



# Exhibit Goal Sheet

Use this sheet to accompany your fair exhibit on judging day. After fair include this sheet with your project record keeping for project completion recognition. This sheet is also available from the website at: [http://www.extension.iastate.edu/hancock/hancockcounty\\_districtfair](http://www.extension.iastate.edu/hancock/hancockcounty_districtfair)

**Project Area:** Sewing and Needle Arts

**Class:** 10470

**Grade Just Finished:**

**Name:** Sample

**Club:**

**Current Year:**

**Years enrolled in project including this year:**

**My goal: What did you plan to learn or do?**

I wanted to learn how to do cross-stitch from an iron on transfer pattern.

**What I did in achieving my goal (in steps): What steps did you take to learn or do this? What decisions did you make in accomplishing your goal?**

1. I picked the design or letters to put on my towel. Why did you make that decision?
2. I picked the embroidery floss color that I wanted and cut a big arm's length. Then I had to separate the strands so I only had two.
3. I threaded the needle and tied a small knot at the end.
4. I started the cross-stitch pattern being careful to always work the same direction and go back into the same hole when I was doing stitches that were right beside each other.
5. I had to take stitches out if they got too big or the angle was different from other stitches, or if I did not get the pattern underneath all the way covered up.
6. I had to tie off the floss at the backside of my pattern when I ran out of thread or if I needed to move to a faraway spot on my towel.

**What I learned: What were the most important things you learned?**

- Be careful not to slide the iron or the transfer will smear.
- Always come up from the bottom side of the towel so the pretty part is always on the top.
- Hold the thread folded over with my thumb while stitching so I don't pull the needle off the thread.
- Pull the stitches to the same tightness so they look uniform and I don't end up with loose thread.
- How to thread the needle, over and over and over...
- It is hard to tie multiple knots over top of each other on the floss.

SAMPLE