

PRESERVED FOOD 4-H EXHIBIT LABEL

Type of food _____
Method of preservation _____
Processing time _____
Pressure (if appropriate) _____
Date processed & Location _____
Source of recipe _____

**Print on Avery labels #5163,
2" x 4", 10 per page**

Page 2 = 10 Labels

**Print page 2 alone for
10 complete labels**

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