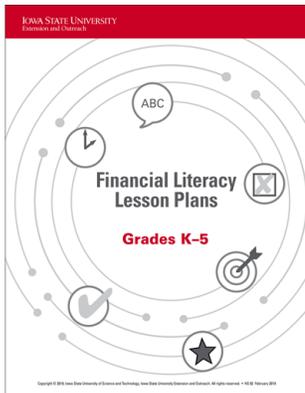


Human Sciences Extension and Outreach REGION 15/20 NEWSLETTER NOVEMBER 2019

New Financial Literacy Lessons



Children are more likely to build money management skills and develop sound financial habits when what they learn at school is reinforced at home. A new curriculum from Iowa State University Extension and Outreach helps teachers and parents work together to increase financial literacy in Iowa youth.

The [Financial Literacy Lesson Plans \(Grades K-5\) curriculum](#) is available for free download from the ISU Extension Store, either by grade level or as an entire K-5 curriculum. The curriculum addresses the financial literacy content and skills that are part of both the State of Iowa's 21st Century and Social Studies standards.

The lessons can be taught in fewer than 30 minutes, in most cases, making it easy to fit a lesson into the school day. Lessons can be taught in sequence at each grade level; however, each lesson also can stand alone. An educator doesn't have to teach any one lesson prior to teaching another lesson at any grade level.

Teachers can use these lessons in the classroom, but another important part happens at home, because home is where children pick up financial habits, attitudes and norms that will guide their financial behavior as adults. Each lesson includes a section we've called 'Home Talk.' It's information that teachers can share with parents or guardians so that they can revisit and reinforce the lesson's concepts with their children.

Upcoming Events

Finances of Caregiving
[October 16– November 13 \(Iowa City\)](#)

Bright Beginnings
[November 4-18 \(Burlington\)](#)

WIN
[November 4 \(Burlington\)](#)

Money Smart
[November 5-26 \(Mt. Pleasant\)](#)
[November 11-15 \(Mt. Pleasant\)](#)
[December 5-17 \(Burlington\)](#)

Healthy Relationship Education
[November 5 \(West Burlington\)](#)

ServSafe
[November 18 \(Mt. Pleasant\)](#)
[December 16 \(Iowa City\)](#)

[More event details:](#)
www.extension.iastate.edu/calendar/

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Human Sciences Extension and Outreach

Empowering People. Growing Lives.



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As a Family Life Specialist, **Dawn Dunnegan** works with programs that **strengthen families**. Some of the topics of interest to families include: quality childcare, parenting, relationship education, communication skills, wellness, and adult caregiving.

Families, schools, foodservices, and worksites all benefit from **nutrition education**. As Nutrition and Wellness Specialists provide leadership, delivery, and support for integrated content areas which includes: family nutrition and health, food safety, food preservation, wellness, and obesity.

Financial education empowers individuals and families to manage resources effectively, make informed decisions, and increase assets. As a Human Sciences Specialist, Family Finance, **Mary M. Weinand** provides learning opportunities to help individuals acquire knowledge and skills to build financial security.

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