

## **Say It, Set It, Strut It Help Sheet**

Check in at the check in table to get your entry card

Check the schedule to see when you are being judged for each event

When it is your turn to see the judge

- Take your entry card according to the project
- Take your report form (write up)

After you have been judged, they will give you back your entry card

Bring the entry card to the check in table so we can record your ribbon placement

### **Say It**

#### Extemporaneous Speaking

- Open to all Senior level 4-H'ers
- Participants will draw a topic and have 30 minutes prep time – participant may ask for a note card for notes to use during the presentation
- Presentation may be no longer than 6 minutes
- Further clarification on the rules can be found in the fair book on our website

#### Educational Presentation

- Each exhibitor will need to have a educational presentation report form filled out prior to judging (form can be found on our website)
- Can be given as an individual or a group
- Junior members should not exceed 15 minutes and int/senior members should not exceed 20 minutes
- Further clarification on rules can be found in the fair book on our website

### **Set It**

#### Table Setting

- Exhibitors may choose to do a casual or formal table setting
- Each exhibitor will need to have a table setting report form filled out prior to judging (form can be found on our website)
- Grand Champion for Junior Casual, Junior Formal, Intermediate Casual, Int Formal, Senior Casual, and Senior Formal will all advance to the Southwest Area Table Setting in Atlantic on August 7<sup>th</sup> – If grand champion declines, reserve champion will get the opportunity to go.

- Further clarification on rules for each clothing event can be found in our fair book section under the County Fair tab on our website.

### Clothing Selection

- For selected or purchased outfits that represent the 4-H member's goal or intended use based on individual or group experiences: choosing shopping alternatives; evaluating fit, quality, and construction features; and comparing prices.

### Fashion Review

- For clothing project area members who will model an outfit of one to three pieces that they have constructed, hand-knitted, machine-knitted, or crocheted during the current 4-H year.

### \$15 Challenge

- For 4-H members to model an outfit purchased for \$15 or less from resale venues such as garage sales, consignment, or thrift stores, etc., that represents an intended use for the selected outfit. The participant should have an individual or group experience: choosing shopping alternatives; evaluating fit, quality, and construction features; and comparing prices. A receipt is required.

Further clarification on rules for each clothing event can be found in our fair book section under the County Fair tab on our website. Each member will need to have the clothing event report form filled out and with them to be judged. You will also need the fashion review narrative filled out to be turned in at the time of judging for the fashion show during the presentation of awards.

**All forms are available on our website under the County Fair 4-H, FFA, and Clover Kids Forms ([County Fair | Iowa State University Extension and Outreach Fremont County \(iastate.edu\)](#)).**