Heartland Acres Summary
Heartland Acres seeks to be the first agrihood in Iowa. The mission is to be an innovative, sustainable neighborhood development that encompasses 150 acres of developed property with agricultural fields, pasture land, residential properties, retirement center, and educational opportunities. Heartland Acres agrihood will support beginning farmer programs and education, offer space for agriculture of many different varieties, promote community wellness and gathering space, and provide connections to natural resources and the food systems.

Our five core values for development include: wellness, agriculture, education, community, and stewardship. These reflect the icons above. Throughout the precedent report, icons are used to showcase which agrihoods utilize similar values.

Partners:
- Trenton Grundmeyer: Chair and Visionary
- Phyllis Childer: Landowner and Visionary
- Ben Champ and Madeline Sturms: City of Pleasant Hill
- Beth Grabau: Veterans in Agriculture
- Jake Happe and Chris Peterson: Happe Homes
- Robbie Morris-Riley: The Homestead
- Matt Dore: Master Gardeners
- Courtney Long: Community Food Systems Program
- Chad Hunter and Carl Rogers: Community Design Lab
Prairie Crossing Farm is a 100 acre organic farm outside of Grayslake, Illinois. The main goal is to help beginning farmers start their farm business within the development center and incubator farm program. In addition, there are education and youth development programs, educational tours, and community garden plots. The property offers organic, diversified crops and livestock. The site pulls together native landscape, agriculture and a range of residential units including 359 single-family homes and 36 condominiums. Prairie Crossing has 10 established guiding principles: environmental protection and enhancement, healthy lifestyle, sense of place, sense of community, economic and racial diversity, convenient and efficient transportation, energy conservation, lifelong learning and education, aesthetic design and high-quality construction, and economic viability.
Program + Outreach

Wellness: multiple options for healthy food access through a neighborhood farm, community gardens and edible landscapes. In addition, there is a variety of physical recreation amenities such as a gym, parks, and numerous trails.

Agriculture: The Farm Business Development Center offers beginning farmers the opportunity to grow diversified crops and livestock, learn about production and marketing of produce, and participation of an incubator farm program.

Education: With the support from The Liberty Prairie Foundation, numerous education programs are offered for all ages. Programs inspire all ages to value healthy fresh food, community, and their environment.

Community: Prairie Crossing hosts a broad mix of incomes and promotes inclusion for all. Residential properties include single family homes and condominiums. Additional community aspects include donation of food to those in need and seasonal events to develop community.

Stewardship: Several of the operating principles are based on stewardship of the land and environment, from natural restoration of prairies to energy conservation.
Project Summary
Agritopia is a 160 acre agrihood near Phoenix, Arizona. It initiated to break traditional barriers and help bring together a variety of people to build a strong community. The agrihood created opportunities to strategically enhance community and led to the development of open fences between homes to encourage socializing between neighbors, hidden garages to focus on architectural design, and offering pathways for walking and bike riding to connect homes to farm, garden, and other key areas of agrihood.

Website and Resources:
https://www.terrain.org/unsprawl/24/
https://www.terrain.org/unsprawl/24/design_principles.htm
https://agritopia.com/

Site Map of Agritopia: https://www.terrain.org/unsprawl/24/
Address:
3000 E Ray Rd
Gilbert, AZ 85296
(480) 988-1238
Program + Outreach

Wellness: Pathways are incorporated to connect homes to the farm, gardens, and hub area.

Agriculture: 16 acres of organic production for vegetables, fruits and small livestock. The space includes a farm, community garden, and therapeutic space.

Education: The hub area includes coffee shop, farm to table restaurant, and farm stand.

Community: Spaces to bring generations of all ages together. 90 acres are dedicated to residential living with 452 single-family homes, and 117 unit assisted and independent living center.
Project Summary
South Village is an agrihood that has approximately 220 acres, with 150 acres dedicated to woodlands and 12 acres reserved for an organic farm. The goal for this agrihood is to help people of all ages connect with their food while preserving the land and creating a sustainable ecosystem. In collaboration with the South Village Stewardship Fund, the neighborhood is able to provide agriculture and conservation programs to educate the community. The community offers multiple ways to connect with both the community and the land through open space and village living.

Address:
South Village, Vermont
Kelly@KellyFiske.com

Website and Resources:
http://www.southvillage.com/about-south-village/land-stewardship/
http://www.southvillage.com/
http://www.southvillage.com/site-plan/
http://www.southvillage.com/about-south-village/community/
Program + Outreach

**Agriculture:** 12 acres are dedicated to growing organic produce of fruit, vegetables, small livestock and honey. Much of this space also is grown through collaboration amongst residents.

**Education:** Common Roots offers education options for youth to help young individuals learn and do service through the land of the agrihood.

**Stewardship:** there are over 150 acres dedicated to common space for woodlands and native landscape, which offers space for many animals to call home. South Village also promotes green building, utilizing EPA Energy Star, National Green Building Standards and LEED certification. Within the site, there is also a solar array to produce clean and renewable energy.
Michigan Urban Farming Initiative

Michigan, Detroit

Project Summary
Michigan, Detroit offers the first urban agrihood. It consists of a 3 acre neighborhood, 2 acres of urban farms, and 200 fruit tree orchard. The primary goal is to promote education, sustainability, and community to empower urban neighborhoods, while also solving social problems. Through their agrihood, the community made dozens of opportunities for the community to have the accessibility to fresh produce. Although this urban neighborhood is just beginning its efforts for increased housing and development for the urban agrihood, there are many exciting activities already occurring. The development will include a new Community Resource Center, two commercial kitchens with cafe, and additional student housing.

Address:
7432 Brush St. Detroit, MI 48202
email support@miufi.org
313-444-MUFI (6834).

Website and Resources:
http://www.miufi.org/
http://www.sustainablebrands.com/press/crowdfunding_campaign_lunched_america%E2%80%99s_first_sustainable_urban_agrihood%E2%80%99
Program + Outreach

**Education:** Part of the Michigan’s goal was to help promote education. To achieve this, they designated part of the neighborhood for student housing for schools.

**Community:** Michigan’s agrihood included a Community Resource Center that offers residents to partake in education programs, have access to two commercial kitchens that also contains a café, while breaking social barriers.

**Agriculture:** With the location of being right in the middle of the heart of Michigan, have all of the production be large-scale gardens gave the community members of high demand vegetables and fruits be accessible for use.
Bucking Horse

Project Summary
Bucking Horse is a 240-acre agrihood in Collins, Colorado. The agrihood focuses on providing food for the community and helping end hunger. The project evolved from a 129-acre farm with rehabilitated buildings. Their five core values include teamwork, integrity, quality, and community. The community was developed based on five principles: community, environment, education, health, and economics. This neighborhood offers many options for all demographics, and works to maintain an affordable cost of living, and currently offers over 1000 units. The site will soon include a 6-acre neighborhood park, and artisan village.

Address:
Bucking Horse Neighborhood
Fort Collins, Colorado

Website and Resources:
http://www.bellisimoinc.com/projects/bucking-horse
http://www.jessupfarm.com/
http://www.sproutinup.com/
http://www.buckinghorsefarm.com/
Program + Outreach

**Wellness:** Trails, farms, gardens, and revitalization of existing farmland surrounds the site leading to creative opportunities for a healthy lifestyle.

**Agriculture:** 3.6 acre CSA farm, plaza for farmers’ market and education area for food preservation and culinary classes. The neighborhood also has over 500 fruit shrubs and trees that are incorporated into edible landscapes.

**Community:** promoting design that offers food for all. This includes feeding the hungry, creating safe environments, and developing spaces for food vendors. Within the space there are also a range of housing options: single family houses, townhouses, and apartments.

**Education:** Multiple options are available to all ages to learn where their food comes and explore the outdoors by playing in the tree house, caring for farm animals, and growing food. The CSA farm engages youth through the program Sproutin’ Up which includes apprenticeship programs and camps.

Jessup Farm
http://www.jessupfarm.com/

Sproutin’ Up Farm
http://www.sproutinup.com/#-four-farmers-salsa-section
Heartland Acres Summary

Within the Heartland Acres Agrihood, we seek to include opportunities for all generations through inclusive and universal design options. This includes a senior care facility with options for residents to age in place through unique, and creative techniques for handicap accessibility standards, walkability, and general best practices for housing and neighborhood design for all generations.

Our main areas of interest for the senior center and retirement area include: wellness, community for intergenerational living options, and education. These reflect the icons above. Throughout the precedent report, icons are used to showcase various community centers that utilize similar values.

Partners:
Trenton Grundmeyer: Chair and Visionary
Phyllis Childer: Landowner and Visionary
Ben Champ and Madeline Sturms: City of Pleasant Hill
Beth Grabau: Veterans in Agriculture
Jake Happe and Chris Peterson: Happe Homes
Robbie Morris-Riley: The Homestead
Matt Dore: Master Gardeners
Courtney Long: Community Food Systems Program
Chad Hunter and Carl Rogers: Community Design Lab
Providence Mount is primarily a living care community center for older adults. It is uniquely designed to utilize a part of the community center for intergenerational activities with children from birth to 5 years old. This mix of generations allows adults who are experiencing depression, or loneliness, to increase their mental health while also creating a vibrant community. The daycare is well attended and has 125 children attending 5 days a week, and a waiting list of 350 students. Benefits of this community include children enhancing social and personal development and adults experiencing health improvements such as low blood pressure and improved mental health.

Address: Mount St. Vincent Seattle, Washington

Website and Resources:
Program + Outreach

Wellness: This program has shown decreased rates in loneliness, delayed mental decline, lower blood pressure, and reduced risk of disease and death in older adults. All participants get to play, laugh and grow together.

Education: Multiple options are available to all ages and enhances social and personal development in children. Children learn about the normal aging process, accepting disabilities, working with individuals that are two to three generations apart, and to reduce fear of older adults.

Community: This program offers inter-generational learning activities: 0-5 years old and older adults working together to create vibrant community. Many of the individuals learn to be a part of an extended family and give unconditional love and attention. This unique environment offers unique opportunities for older adults to serve as role models and grow in their self-worth within the community.

Intergenerational Learning - Alzheimers Unit

The Intergenerational Learning Center
Benedictine Living Community of Ada

Ada, Minnesota

Project Summary
Benedictine Living community offers both a nursing home and assisted living with an attached “Little Learning Early Childhood Education Center. This environment offers curriculum-based programs for infants and toddlers, preschool, and after care for kids up to age 12. The partnership has helped bridge gap between residents and children and has improved the community well-being and happiness of residents. Many families live nearby, and grandchildren and grandparents get to interact regularly. Currently over 39 children are enrolled in the program.

Address:
201 9th St. West- Suite 2
Ada, MN 56510
218-784-5500

Website and Resources:
https://www.ruralhealthinfo.org/community-health/project-examples/883
http://www.blcada.org/
Program + Outreach

Wellness: Within the Benedictine services, there are several options for wellness ranging from exercise groups, a garden club, worship services, arts and crafts, and karaoke.

Education: Little Learning Early Childhood Center has a large demand and offers intergenerational learning. Students have “grandpals” that help with different activities ranging from reading, exercising, crafts and more.

Community: The programs help shorten the gap between residents and children and offer a sense of community and youthfulness. With these different opportunities for inter-generational development, families and friends are learning how to care for each other.

Agriculture: This community offers options for gardening, for both vegetables and flowers. All of which have options for raised bed gardening for ADA compliance.

Independent living
http://www.blcstpeter.com/assisted_living

Little Learners
http://www.blcada.org/child_care
Isabella Campus: childcare and therapeutic recreation

Naturally Occurring Interactions in a Shared Environment

Everyday (NOISE): It is an intergenerational program that helps the needs and services of center for residents by connecting with children

New York Mount Kisco Child Care Center and My Second Home:
Together, they have a meal program that serves local, organic produce and other healthy foods on daily basis. The residents and children plant, care for, and harvest a garden
http://www.todaysdietitian.com/newarchives/060109p44.shtml

Skip: Seniors and Kids Intergenerational Programs
https://www.goskip.org/about/
Additional Resources

A Guide to Successful Intergenerational Activities at Shared Site Programs: This scholarly article discusses all the impacts, challenges, and more about what it takes to implement an intergenerational program at a site
https://s3.amazonaws.com/pushbullet-uploads/ujzNDwQrsR2-IwTZVh9XzpO2KpVvzhCua55iDV0Dyg/tried%20and%20true.pdf

Fact Sheet: The Benefits of Intergenerational Programs:
This sheet has some great research backed up behind it. There is dozens of quotes and statics to back up their facts too. “Intergenerational programs are social vehicles that offer younger and older generations the opportunities to interact and become engaged in issues concerning our society.”
http://www.gu.org/LinkClick

Intergenerational Gardening Best Practices:

Intergenerational Learning

My Second Home
http://www.fsw.org/our-programs/my-second-home/mount-kisco