



Let's Judge Your Food & Nutrition Exhibit



Your Story:

Goal - What did you want to learn by doing this exhibit?

Steps:

Did I follow directions & advice as I did this exhibit?

What I learned by doing this exhibit:

Does my exhibit show that I reached my goal?

Did I do problem solving & decision making?

USING YOUR SENSES, LET'S EVALUATE YOUR PRODUCT

Please give yourself a plus, minus or question mark behind each topic below.

• **Sight: How does it look?**

- Size is uniform
- Characteristic shape
- Color is uniform
- Did it rise as it should have

• **Feel: How do the crumb & cells look & feel?**

- soft, chewy, flaky, moist, smooth, tender, etc. (characteristic to the recipe)

• **Smell: like it should because of the recipe**

• **Taste:**

- Flavors are compatible
- Bake the right amount of time
- Tastes like it should because of the ingredients

• **Thinking:**

- Did I follow the directions on the recipe?
- Did I use appropriate methods?
- When I cook or bake again I will try to....

