27-29, 2022** for the most incredible three days of your life at the Iowa 4-H Youth Conference!

**Registration opens March 15 via 4-H online.** A scholarship is available to all participants through the Mahaska County Extension Council.

Visit <https://www.extension.iastate.edu/4h/iowa4hyouthconference> for the latest details and registration information.



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# Foods for Iowa Fairs

Are you part of the Foods & Nutrition project? Are you interested in taking a Foods project to the county fair? It is important that you read VERY carefully the Foods for Iowa Fairs document as it highlights acceptable foods to be exhibited at the county fair. There are some changes in this document for 2023. Please visit this link to download the document. <https://store.extension.iastate.edu/product/6434> Below is a list of the changes for 2023. **Please note:** the list below are just the CHANGES for 2023 and it is important to explore the whole document that is attached.

**Maple Syrup** – in the notes section, they updated the resource link

**Pies** – ALL pecan pies are now listed as an **unacceptable exhibit** (previously, traditional pecan pie was listed as acceptable)

**Quick Breads** – added under method notes: “no baking in metal cans”

**Cookies and Bars** – lemon bars are now listed as an **unacceptable exhibit**

**Cakes** – carrot is now listed as an **unacceptable exhibit** (and therefore, they removed the specification for carrot cakes in the method notes)

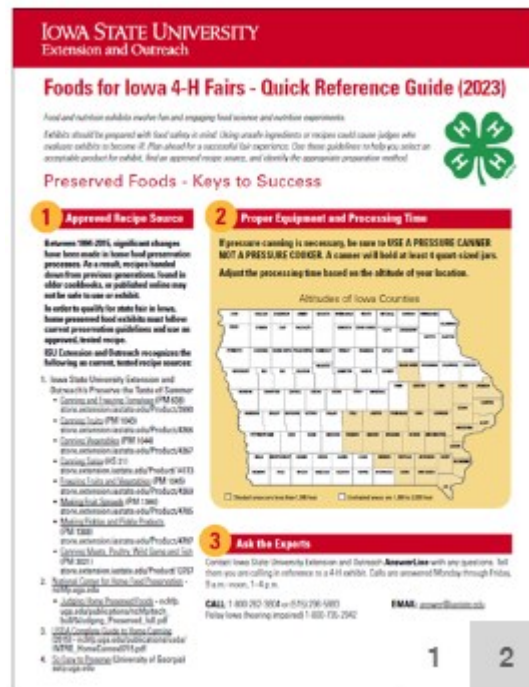
**Cakes** - added under method notes: “no baking in metal cans”

**Frosting and Glazes** – under acceptable examples, they changed the traditional buttercream (butter, sugar, flavoring, liquid) to traditional vanilla buttercream (butter, powdered sugar, extract, milk)

**Frosting and Glazes** – under acceptable examples, Glazes made with powdered sugar and water only (added “only”)

**Frosting and Glazes** – under unacceptable examples, removed the word “traditional” for German chocolate frosting made from scratch

**Frosting and Glazes** – under unacceptable examples, it is now fresh juice or zest (added “zest”)



## 4-H Volunteer Resources

### Spring 4-H Leaders Meeting:

**March 30th, 2023 from 6:00-7:00pm**

Are you a 4-H Leader or do you support a 4-H Club? We have an upcoming meeting for you. We invite you to a Spring Leaders Meeting on March 30th, 2023 from 6:00pm-7:00pm here at the Mahaska County Extension office. At this meeting Logan Chambers, our YPS and Dustin will share updates for the upcoming summer 4-H season. We are asking that every club send at least one representative to attend the meeting. If you can not attend please check with your fellow club leaders or club assistants to ensure your club has representation. We will be handing out materials that we will ask you take to your club meetings in April. [Please complete this RSVP to let us know you will be attending.](#) Light refreshments will be served.



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## 4-H Volunteer Resources (cont.)

### Volunteer Lunch & Learn Series:

Iowa 4-H is excited to share a learning opportunity for our 4-H volunteers. We are offering a Volunteer Lunch & Learn series via Zoom in the months of January through April 2023. The lunch & learn series consists of four brief 15-20 minutes sessions that dive into topics that 4-H volunteers can apply to their role. The sessions will be held on the first Friday of the month at noon. The Lunch & Learn series is an opportunity for volunteers to gain new ideas, tips, and resource information that can be implemented into 4-H clubs and programming. We hope the quick 15-20 minute sessions provide an additional support to you in your volunteer role with Iowa 4-H!



The first Volunteer Lunch & Learn Series on January 6th @ Noon will focus on incorporating Project Area Guides into Club meetings. Be sure to jump on this Zoom to gain new ideas to implement into clubs and programs!

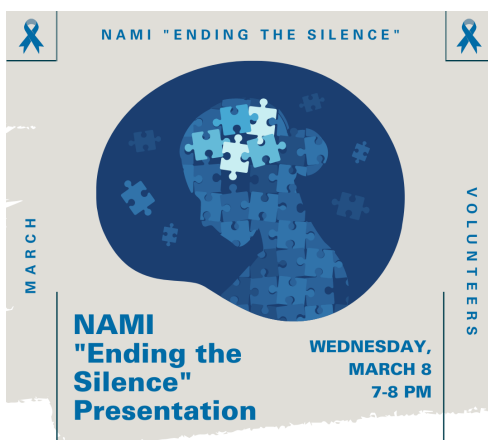
February-April topics and dates are listed below.

- March 3rd @ Noon- Youth Mental Health & Wellbeing Resources
- April 7th @ Noon- Learn resources & supports to help prepare youth for the fair

All of the sessions can be accessed with this Zoom link: <https://go.iastate.edu/TOS64C>

We hope to “see” many of our Iowa 4-H volunteers on the lunch & learn series and that as volunteers you are able to take away new ideas to support the volunteer leader role with Iowa 4-H. Thank you for volunteering with Iowa 4-H! Please reach out to your local 4-H staff for assistance and support.

### NAMI Ending the Silence Presentation for Volunteers:



**Wednesday March 8<sup>th</sup> 7-8pm**

Iowa 4-H **Volunteers** Learning Opportunity-Mental Health & Wellbeing

Iowa 4-H Volunteers- As we continue to do our best to equip both staff *and* volunteers with the skills and tools needed to support our youth, Iowa 4-H invites **you** to attend a free one-hour webinar from NAMI Iowa (National Alliance for Mental Illness), where you will learn about the signs and symptoms of mental health conditions and how to approach a youth or a loved one if you see these signs.

Join us Wednesday March 8<sup>th</sup>, from 7-8pm via Zoom <https://iastate.zoom.us/j/97252307761?pwd=aDR0eIRZWGxJMFRIeXZJemdUdllyZz09>. To learn more about NAMI Iowa and their Ending the Silence Presentation you can go to: [NAMI Ending the Silence - NAMI Iowa](#)



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## Evaluate, Educate, Encourage- 4-H Judges Training:

Two virtual trainings have been set for the Evaluate, Educate, Encourage training. This training is one of two parts for people who want to become a 4-H judge. We also have many judges attend who want to brush up on their general judge's knowledge. Visit [Information for 4-H Judges](#) to register (after March 2) and receive the zoom information. This training is not recorded at this time. Contact [Gail Castillo](mailto:gail@iastate.edu) at gail@iastate.edu for questions.

## Volunteer Tools-Vibrant Club Lessons:

### **BUILDING A VIBRANT CLUB**

4-H Clubs are all about youth having fun, making friends, discovering one's voice, and learning to work with others. 4-H members will come to club meetings when their four needs are being met:

- **Belonging:** having fun with friends and making new friends.
- **Mastery:** learning new things and improving their skills.
- **Independence:** making decisions as a group and having a voice in club activities.
- **Generosity:** providing service to others.



Did you know Iowa 4-H has a growing number of resources created for you, our Iowa 4-H Volunteers, to help support creating vibrant clubs! The Vibrant Club resource series helps club leaders build a vibrant club experience for their members using the elements of a vibrant club, which include the welcome, recreation, education, and business meeting portions of a meeting. Each of these areas of a club meeting contribute to one or more of the basic needs.

To learn more about the Vibrant Club model volunteers can view and download the Building a Vibrant Club publication from the Extension Store, here is the direct link to this resource. <https://store.extension.iastate.edu/product/12893>

NEXT- Volunteers can access the growing Vibrant Clubs series, which currently includes 40 publications, each focusing on a different area of a vibrant club, and includes a Do, Reflect, Apply activity ready to be implemented into the club meeting! Just simply download the resource and put into action! You can also reach out to your local county Extension office, and they can assist in printing publications from the series that you would like to implement into your club. Encourage youth in the club to check out the series, are there activities they would like to do in their next meeting?

Check out the Extension Store and the 4-H Volunteer Resources section to access the Vibrant Club series and additional resources. From the home page go to 4-H from the main menu, then from the drop down choose "Volunteer Resources." From here you can view the featured products, and to view the complete Vibrant Club series click "Vibrant Club Series" on the left-hand side column. [Extension Store \(iastate.edu\)](https://store.extension.iastate.edu)

## Huge Shout Out & Thank You!

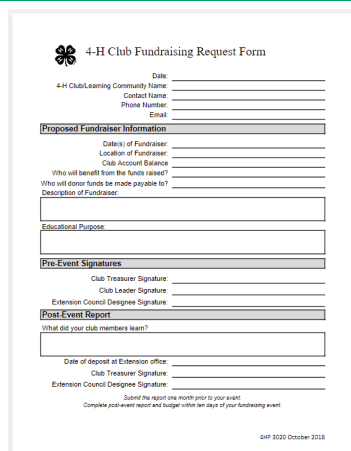
As we start the new year we challenge you to send a thank you card to one of our big supporters. This year, we thank Mahaska County Farm Bureau for sponsoring a \$5 scholarship for each 4-H member this year which brought down member dues to \$30! Please take some time and thank Farm Bureau for this generous donation.

**Mahaska County Farm Bureau:**  
214 North G St, Oskaloosa, IA 52577



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## Club Fundraiser Approval



The form is titled "4-H Club Fundraising Request Form" and includes a 4-H logo. It contains several sections with lines for text entry: "Date", "4-H Club/Community Name", "Contact Name", "Phone Number", "Email", "Proposed Fundraiser Information" (with sub-sections for "Date(s) of Fundraiser", "Location of Fundraiser", "Club Account Balance", "Who will benefit from the funds raised?", "Who will donor funds be made payable to?", and "Description of Fundraiser"), "Educational Purpose", "Pre-Event Signatures" (with lines for "Club Treasurer Signature", "Club Leader Signature", and "Extension Council Designee Signature"), "Post-Event Report" (with a line for "What did your club members learn?"), and "Date of deposit at Extension office". At the bottom, it states "Submit the report one month prior to your event" and "Complete post-event report and budget within ten days of your fundraising event". The footer reads "4HP 3020 October 2018".

If your 4-H Club plans to complete a fundraiser this year, please be sure to submit the Iowa 4-H Fundraiser Request Form which can be found at the following link: [www.iastate.app.box.com/v/4HP3020](http://www.iastate.app.box.com/v/4HP3020). These forms are also located in your club's Google Drive Folder.

All fundraisers need to be approved by the Extension Office and Extension Council. Please submit all fundraising requests to Dustin. This is to comply with the Iowa 4-H Club Financial Policy. If you have any questions contact Dustin at 641-673-5841 or [dwinkel@iastate.edu](mailto:dwinkel@iastate.edu).

## 4-H Club Attendance Policy

Mahaska County has a 75% attendance policy in place for 4-H members of community and special-interest clubs. Members attending at least 75% of their clubs' meetings, activities, and/or pre-approved 4-H experiences will have eligibility to exhibit at the county fair. Clubs can set their own parameters within the 75% policy. We recommend if members are part of an **additional** special interest club, like Honor Council, that their attendance is combined for both to count toward the 75%.

## 4-H Deadline Policy

Every 4-H member is allowed 1 free pass in their 4-H career if they miss a county issued deadline. A second pass will be awarded at the cost of a \$100 late fee (this fee is in addition to any other associated fees). There will not be a third opportunity of forgiveness for a missed deadline. This exception does not apply to animal identification deadlines of February 1 (market beef), May 15 (all other animals), and any other state issued deadlines; these dates are set by Iowa 4-H and are non-negotiable. In cases of late fair entries, this exception will only be accepted if space allows for the entry. ***Mahaska County Extension Council Approved & Effective as of January 2023.***

## Reasonable Accommodation Practice

**REASONABLE ACCOMMODATION PRACTICES** As part of its duties under the Americans with Disabilities Amendments Act of 2008 ("ADAAA") and the Rehabilitation Act of 1973, Iowa State University Extension and Outreach will provide reasonable accommodations to its "policies, practices, or procedures" when the accommodations are necessary to provide equal access to programming to participants with a qualifying disability. It will also provide auxiliary aids and services when they are necessary to provide equal access. The process has the following five stages: (1) completion of the Reasonable Accommodation Request and Healthcare Provider Disability Documentation forms, (2) participants and parents are sent an agenda for the eligibility team meeting, (3) the eligibility meeting is conducted, (4) a determination letter is sent to participants, and (5) possible reassessment for future events. To access forms or learn more visit the [Iowa State University Diversity and Civil Rights website](http://www.iastate.edu/diversity).



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MAHASKA COUNTY || NOVEMBER 2022 - AUGUST 2023

# CALENDAR

*The below calendar showcases the 2022-23 4-H Year for Mahaska County. The calendar is not all-inclusive, but does list most of our important events and deadlines. This calendar will be updated each month when new dates are added. Please check every month to stay on top of upcoming due dates and meetings.*

## NOVEMBER

- November 6 (1:00pm-2:00pm): Annual 4-H Awards Program held in the Extension Office Auditorium

## DECEMBER

- December 10 (8:00am-10:30am): Beef Weigh-in at the Southern Iowa Fairgrounds
- December 17: Beef Weigh-in Inclement Weather Make-up Day ONLY

## JANUARY

- January 1: Annual Enrollment DUE for **Returning Members** to be eligible to exhibit at the 2023 Southern Iowa Fair

## FEBRUARY

- February 1: Market Heifers and Market Steers must be identified in 4H online

## MARCH

- March 25 (8:00am-10:00am): Swine Weigh-in at the Southern Iowa Fair Grounds

## APRIL

## MAY

- May 6 (8:00am-10:30am): Sheep/Meat Goat Weigh-in at the Southern Iowa Fair Grounds
- May 15: All other animals must be entered in 4-H online to be eligible for the 2023 Southern Iowa Fair
- May 15: Last day for any project changes in 4-H online and enrollment is due for all **New Members**
- May 15: Mahaska County Code of Conduct forms

## JUNE

- June 8: Clothing Review/Show

## JULY

- July 1: ALL Southern Iowa Fair Registrations are due via Fair Entry.
- July 1: YQCA Certificate due to the Mahaska County Extension Office
- July 1: Iowa State Fair Registration due
- July 17-23: Southern Iowa Fair

## AUGUST

- August 10-20: Iowa State Fair



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Extension and Outreach  
**Mahaska County Extension Office**  
212 North I Street  
Oskaloosa, IA 52577

*Helping make 4-H possible  
in Mahaska County.*



**United Way**  
of Mahaska County



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