

Franklin County 4-H Sewing/Citizenship Challenge 2023

Flannel Self Binding Blanket

Modified instructions by JOANN | Item # 522370167P42

Supplies:

1 ¼ yard flannel (front) of 45" wide fabric

1 ½ yard flannel (back) of 45" wide fabric

Disappearing fabric marking pen

Basic sewing supplies

Directions:

1. Prepare the Fabric:

Cut the front fabric to 38"x 38".

Cut the back fabric to 44"x 44" (42" x 42": some flannels are only 42" wide)

Mark the centers of each side edge on both squares.

On just the front square, mark 1/2" from each corner. **These marks will indicate where the stitching will stop during blanket assembly.**

2. Sew the Edges:

With right sides together, match the centers of the front square sides to the back square sides.



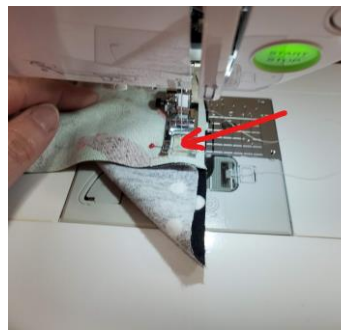
Pin the centers together and continue pinning down the edge until you reach the 1/2" corner mark.

You will have an extra 1" to 3" of backing fabric at each corner, creating bulk as you pin all the sides. Simply keep it out of the way as you pin and as you sew; you will form the binding with it at a later step.



Sew the sides with a 1/2" seam allowance. **Begin and end stitching at the 1/2" corner marks.**

On one side, leave a 5" gap in stitching. This gap will be your opening for turning the blanket right side out after you've finished sewing.

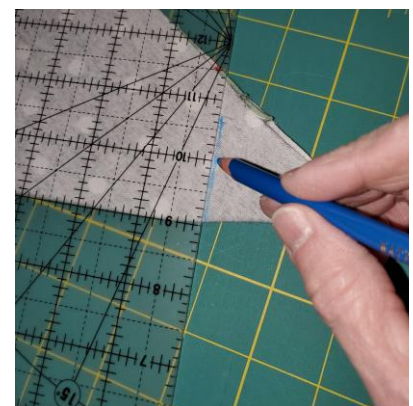
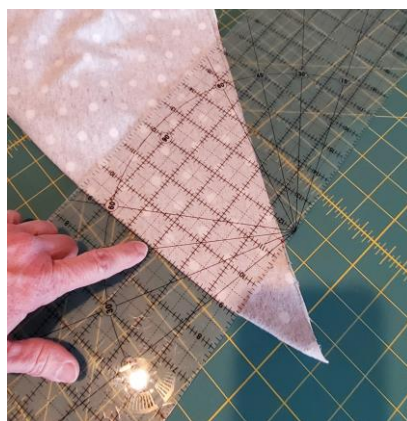


3. Form the Binding:

Fold a blanket corner, matching side edges, with the back side facing you.

Connect the stitch line to the folded edge. The connecting line needs to be perpendicular to the folded edge, see photos.

Mark with a fabric marking pen and repeat for all corners.



Sew along the marked lines and trim corner to 1/2" seam allowance.

Trim corners of seam allowance close to the stitching, making sure not to cut through the stitching.

With your iron, press the corner seams flat and press the side seams up towards the binding.



4. Finishing the Blanket:

Turn the blanket right side out through the opening and press flat again.

Topstitch the border of the blanket, closing the opening in the process.

