

THE CLOVER CONNECTION

JEFFERSON CO. 4-H FAMILY NEWSLETTER

OCTOBER 2018

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Dates to Remember

October

02 Extension Council Meeting
04 Afterschool Adventures @ Pence Elementary begins
06 4-H Find Out & Spaghetti Dinner
06 Youth Committee Meeting
07-13 **NATIONAL 4-H WEEK (pg. 4)**
08 **Lunch n' Learn @ FMS**
09 **Iowa 4-H Giving Day**
10 **Wear 4-H Wednesday**
10 Fair Board Meeting
11 **4-H Throwback Thursday**
12 **Lunch n' Learn @ Pence**
20 Horse Camp for K-6
27 Zombie Run
27 Trunk or Treat
27 Halloween Boo Bash

November

06 Extension Council Meeting
10 Tentative Date for 4-H Recognition Banquet



OCTOBER 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Afterschool Robotics FTC Robotics Ceniteers	2	3 FTC Robotics	4	5 Jr. Lego League 4-H Homeschool Robotics	6 4-H Find Out and Free-Will Spaghetti Dinner
7 Des Moines Ramblers	8 Afterschool Robotics 4 Leaf CK FTC Robotics	9	10 FTC Robotics	11	12 Jr. Lego League 4-H Homeschool Robotics	13 Jefferson G's
14 Penn Workers	15 FTC Robotics	16	17 Packwood Trojans & Clover Kids FTC Robotics	18	19 Jr. Lego League 4-H Homeschool Robotics	20 Mindset Horse Camp
21 Walnut Ridge Workers & Lockridge CK Future Forgers & Fairfield CK	22 Afterschool Robotics FTC Robotics	23	24 FTC Robotics	25	26 Jr. Lego League 4-H Homeschool Robotics	27 Trunk or Treat Halloween Boo Bash
28	29 NO Afterschool Robotics FTC Robotics	30 NO Afterschool @ Washington Elementary	31 NO Afterschool @ Fairfield Middle School FTC Robotics			

* ALL meeting dates are SUBJECT TO CHANGE. Your 4-H Leader will know the most up-to-date information. *

CYC CORNER

Have you noticed all of the signs, advertisements and people going door-to-door to promote a candidate in the upcoming election? After November 6th, the political promotions will diminish, but what takes place on election day will likely affect our community, state and nation. It will even affect YOU.

Most of our 4-H members are not yet eligible to cast a vote. However, it is still very important to be engaged in civics. This is part of our 4-H program as a priority: Leadership and Civic Engagement.



Civic Engagement is the opportunity, right, and responsibility to contribute to shaping the world around you and provide services to others. Make a difference. Discover the needs of your local community and beyond. Help others. Get into action! You have a voice—use it!

Even though you may be too young to vote, Iowa still gives you the chance to share your voice. The Iowa Youth Straw Poll is held in conjunction with the election. I'm encouraging clubs to participate in this civic engagement opportunity.

Clubs can go to an online survey (will be sent to leaders) during their meeting and enter the number of responses for each question. These results will come to me and then I will report them collectively to the Iowa Secretary of State. I'll share our results and the whole state's results in the November newsletter!

For more information about 4-H & civic engagement, check out the following webpage: extension.iastate.edu/4h/projects/citizenship

With 4-H pride,

Rachel Fishel

RE-ENROLL IN 4-H ONLINE TODAY!

Families, your 4-H online profiles became "inactive" on September 1st. ALL Clover Kids, 4-H members, and volunteers will need to re-enroll at iowa.4honline.com. **KUDOS to everyone who has already done this!!!**

A help sheet for this process can be found at: <https://www.extension.iastate.edu/4h/4honline-information-families-and-leaders>

If you remember, we offered an incentive for the first two clubs that enroll 95% membership (excluding graduating seniors) by December. **Congratulations to the Future Forgers** for being the first club to reach that mark. There is still an opportunity for YOUR club to receive \$25 if you're the next club to reach 95%!

Clubs closest to reaching 95%: Des Moines Ramblers, Mindset, Packwood Trojans, and Walnut Ridge Workers.

ZOMBIES NEEDED FOR ZOMBIE RUN

The Jefferson County Fair Board is hosting a Zombie Run on **October 27th at 9am**. Please contact Kolby at bfkfarm@gmail.com if you're interested in being a "zombie" for the event!

TRUNK OR TREAT

Trunk or Treat is scheduled for **SATURDAY, October 27th from 2-4pm**. All 4-H Clubs and/or families are encouraged to participate with a trunk full of tricks-or-treats! **Register for a space with the Extension Office by October 17th**. 641-472-4166.

HALLOWEEN BOO BASH

The Mindset 4-H Club is hosting a Halloween party and dance immediately following Trunk-or-Treat on **October 27th from 4-6pm** in the Cambridge Learning Center. \$5 entry fee gets you a hot dog meal and access to so much fun: games, dancing, door prizes and more! Wear your Halloween costumes!

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October 6th - 4-H Find Out and Spaghetti Dinner

The 4-H Youth Committee will host a free-will donation spaghetti dinner to raise funds to support scholarships and educational programming for our 4-Hers! It will be from 5:30pm-7:30pm in the Cambridge Learning Center—carryout available! This will also be a great time for families to learn about 4-H.

October 8th - Lunch n' Learn

Jefferson County 4-H will have a table set up at Fairfield Middle School to talk to students about opportunities in 4-H. They will have the chance to interact with some of our educational kits and ask any questions about 4-H.

October 9th - Iowa 4-H Giving Day

Give. Grow. Iowa 4-H is a 24-hour online giving day to support the Iowa 4-H Program! Join us to provide the financial support needed to help the 4-H Program continue their incredible work across the state of Iowa. Give a gift, large or small and be a part of a collective effort to strengthen your 4-H Program and better serve the youth of our state! www.iowa4hgivingday.org

October 10th - Wear 4-H Wednesday

This is the day to *proudly* wear your 4-H shirts or 4-H green! Share your photos on social media using the hashtag #JeffersonCoIA4H

October 11th - 4-H Throwback Thursday

Watch our Facebook page @[ISUExtensionJeffersonCounty](https://www.facebook.com/ISUExtensionJeffersonCounty) for stories from our Jefferson County 4-H alumni. You'll learn about their experience in 4-H when they were younger and how it's still impacting them today.

4-H Alumni—feel free to share your 4-H memories and stories, too!

October 12th - Lunch n' Learn

Jefferson County 4-H will have a table set up at Pence Elementary School to talk to students about opportunities in 4-H. They will have the chance to interact with some of our educational kits and ask any questions about 4-H.

HORSE CAMP

Want to learn about horses? Attend this camp on **Saturday, October 20th from 1pm-4:30pm** on the Jefferson County Fairgrounds. The 4-H/FFA Horse Project group will be hosting live horse demos and presentations, as well as some hands-on activities. Come meet our Jefferson County Cowgirl Queen, and horses of many breeds and colors. This camp is open to all & any youth in Kindergarten through 6th grade. **Please register by October 12th.** Late registrations will be accepted without guarantee for a shirt. More information and registration can be found in the Extension Office or online: <https://www.extension.iastate.edu/jefferson/news/youth-horse-camp>

YOUTH MARKETING TEAM

NEW opportunity for 4th-12th graders in 4-H! Do you enjoy or do you have interest in crafting stories, writing scripts, talking on the radio or creating commercials for 4-H? We would like YOU to become a part of our Youth Marketing Team. This group will mainly correspond via e-mail and will meet three times this 4-H year. It will be a great learning experience as you work closely with 4-H staff to help spread the word about the great things happening in our 4-H program! Let Rachel know you're interested by **November 1st.**

4-H RECOGNITION BANQUET

Our annual 4-H Recognition Banquet is tentatively scheduled for November 10th in the evening. This date is still tentative due to a potential scheduling conflict. ALL 4-H volunteers, members and their families will receive invitations to the 4-H Recognition Banquet in the next two weeks. For now, please hold November 10th as the tentative date. Thank you for your cooperation!

VOLUNTEERS NEEDED

In order to keep growing our program, **we are in need of more caring adults and/or high school students to serve as volunteers!** We will be happy to work with any interests or schedule limitations. Examples of volunteer positions: afterschool program volunteer, 4-H/Clover Kid assistant leader, event volunteers, etc. Some of these positions may be perfect for high schoolers looking for a leadership opportunity and a way to earn community service hours. Please share this opportunity with anyone who may be interested! Contact us at 472-4166 or email rachel4h@iastate.edu.

SHARING CELEBRATIONS

4-H families, I really do believe we are a great big family within our 4-H program and for that reason, I wanted to share some exciting news with all of you! If you noticed in the September newsletter, I got married on September 22nd! It was the most beautiful day and everything went perfectly. I am now Rachel Fishel, married to Derek Fishel. We also just bought a house in Fairfield! Exciting stuff! Thanks to all of you who wished us well in the past few weeks! We appreciate it.



Rachel Fishel

County Youth Coordinator

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Web: [extension.iastate.edu/jefferson/4h](https://www.extension.iastate.edu/jefferson/4h)



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Opportunities Beyond the County

4-H HEALTHY LIVING RETREAT

The 4-H Healthy Living Retreat will take place at Clover Woods 4-H Camp on **October 20-21**. This event is for youth in grades 8-12 to learn more about the areas of wellness and wellbeing. They will experience workshops, large group activities and discussions to help identify their spark and learn how they can follow their passion to improve the health of their own communities.

If you are interested in the areas of nutrition, gardening, cooking, yoga, exercise, healthy relationships, emotional wellbeing or other wellness topics then this retreat is for you! You will explore a variety of these areas through experiential learning and then you will get to brainstorm how you may use your passion to help others in your community.

4-H Healthy Living is unveiling a new Ambassadors program and will identify a team of teen ambassadors to lead Healthy Living programs in their regions. Come attend the retreat to learn more! To register, visit <https://www.extension.iastate.edu/4h/healthy-living-retreat>

Registration cost is \$50 for 4-H members and \$75 for non-4-H members. **Jefferson County 4-H will sponsor any of our 4-H members to attend this retreat!** Contact Rachel for details.

Jefferson County 4-H Family Newsletter

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