

BUILDING A #STRONGIOWA

FREMONT COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State University research and resources. We are working with the people of Fremont County for what we all want: a strong Iowa.

Fremont County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Economic Development
- Food and the Environment
- Health and Well-being
- K-12 Youth Outreach



Economic Development

Since 1963, The Center for Industrial Research and Service (CIRAS) has delivered proven services to enhance the performance of industry. It's approach creates specific solutions, allowing businesses, and their communities, to grow and prosper. Fremont County Extension partnered with CIRAS over the past year to bring an average return on investment of 200% to thirty-one local businesses. Other partners include Keep Iowa Beautiful: Hometown Pride, Fremont County Economic Development Corporation (FREDCO), and Missouri, Iowa, Nebraska, Kansas (MINK) Missouri River Corridor, Inc. Each shares our vision for a #StrongIowa!.



Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Jeffrey Johnson
Extension Council Chair

Kerry Aistrop
Council Member

Amanda Moore
Council Member

Alan Ladd
Regional Director

Stacy Burge
Council Member

Randy Owen
Council Member

David Carter
Council Member

Kayla Walter
Council Member

Scott Lowthorp
Council Member

Stacey Rycroft
Former Council Member

IN 2017

Health and Well-Being

Last year, ten food service providers attended Fremont County's ServSafe® class where they learned practices to reduce food-borne illnesses and other food industry hazards.

Growing Strong Families serves households with children prenatal-5 years of age through home visitation. In 2017, thirty-six families and sixty children participated in nearly 400 visits. The results were increased knowledge about child development and parenting, increased social supports, and increased connection to community supports.

Over the past year, Fremont County Extension worked closely with Human Sciences Specialists to bring Child Care Provider trainings to the local area, and promoted healthy lifestyles at several health fairs and festivals.

Food and Environment

Through our partnership with Women, Land & Legacy of Southwest Iowa (WLL), we bring relevant information, speakers and resources that educate and empower women in Agriculture. Last year, nearly 150 women were engaged in Women, Land & Legacy programming.

Bread In A Bag is an in-school youth program for 4th graders. In 2017, eighty-seven students participated in this special Fremont County tradition designed to increase the consumption of whole grains. At the end of the program, children knew what ingredients were in their bread, how to read food labels, and how grain in a field becomes a consumable product.

We serve as the local connection for Pesticide Applicators to the Iowa Department of Agriculture and Land Stewardship. Fremont County Extension hosted annual training for 154 licensed applicators last year. These trainings are proven to be effective in helping producers increase yields as they implement best practices for protecting natural resources. Food Safety Quality Assurance strives to teach youth who participate in 4-H meat and dairy

projects about the producers' role in supplying safe consumable products. This training was completed by thirty-nine students in 2017.

K-12 Youth Outreach

In 2017, Fremont County Extension partnered with area schools to provide programming in the areas of STEM, robotics and early literacy.

Last year's summer day camps impacted 40 youth. At Fine Arts Camp, youth learned how fine arts relate to careers while exploring the FLEx Trailer. The Forward Learning Experience (FLEx) allows participants to explore virtual reality, immersive visualization, interactive circuit building, and 3-D printing. At Owl Camp, participants dissected owl pellets, interacted with live owls, and went on an "owl prow!" at Waubonsie State Park.

4-H, a national organization that utilizes experiential learning and youth-adult partnerships to empower members to reach their full potential, engaged 188 4th-12th graders in five community clubs and one specialty club. Another 82 Fremont County youth participated in Clover Kids, a fun and interactive program for youth in grades K-3rd. 4-H'ers participated in numerous day and overnight camping experiences such as County Council Retreat, Junior Overnight, Waubonsie Horse Camp, Camp Wild, and Intermediate Adventure. The highlight of the year takes place in July, when 4-H projects are exhibited at the county fair.

Our tradition of excellent programming continues as we work with the people of Fremont County for a #strongiowa!

ISU Extension and Outreach Fremont County

610 Clay St. | PO Box 420

Sidney, IA 51652

(712) 374-2351

www.extension.iastate.edu/fremont



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County Extension Staff

Mandy Maher
County Program
Coordinator

Heidi Lowthorp
Growing Strong Families
Parent Educator

Logan Doty
County Youth Coordinator

Lynda Marshall
Office Assistant

