Youth and 4-H

4-H Personal Goal Record

Name _____

Current Year **(as of September 15)** _____ **Grade** _____

Set 4-H goals each year to improve personal skills, to increase participation in your 4-H group, or to help other people. A minimum of two goals each year is suggested. (**Do not include project related goals here**; include these on the project record form 4H-96 A-C.) Possible personal goals might include:

1. To arrive on time at 4-H meetings this year.
2. To attend 4-H camp this summer.

Goals (each statement should include the **Action** (How) **Result** (What) **Timetable** (When) of your plans.	**Date Completed**

List below what you do to reach your personal goals. Record things you do throughout the year.

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Evaluation:

Tell what you learned, how you feel, and/or how you have grown or changed by reaching your 4-H personal goals. If you changed your goals during the year, that's okay; you may want to include why, what worked and what did not work as you planned.

On a separate sheet of paper you might want to add pictures and clippings that relate to your personal goals. Pictures and clippings related to projects you enrolled in should be included with the 4-H Project Record form 4H-94; those related to other 4-H activities should be included with the 4-H Participation Summary 4H-92.

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