Food Preservation 101
Canning, Freezing and Drying Food

Tuesday, September 18
6:30 – 8:30 p.m.
Northwest Iowa Community College
603 West Park Street
Building H Room 519
Sheldon, Iowa

OR

Monday, September 24
6:30 – 8:30 p.m.
Lyon County Extension Office
710 North 2nd Ave. East, Suite 103
Rock Rapids, Iowa

Has it been awhile since you’ve done any canning?
Are you a first time food preserver?
Are you wondering if you’re using up-to-date procedures?
Are you looking for some new recipes for food preservation?
Do you want to be prepared for rising food costs?

To Register: Call ISU Extension and Outreach Lyon County 712-472-2576
OR mail in/drop off registration form. More at www.extension.iastate.edu/lyon

TO REGISTER: X----------------------------------------------------------------------------------------------------------------------
Please detach and return with registration fee • $10 per person

Name: ___________________________ Phone: ___________________________ E-mail: ___________________________
Address: ___________________________ City: ___________________________ State: ______ Zip: ______

Number Attending: ______

Mail or drop off completed form and payment to:
ISU Extension and Outreach Lyon County
710 North 2nd Avenue East, Suite 103
Rock Rapids, Iowa 51246

Mark which session:
☐ September 18 • NCC, Sheldon
☐ September 24 • Extension Office, Rock Rapids

The fees for service will be used to off-set direct expenses and to support family programming in Sioux, Osceola, Lyon and O’Brien Counties.