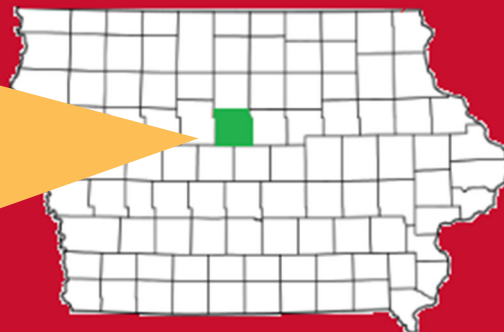


HAMILTON  
COUNTY



**4-H**  
GROWS HERE



## WELCOME TO HAMILTON COUNTY 4-H!

*We're so glad you joined!* This guide is designed help you begin your journey in 4-H. If you have questions, your club leader is available to help, as is Brynna Baumhover, our County Youth Coordinator.

*Ready to get started? Well then, let's go!*

### *First off, the important stuff—contact information!*

In the note to the left, fill out your 4-H club's name and leader contact information so you always have it handy for when questions arise.

### *Need an answer now and can't get in touch with your leader(s)?*

Stop into or contact the Iowa State University (ISU) Extension and Outreach, Hamilton County office anytime Monday through Friday from 8:00 a.m. to 4:30 p.m.

Our office is located at:  
**311 Bank Street in Webster City**

Or you can call or email Brynna at:  
**515-832-9597**  
**[brynnab@iastate.edu](mailto:brynnab@iastate.edu)**

You can also visit our website:  
**[extension.iastate.edu/hamilton](http://extension.iastate.edu/hamilton)**  
Find us on Facebook:  
**[facebook.com/hamiltonco4H](https://www.facebook.com/hamiltonco4H)**  
And follow us on Instagram:  
**[@hamilton.county4h](https://www.instagram.com/hamilton.county4h)**

---

***My 4-H Club Name***

---

***My Club Leader's Name***

---

***My Club Leader's Phone Number***

---



IOWA STATE UNIVERSITY  
Extension and Outreach

# 4-H Facts — Information to Help You!

*As a new 4-H member, there is lots to do and learn!* Here are a few fun facts that will help you be successful throughout your 4-H journey.

---

## What is 4-H?

4-H is a community of young people across America who are learning leadership, citizenship and life skills.



## 4-H Pledge

I pledge my **HEAD** to **CLEARER THINKING**,  
my **HEART** to **GREATER LOYALTY**,  
my **HANDS** to **LARGER SERVICE**,  
and my **HEALTH** to **BETTER LIVING**,  
for my club, my community,  
my country, and my world.

## What are the 4-H Colors?

**GREEN** — symbolizes life, springtime and youth.

---

## DID YOU KNOW? THERE ARE 3 LEVELS IN 4-H!

- **Grades 4 through 6** are considered **Junior** Level 4-H Members
  - **Grades 7 through 8** are considered **Intermediate** Level 4-H Members
  - **Grades 9 through 12** are considered **Senior** Level 4-H Members
- 

## A 4-H CLUB GENERALLY ELECTS SEVEN OFFICERS!

Let's take a look at each office and its respective responsibilities.

**President** — conducts meetings and appoints committees.

**Vice President** — in charge of the program plans.

**Secretary** — keeps minutes and attendance records.

**Treasurer** — submits club bills and deposits, reconciles accounts.

**Recreation Leader** — helps plan parties and leads games.

**Reporter** — writes newspaper stories about club events.

**Historian** — keeps a lasting record of the club's yearly story.

Each club is unique and may not appoint all of the offices above, or may have different officers with different responsibilities!

# 4-H Vocabulary—Talk the Talk!

***As a new 4-H member, you will hear lots of new words and phrases.*** Let us help you decipher what some of the key 4-H terms mean.

**4-H Online:** This online record provides the Extension and Outreach Office with your membership information. It includes your name, address, phone number and project areas you have selected for the year.

**Conference Judging:** This method of judging is used for static exhibits at the county fair. A 4-H member discusses their work with the judge. The judge determines the ribbon placing and the item is put on display during the fair.

**Exhibits:** A 4-H exhibit is an item resulting from project work that the 4-H member has chosen to bring to fair and have evaluated by a judge. For example, a 4-H member may enroll in the woodworking project area, and choose to bring a birdhouse (that he/she constructed) to the fair.

**Identification Forms:** All animals that are part of a 4-H project must be identified. Market animals will have identification forms completed at their respective weigh-ins. Other animals have separate identification sheets. Check with the Extension and Outreach office for specific deadlines.

**Project:** A 4-H project is an area of emphasis in which a 4-H member enrolls, studies, learns and keeps records. A “Pick-A-Project” paper lists all of the project areas in 4-H from A to Z. Examples of project areas include: photography, consumer management or horticulture.

**Static Exhibits:** This term is used to refer to non-animal exhibits, such as photography, food and nutrition, child development, woodworking, sewing, consumer management, clothing and fashion, and more!

**YQCA:** YQCA stands for Youth for the Quality Care of Animals. It is a required training for any and all 4-H members showing livestock at the fair. YQCA focuses on proper care of animals. YQCA training dates and locations will be posted in monthly 4-H newsletters.

# 4-H Member, Club and Family Information

As a new 4-H member, you and your family have lots of new opportunities! Let's look at what it means to be a 4-H member, what 4-H clubs actually do, and how your family can also participate!

---

## 4-H MEMBERS

As a 4-H MEMBER, you are expected to:

1. Attend and participate in monthly club meetings.
2. Do an educational presentation at your club meeting.
3. Participate in club community service projects.
4. Explore project areas that interest you.
5. Take part in activities, camps, project workshops and more!
6. HAVE FUN!

\*\*\* Exhibiting at the county and/or state fair is a highlight each year for many 4-H members. Youth are encouraged, but not required, to showcase project work at the county and/or state fair.

\*\*\* Additionally, keeping records of project work throughout the year is strongly encouraged. Specific forms are available on our website or at our office.

---

## 4-H CLUBS

What does a **4-H Club** do?

Most clubs meet monthly with a year-long plan for their program. A 4-H Club elects its own officers and conducts its own business. Each meeting usually includes one or more presentation by club members. Meetings may also include presentations by leaders, parents and/or experts; recreation and/or games; family nights; and/or field trips. Most 4-H clubs also do a variety of community service projects which are decided upon and completed by club members.

*Generally, a club meeting consists of calling the meeting to order, the Pledge of Allegiance and the 4-H pledge, roll call and minutes of the last meeting, the treasurer's report, reports from committees, old business (things talked about before), new business (new ideas, activities and plans), and then adjourning (ending) of the business meeting. Educational presentations, fun activities, and/or refreshments generally occur before or after the meeting.*

---

## 4-H FAMILIES

The 4-H program encourages parents, guardians, grandparents and other family members to help the 4-H member with his/her projects. Here are some suggestions:

- Help youth select projects that relate to their interests and hobbies.
- Attend club meetings with the 4-H member and volunteer to help as the need arises (i.e., chaperone, hostess, an extra set of hands)
- Give encouragement and supervision, but allow the 4-H member to do his/her own work. Be positive! Praise their successes and be there to help when they struggle.
- Help youth develop a record keeping system for their project work.
- Read the 4-H Newsletter and help youth stay up-to-date on deadlines, rules, dates, upcoming events, etc.
- Seek help from club leaders, ISU Extension and Outreach staff, other 4-H members and parents, industry experts, etc.



HAMILTON COUNTY || SEPTEMBER 2021-AUGUST 2022

# CALENDAR

The below calendar showcases the typical 4-H Year for Hamilton County. The calendar is not all-inclusive, but does list most of our important events and deadlines. See our monthly newsletter for more information and updates.

## SEPTEMBER

- 15th: Enrollment begins in 4hOnline
- 15th: Record Books Due to Extension Office from Leaders for Awards Consideration

## OCTOBER

- 3rd-9th: National 4-H Week
- 3rd: Awards Banquet & Bingo

## NOVEMBER

- 1st: Leader Packets Due to Extension Office
- 1st: Annual Volunteer Training

## DECEMBER

- TBA: Ham. Co 4-H Foundation Annual Meeting
- 18th: Market Beef Weigh In

## JANUARY

- 15th: [Pioneer Seed Grant Applications](#) Due to Iowa 4-H Foundation

## FEBRUARY

- 1st: Iowa 4-H Foundation Scholarships Due
- 1st: State Recognition Applications Due
- 1st: Market Beef IDed in 4hOnline Deadline

## MARCH

- Date TBA: State Recognition Interviews

## APRIL

- 1st: Swine Tag Pick Up Begins
- 30th: Market Goat/Sheep Weigh In

## MAY

- 15th: Livestock IDed in 4hOnline
- 15th: YQCA Training Deadline
- 15th: Swine Tag Pick Up Ends
- 16th: FairEntry Opens

## JUNE

- 1st: Hamilton Co 4-H Foundation Scholarships Due
- 15th: FairEntry Deadline
- 18th: County Communications
- 23rd: Awardrobe Judging
- 28th-30th: Youth Conference, Ames

## JULY

- 1st: Iowa State Fair Livestock Entries Due
- 17th: Club Booth Set Up
- 18th: Static Exhibit Judging Day
- 19th: Ag Olympics
- 19th-24th: Hamilton County Fair
- 31st: 4-H Day at Adventureland

## AUGUST

- 5th: State Fair Static Entries to Extension Office
- 11th-21st: Iowa State Fair

### Questions? Contact us!

**Bryinna Baumhover**  
County Youth Coordinator  
Phone: 515-832-9597  
Email: brynnab@iastate.edu

**Stacie Iles**  
Office Manager  
Phone: 515-832-9597  
Email: siles@iastate.edu



IOWA STATE UNIVERSITY  
Extension and Outreach