Central Iowa Early Care & Education Symposium

Saturday, April 13, 2019
9:00 am — 4:00 pm

Des Moines Area Community College
Newton Campus
600 N 2nd Ave W
Newton, Iowa

Six hours of DHS approved training credit available
ALL classes are NAC approved

Date: Saturday, April 13, 2019

Time: Check-in/Registration/Coffee begins at 8:00 AM. Training begins promptly at 9:00 AM and runs through 4:00 PM.

Registration:

- Early Bird: $35 (before April 1st)
- Late: $50 (call for availability)

Registrations will be limited to the first 100 paid participants!
Priority will be given to Jasper, Poweshiek, & Marion County providers.

Registration will be on the second floor of the DMACC building
600 N. 2nd Ave. W.
Newton, Iowa 50208

Enter Main DMACC doors on south side of building.
Take stairs or elevator to the second floor.

Session selections: Please rank your first, second, and third choice on your registration form.
Sessions will be filled on a first-come first-served basis as registration forms and payment are received in our office.

Walk-ins and late registrations:
will only be accepted on a space available basis.
Lunch may not be available for walk-ins.
Walk-in and late registration fee: $50

Lunch: Available to all paid pre-registered participants.

Training certificates: Six hours of DHS approved training credit will be available to participants who attend both morning and afternoon sessions.

Cancellations and refunds: Cancellations made before April 1, 2019 will receive a refund of their registration fee minus a $10 processing fee. Please note that refund checks take 2-4 weeks. No refund will be available for cancellations on or after April 1.

Substitutions: Substitutions made after April 1 will be charged a $10 processing fee.
NO substitutions allowed the day of the symposium!

Door prizes: Drawings will be held at the end of the day. Must be present to win.

General Information: Conference rooms vary in temperature, please dress in layers!

Free Fingerprinting Available: 8:00—9:00 am
PHOTO ID REQUIRED -
Center Staff must bring their own fingerprint cards. Finger print cards for home providers will be available.
Responsive Care

(2 hours)   NAC Approved

Jo Stone, Early Childhood Educator

Children are born with the need and desire to connect with those around them. When providers establish positive relationships with children from birth through the early years children feel safe and secure, laying the foundation for healthy social and emotional development. Responsive care affects how children experience the world, express themselves, manage their emotions, and establish positive relationships with others.

Just a Bite: Managing Food Allergies in Child Care

(2 hours)   CACFP Approved, NAC Approved

Sara Sprouse, ISU Extension and Outreach, Human Sciences Specialist, Nutrition and Wellness

Learn about the signs and symptoms of food allergies, common food allergens for children, and current food labeling laws and regulations pertaining to potential food allergens. Practice altering menus to avoid food allergens and reading labels to identify food allergens.

Flora, Fauna, and Family Engagement

(2 hours)   NAC Approved

Joy Rouse, ISU Extension and Outreach, Human Sciences Specialist, Family Life

Research highlights the positive outcomes for children when early childhood professionals and their programs engage more collaboratively with families. Learn how you can combine the increased emphasis on outdoor nature-based play experiences for children with family engagement. Explore what it means to engage families, discover new outdoor nature-based play resources, and create an action plan that builds upon high quality best practices.
Keynote Address

The Marvel of Trauma-Informed Care in Early Childhood: A SuperPowerful Approach to the Universal Experience of Adversity

(2 Hours) NAC Approved

Dr. Amy Shriver, MD FAAP General Pediatrician Blank Children’s Pediatric Clinic at Blank Children’s Hospital in Des Moines Iowa.

The experience of adversity or stress is universal. But when the youngest among us become exposed to toxic levels of stress, results can be devastating for behavior, development, relationships, and overall health. Utilizing the neuroscience of ACES research, primary care providers, early childhood educators, and other professionals working with children and families are becoming heroes through the tools and techniques of trauma-informed care to triumph over adversity.

Amy Shriver, MD, FAAP is an Adjunct Professor of Pediatrics at Des Moines University and the University of Iowa Carver College of Medicine Department of Pediatrics. Dr. Shriver is a primary care pediatrician serving a high-risk population. Her primary focus is on improved screening, early identification and referrals for toxic stress and unmet social needs for pediatric patients and families. She believes that primary care providers serve as the gateway to reaching families and effectively addressing needs through care coordination and connections to community services. Dr. Shriver is a consultant for the Central Iowa ACES 360 Pediatric Project, which develops training modules and provides technical assistance and a framework for infusing trauma-informed care policies and practices into primary care clinics across Iowa. Dr. Shriver works closely with child advocacy organizations across the state. She is a board member of Prevent Child Abuse Iowa and the Medical Director for Reach Out and Read Iowa. She was one of the co-founders of the Blank Foster Care Center. She is a member of the Iowa State Children’s Mental Health Advisory Workgroup and recently appointed to the Medical Assistance Advisory Group. The Iowa Association for the Education of the Young Child has awarded Dr. Shriver the 2018 Children’s Champion Award.
Growing Like a Read

(2 hours)  NAC Approved

Jo Stone, Early Childhood Educator

Literacy is not a set of isolated skills that children learn when they go to school. Literacy is a fluid process that begins at birth. Literacy activities for infants and toddlers involve more than just reading. Every new activity and experience you provide encourages brain connections – connections that children will potentially use throughout their lifetime.

Partnering With Parents: Providing Family-Centered Care

(2 hours)  NAC Approved

Celia Priebe Shedd, Lecturer, Iowa State University

This presentation is an introduction to building partnerships with parents and families. Many people are very comfortable working with children, but are nervous or uncomfortable working with families. We will cover the benefits of working with families, five principles of family-center care, and effective short-term and long-term strategies to implement these principles.

Baby Signs

(2 hours)  NAC Approved  Class size is limited

Anne-Michelle Pedersen, Itinerant Teacher of the Deaf/Hard of Hearing, Heartland Area Education Agency

This workshop is specially designed for parents, grandparents, and other caregivers of children ages birth – 24 months old. The workshop will teach you some basic sign language so you can begin using Baby Signs in your program or with the infants and toddlers in your life.
SESSION SELECTIONS:

Some class sizes are limited
Please rank your first, second, and third choice for each session by writing a 1, 2, or 3 by your selections

Sessions will be filled on a first-come first-served basis as registration forms and payment are received in our office.
If you do not rank sessions in order of preference (1, 2, & 3), sessions will be assigned based on availability.

MORNING SESSION (9:00 am—11:00 am)

_____ Responsive Care
_____ Just a Bite: Managing Food Allergies in Child Care
_____ Flora, Fauna, and Family Engagement

AFTERNOON SESSION A (11:45 am—1:45 pm)

_____ The Marvel of Trauma-Informed Care in Early Childhood: A SuperPowerful Approach to the Universal Experience of Adversity (Keynote)

AFTERNOON SESSION B (2:00 pm—4:00 pm)

_____ Growing Like a Read
_____ Partnering with Parents: Providing Family-Centered Care
_____ Baby Signs (class size is limited)

Registration Form

All registrations must be received by Monday, April 1, 2019

Name:____________________________________________________
Address:__________________________________________________
City, State, Zip:____________________________________________
Phone Number:____________________________________________
Email:____________________________________________________
County:___________________________________________________

Circle type of care: Center      Preschool      Registered Home
Unregistered Care      Care for family or friends

A lunch will be provided. Special dietary options listed below
_____ I need a vegetarian lunch
_____ I need gluten-free lunch

Symposium Registration Instructions:

$35  (Lunch included)
Late Registration fee: $50  (After April 1 - call for availability)

1. Register to attend on the DHS Training Registry

2. Then fill out this form. Making sure you rank your choices. Mark your 1st, 2nd, & 3rd choice in each session.

3. Make checks payable to:

Iowa State University Extension & Outreach, Jasper County

4. Mail payment and this registration form to:

Iowa State University Extension, ECE Symposium
550 N. 2nd Ave W.
Newton, Iowa 50208

Questions? Call Carol: 641-792-KIDS (5437)
Denice Fischer, Program Coordinator, fischerd@iastate.edu
Carol Camp, Consultant, campc@iastate.edu

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