



Trainer Questionnaire Post

Name: _____

County: _____

City: _____

Please indicate the degree to which you agree or disagree with each of the following statements:

	Strongly Agree	Agree	Disagree	Strongly Disagree
1. Many old people are stingy and hoard their money and possessions.	1	2	3	4
2. Many old people are not interested in making new friends, preferring instead the circle of friends they have had for years.	1	2	3	4
3. Many old people just live in the past.	1	2	3	4
4. Most old people should not be trusted to take care of infants.	1	2	3	4
5. Many old people are happiest when they are with people their own age.	1	2	3	4
6. Most old people would be considered to have poor personal hygiene.	1	2	3	4
7. Most old people can be irritating because they tell the same stories over and over again.	1	2	3	4
8. Old people complain more than other people do.	1	2	3	4
9. I would prefer not to go to an open house at a senior's club if invited.	1	2	3	4
10. Teenage Suicide is more tragic than suicide among the old.	1	2	3	4

1. I decided to participate in the LIFE Program because (*check all that apply*):
 - a. I am interested in adult wellness
 - b. It seemed like it would be a fun way to volunteer
 - c. I received class credit
 - d. Service is an important aspect of the 4-H program
 - e. All of the above
 - f. None of the above
 - g. Other (please list): _____

2. In the LIFE Program I was able to get to know the older adult participants:
 - a. Agree
 - b. Disagree

3. The aspect I liked best about the LIFE Program as a trainer was:

4. The aspect I liked least about the LIFE Program as a trainer was:

5. Do you feel you made changes (positive and negative) in how you view older adults and aging as a result of the LIFE Program?
 - a. I now view older adults in a more positive fashion
 - b. I had no change in how I view older adults
 - c. I now view older adults in a more negative fashion

6. What perceived changes did you make, if any, in how you view older adults and aging?

7. Overall, I thought serving as a LIFE Program trainer was:
 - a. An excellent experience
 - b. An okay experience
 - c. A negative experience

8. Is there anything else you would like to share about your experience as a LIFE Program Traienr?