

WHAT WE WANT #STRONGIOWA

2018 IN FREMONT COUNTY

Iowa State University Extension and Outreach has been connecting the needs of Fremont County residents with Iowa State University research and resources for 100 years. We plan to be here for the next 100, working for what we all want: a strong Iowa.

Fremont County Extension Council

Every Iowa county has an elected extension council that guides local programming through staff members and volunteers. For the past century, the people of Fremont County have determined the needs of their communities, and ensured these needs would be met through effective education and partnerships. Since 1918, our focus has been:

- Economic Development
- Food and the Environment
- Health and Well-being
- Youth Outreach

Extension Council meeting, 1955



Showing new gopher traps, 1925

Economic Development

For 100 years, Fremont County Extension has aimed to help local residents be profitable. We have introduced better field and livestock practices, and worked with communities to address issues that may have been thwarting success.

Since 1963, we've served as a link between local businesses and CIRAS (Center for Industrial Research and Service). Other partners include Hometown Pride, FREDCO (Fremont County Economic Development Corporation), and MINK (Missouri, Iowa, Nebraska, Kansas Missouri River Corridor, Inc.) Each of these organizations shares our vision for a #StrongIowa!

Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

** indicates outgoing after 2018; +indicates incoming in 2019*

Alan Ladd
Regional Director

Jeffrey Johnson
Council Chair

***Kerry Aistrop**
Council Secretary

Stacy Burge
Council Member

***David Carter**
Council Member

Scott Lowthorp
Council Vice-Chair

Amanda Moore
Council Treasurer

Randy Owen
Council Member

Kayla Walter
Council Member

+Colleen Crom
Council Member

+Tiffany Doyle
Council Member

+Brian Langner
Council Member



Home Management Training School, 1923
Health and Well-Being

“In 1934, 123 boys and girls were examined with Bob McMullen and Francis Givens being determined to be the healthiest boy and girl in the county.” Health and well-being has been a priority since our inception, but the ways in which we deliver related programming have changed dramatically.

GSF (Growing Strong Families) serves families with children prenatal-5 years of age through home visitation, resulting in increased knowledge about child development and parenting. Participants are also connected to community resources and social networks designed to offer support and services.

Food and Environment

Managing weeds, insects, and other pests have been a mainstay in Extension programming from the beginning. In 1977, the Federal Government began requiring training for pesticide applicators, and we were there, ready to serve our community. We continue to offer Private and Commercial Applicator Trainings to area producers, operating as a link between Fremont County and the Iowa Department of Agriculture and Land Stewardship.

We also serve as the local connection for YQCA (Youth for the Quality Care of Animals) training, designed to teach young people about food producers’ commitment to supplying safe consumable products.

County Extension Staff

Mandy Maher
County Program
Coordinator

Heidi Lowthorp
Growing Strong Families
Parent Educator

Logan Doty
County Youth Coordinator

Lynda Marshall
Office Assistant

Left Photo: This black and white photo from 1923 features about 25 women gathered around a table, learning the latest in food preservation. Similarly, 26 participants learned about safe food strategies this past year in our ServSafe and Cook Now, Enjoy Later courses.

K-12 Youth Outreach

In its first year, Fremont County Extension established Boys & Girls Clubs, Beef Clubs, Corn Clubs, and Pig Clubs. Through the years, those various clubs have evolved into 4-H and Clover Kids, and these youth organizations are thriving in Fremont County!

Since the 1970’s, Fremont County 4-Hers have embraced the opportunity to travel to Washington D.C. as part of CWF (Citizenship Washington Focus). This year, 21 high school students and 4 adult volunteers spent a week in the nation’s capital, immersed in government, history, and civic engagement.

Day and overnight camps have been a preferred delivery method for decades, and this year was no exception. Local camping opportunities included Junior Overnight, Waubonsie Horse Camp, Ricochet, Bubbles Day Camp and Farm to Fork Day Camp. Over 100 youth participated in 2018. Just imagine how many young lives have been impacted by Fremont County Extension since we were established 100 years ago.

Bringing research-based education to existing after-school programs has been an effective way to share resources within our communities. Current partners include the Hamburg School and the Randolph Public Library. We are committed to a #StrongIowa.

ISU Extension and Outreach Fremont County

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The new McElroy Building, 1956

