The Guthrie County Extension office is gathering information, so we can better serve the citizens of Guthrie County. Your answers will help us determine programming needs. You may skip any question you can't (or wish not to) answer. Individual responses will not be shared.

The survey will close on March 30th.

If you answer the survey you will be entered to win a gift certificate to Casey's General Store.

Please consider taking 5 minutes to answer the survey so we will be able to better serve our county.

Needs Assessment Link:
https://goo.gl/forms/29ZaCQq6nCiCkgvm1
Guthrie County STEM Fest

STEM Fest 2019 will be held March 30th at Panorama High School from 1:00 pm to 4:00 pm! Kids age kindergarten to 6th grade are welcome to attend and walk through the almost 30 booths we will have! Businesses and organizations throughout the county and state will be in attendance to teach kids about STEM related jobs and activities! Learn about artifacts with the Blank Park Zoo, create germination necklaces with the Guthrie County Farm Bureau, explore how to listen to a heartbeat and check your pules with the Lakeside Village, count change into a piggy bank with Edward Jones and so much more! We are looking forward to exploring STEM with you on March 30th! If you have any questions contact the Guthrie County Extension office at 641-747-2276.

Now Hiring: Two Summer Program Assistants

We are currently taking applications for two summer program assistants for approximately 12 weeks. This temporary position is 32-40 hrs/week. The assistants will assist the Youth Coordinator and Program Coordinator with programming needs, day camps, Guthrie County Fair, etc. Valid driver's license and access to transportation required. Applications will be taken through Wednesday, March 20th, 2019. To review the job description and obtain a copy of the application please visit our website at: https://www.extension.iastate.edu/guthrie/news/summer-program-assistant

Send the application, cover letter, and resume to Krista Downing Guthrie County Extension, 212 State St., Guthrie Center, Iowa 50115 or email to Krista at kristad@iastate.edu. Applications are due by March 20th, 2019.

Iowa State University and Guthrie County Extension is an Affirmative Action/EEO Employer
Private Pesticide Applicator Training
Last Chance Re-Show

Guthrie County Extension & Outreach will be hosting a PPAT Last Chance Re-Show on April 12th at 9:30 am to 11:30 am. If you missed PPAT in February and still need to attend a training this year please plan to attend.

Contact the Extension Office at 641-747-2276 with any questions.
2019 Extension Calendar

**March**
6 – CIC Ornamental Turf, 9:00-11:30, Extension Office
6 – Wildcat Clovers Meeting, 3:30-5:00, School
7 – Crop Fair, 9:00-12:00, Coon Rapids Legion
8 – Healthy Relationship Education Training, Extension Office
13 – Panther Clovers Meeting, 3:45-5:00, Library
20 – Summer Assistant Applications Due, 4:30
21 – GC Clovers Meeting, 3:30-5:00, School
27 – AC Clovers Meeting, 3:30-5:00, School
27 – Extension Council Meeting, 7:00 pm, Extension Office
30 – STEM Fest, 1:00-4:00, Panorama High School

**April**
1 – Youth Committee, 7 pm, Extension Office
3 – Wildcat Clovers Meeting, 1:00-2:30, School
7-13 – Extension Week, Check Facebook for more information!
10 – Panther Clovers Meeting, 3:45-5:00, Library
11 – Farmers Market Nutrition Training, TBD
12 – PPAT Last Chance Reshow, 9:30-11:30, Extension Office
16 – Grant Writing Workshop, 5:30-8:30, Extension Office
18 – GC Clovers Meeting, 3:30-5:00, School
18 – Earth Day Engineering Day Camp, 9 am - 3 pm, Springbrook
19 – Office Closed for Holiday
24 – AC Clovers Meeting, 3:30-5:00, School
24 – Extension Council Meeting, 7:00 pm, Extension Office
TBD – Swine, Sheep, & Goat Weigh-In, Guthrie County Fairgrounds

**May**
1 – YQCA Training must be completed to show at county or state fair
1 – Wildcat Clovers Meeting, 3:30-5:00, School
4 – Youth Committee, 7 pm, Extension Office
7-8 – Farm Safety Day
8 – Panther Clovers Meeting, 1:00-2:30, Library
15 – All animals must be identified on 4HOnline to be eligible to show at county or state fair
20 – Dog Obedience Meeting, 7:00 pm, Extension Office
28 – Food Preservation 101, 5:30, Extension Office

**June**
3 – Youth Committee, 7 pm, Extension Office
4 – Dog Obedience, 7 pm, Large Showring
11 – Dog Obedience, 7 pm, Large Showring
11-13 – Summer Food STEM Fun, 10:30, Guthrie Center Elementary
18 – Childcare Provider Training Color Me Healthy, 6:30-8:30, Extension Office
18 – Dog Obedience, 7 pm, Large Showring
18-20 – Summer Food STEM Fun, 10:30, Guthrie Center Elementary
25-27 – Iowa 4-H Youth Conference, ISU Campus
25-27 – Summer Food STEM Fun, 10:30, Guthrie Center Elementary
25 – Dog Obedience, 7 pm, Large Showring
TBD – Project Wild Camp, Clover Woods, Madrid
TBD – Horse Clinics

**July**
1 – State Fair Entries due in FairEntry
1 – ALL Static, Clothing, Communications exhibits must be entered in FairEntry
1 – Youth Committee, 7:00, Extension Office
2 – Dog Obedience, 7:00, Large Show Ring
8 – STATIC Judging Day, 1:00-5:00, Fairgrounds
9 – Dog Obedience, 7:00, Large Show Ring
10 – Clothing & Communications Day, 1:00-5:00, The New Homestead
10 – Share the Fun/Fashion Revue, 7:00, The New Homestead
13 – Guthrie County Preview Show, 10:00 am, Large Show Ring
16 – Dog Obedience, 7:00, Large Show Ring
23 – Dog Obedience, 7:00, Large Show Ring
23-28 – National SESS Championship, Grand Island, NE
30 – Dog Obedience, 7:00, Large Show Ring
TBD – Horse Clinics
A two-hour training to introduce you to the Color Me Healthy curriculum.

**A sample of the Color Me Healthy curriculum** will be given to providers that want to increase recognition and consumption of fruits and vegetables and to increase physical activity opportunities for the children in their care.

**WHEN:** Tuesday, June 18, 2019  from 6:30-8:30 pm

**WHERE:** ISU Extension and Outreach– Guthrie County
212 State Street, Guthrie Center, Iowa 50115

**WHO:** Ann Parker, ISU Extension and Outreach Nutrition & Wellness Specialist

**HOW:** Register on the DHS Registry: https://ccmis.dhs.state.ia.us/TrainingRegistry/

**COST:** $15  

**REGISTER BY:** June 15, 2019

The fees for service will be used to offset direct expenses and to support the Human Sciences County Extension Program.

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran. Direct inquiries to the Diversity Officer, 515-294-1460, extdiversity@iastate.edu.
YOUTH SUMMER KITS

GUTHRIE COUNTY EXTENSION AND OUTREACH WILL BE PUTTING TOGETHER YOUTH SUMMER KITS FOR YOUTH TO TAKE HOME FROM OUR PROGRAMS AND BE ENGAGED WITH STEM THROUGHOUT THE SUMMER.

Kits:
- Straw Rockets
- Straw Bridges
- Bubbles
- Shape Math Puzzles
- Weight Balance Scale
- Toothpick Structures
- Color Scavenger Hunt
- Building Towers
- Straw Boats
- Water Balloons
- Paper Plate Maze
- Coding with Cards

THE FOLLOWING ITEMS ARE NEEDED TO MAKE THESE KITS POSSIBLE. IF YOU WOULD LIKE TO CONTRIBUTE, ITEMS CAN BE DROPPED OFF OR SENT TO GUTHRIE COUNTY EXTENSION AND OUTREACH AT 212 STATE STREET GUTHRIE CENTER, IA 50115.

- Deck of Cards
- White Paper Lunch Bag
- Plastic Cups
- Yarn
- Painters Tape
- 3-5 oz Cups
- Paper Plates
- Scotch Tape
- Markers or Crayons
- Marbles
- Plastic Straws
- Mini Marshmallows
- Jumbo Popsicle Sticks
- Plastic Pipettes
- Water Balloons
- Toothpicks
Guthrie County 4-H Day of Service

Guthrie County 4-H Members will be gathering together for a day of service. On this day the youth will help create six projects to be donated to local organizations.

- Tie Blankets
- Hospital Care Kits
- Bed Time Bags
- Military Care Packages
- Braided Dog Toys
- Door Decorations

New Opportunities and 3C's
Tori's Angels
Guthrie County Sheriff's Office and Local Fire Departments
Local Soldiers Currently Deployed
Local Animal Shelters
Local Nursing Homes

To help make these projects possible Guthrie County 4-H is asking for the following donations:

- Books
- Word Search/Sudoku
- Hand Sanitizer
- Chapstick
- Water Bottle
- Tooth Brush
- Tooth Paste
- Floss Picks
- Journal
- Coloring Book
- Crayons/Markers
- Small Blankets
- Small Kleenex
- Lotion
- Card Games
- Stuffed Animals
- Drink Mixes
- Beef Jerky
- Sunflower Seeds/Nuts
- Q-Tips
- Ramen
- Hard Candies
- Fleece - Minimum 1.5 yard pieces

Guthrie County 4-H Day of Service will be June 19th. Donations can be sent to or dropped off at the Guthrie County Extension Office at 212 State Street Guthrie Center, IA 50115.
Wellness & Independence through Nutrition (WIN)

Guthrie County will be a WIN county for 2019. The goal of the Wellness and Independence through Nutrition Program (WIN), formerly known as the Food Assistance Outreach Project, is to reduce hunger in under-served mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

How we're involved: ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+.

Program's Objectives

1. Increase food assistance awareness, enrollment and usage among mid-life and older Iowans ages 50+ years with limited resources currently eligible for, but not enrolled for receiving food assistance.
2. Increase awareness of budget-friendly nutrition practices for mid-life and older adults.
3. Recruit and train ISU Extension volunteer educators advocating the benefits of food assistance programs to target audience.

If you are interested in becoming a WIN Volunteer or know of different areas or groups we can promote the WIN Program to please contact the Extension Office at 641-747-2276.