



Have a hard time making it to 4-H meetings?  
Want to further explore your own interests through your 4-H project?

## Become an Independent 4-H'er

The program is primarily geared towards 4-H'ers in high school.

### Required elements include:

- Completing a record book by October 1st
- Working in the 4-H Food Stand
- Attending a meeting with Extension Staff before beginning the 4-H year
- Reporting to your advisor once a month by phone, e-mail or face-to-face



### Independent 4-H'ers must also complete **three project options**:

- Completing a citizenship project,
- Giving a presentation at a 4-H meeting
- Volunteering at a County Activity
- Helping a Younger 4-H'er prepare an exhibit for the Fair
- Presenting a county project workshop
- Another idea as approved by your advisor and the CEO

Independent 4-H'ers may belong to a community or specialty club, but do not have to meet the club's attendance requirements, as long as they satisfactorily complete the Independent 4-H requirements. Independent 4-H'ers who do not meet the above requirements will not be able to enroll as an Independent 4-H'er in future years. Independent 4-H'ers have an additional record form to return to the CEO, along with their record book.

Advisors must meet the 4-H Leader requirements as stated by Iowa State University and the Jackson County Extension Office.