



Iowa 4-H Requirements for Horse Helmets

Introduction

In 2002, the Iowa 4-H Youth Development Program set the requirement of use of helmets for all 4-H horse-related events across Iowa for safety and liability reasons.

Required

All 4-H-related horse events across the state of Iowa will require the use of ASTM/SEI approved protective headgear for horse exhibitors with chin strap and properly fitted harness when mounted and riding and driving - every time, every ride.

ASTM/SEI horse helmet are required at all times during all 4-H related events; examples would include, but are not limited to county workshops, specific 4-H classes in open horse shows, practices, trail rides, drill teams, fairs, parades, etc. EVERY TIME, EVERY RIDE.

Role of Parents and Volunteers

As a parent or volunteer adult leaders, your efforts in modeling this behavior and expectations with helmets is strongly encouraged.

Consequences:

Participation in Iowa 4-H-related horse events will be eliminated if helmets are not worn.

IOWA STATE UNIVERSITY
Extension and Outreach

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