As you are aware as a 4-H leader, you are required to an annual training to continue your leadership as a 4-H leader. This is a State of Iowa 4-H requirement. This year the training will be slightly different. The training will come from the North Central Regional Volunteer Forum. There are four topics you can select from and the trainings will be completed as webinar. Des Moines, Henry, Lee and Louisa are teaming together to show one of the four trainings at the county office. You can attend any county if that’s a topic you would like to learn more on. We encourage you to attend a showing at an Extension Office for further discussion and enhanced learning. If you are not able to attend a showing at an Extension Office, there will be an option for you to complete at home. Contact your county Extension Office for details on viewing at home. Please RSVP to your county Extension Office.

Engaging Teens and Older Youth
Does your 4-H program struggle to keep 4-H teens and older youth involved? Are you looking for ways to keep teenagers interested and active in 4-H? This session has strategies to increase engagement as well as data on the benefits of 4-H leadership activities for youth.

Des Moines County-Chop House-Mediapolis
Tuesday, February 11th, 2014
5:30 p.m. Supper included

Exploring the Science of 4-H Projects
Discover methods to reinforce simple science concepts using traditional 4-H projects. By the end of the session, you’ll have ready-to-go activities that incorporate science concepts across the 4-H curriculum areas.

Lee County-Lee County Extension Office-Donnellson
Monday, February 24th, 2014
6:00 p.m. Supper included

OMG! You Have Parent Now What?!
The session will help volunteers explore a variety of strategies to increase positive parental support of local 4-H programs. As a result, parents will stay connected with their own children, recognize mutual expectation and responsibilities between parents and volunteers, and become caring adults for other youth.

Louisa County-Youth Center, Louisa County Fairgrounds-Columbus Jct.
Wednesday, March 5th, 2014
6:00 p.m. Supper included

Using Technology to Enhance the 4-H Experience
This session will share some easy ways that technology can help 4-H leaders be better connected with youth participants. It will also briefly explore ideas on integrating technology into 4-H projects to enhance the life skill development and 21st century skills of young people.

Henry County-Henry County Extension Office-Mt. Pleasant
Monday, March 24th, 2014
5:30 p.m. Supper included