



FRANKLIN COUNTY 4-H NEWS

SAVE THE DATE

- **September 1:** Re-enroll in 4hOnline
- **September 8:** Record Books Due!
- **September 10:** County Youth Council Meeting
- **September 12:** 4-H Youth Committee meeting
- **September 18:** Registration Help Night
- **September 19, 20, & 26:** County 4-H Award Interviews, Trinity Lutheran Church, Hampton
- **September 22-24:** Thrive Mindfulness Retreat
- **October 1,** Harriman-Nielsen Fall Festival, Hampton
- **October 1-7,** National 4-H Week
- **October 6-8:** 4-H Connect Retreat
- **November 12,** Annual County 4-H Awards Night, Franklin County Convention Center

September 2023

A Note from Laela Ragsdale, County Youth Coordinator:

We want to hear how your 4-H year went and remind you to register to interview for County 4-H Awards!!

As a 4-H member there are several opportunities to interview for. Here at the county level you can learn how to interview by registering to do so at our County 4-H Awards interviews September 19, 20, or 26, from 5:00 p.m.- 6:45 p.m., at the Trinity Lutheran Church in Hampton.

Members must fill out the Interview Checklist and select a date and time on the Google Forms. You have the option of recording a self interview and submitting a YouTube video URL by September 19. See instructions on the Checklist.

All members may apply for scholarships to 4-H camps, conferences or trips; to serve on one of our Youth Councils; and up to two TOP project and other available awards! See instructions on the Checklist.

Link to [Checklist](#)

Link to schedule interviews : [Tuesday Sept 19](#), [Wednesday Sept 20](#), [Tuesday Sept 26](#)

We need adult volunteers to help with interviews! This is a rewarding opportunity to get to know our 4-H members. Please let Laela know if you can help - laela@iastate.edu



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Join 4-H this Fall!



Watch our Franklin County Extension Facebook page for announcements of when and where we will be holding Join 4-H events! Current members can re-enroll after September 1 in 4hOnline.

All new 4-H members that join before December 1st will get to join for FREE!

Becky Litterer Inducted into Iowa 4-H Hall of Fame

Becky Litterer of Franklin County was inducted into the 2023 Iowa 4-H Hall of Fame during a ceremony at the 4-H Exhibits Building at the Iowa State Fair on Sunday, Aug. 20.

Becky Litterer has volunteered with 4-H and supported 4-H in many ways. Every year she hosts the annual Bucket of Flowers workshop. She generously donates flowers for the 4-H students to use in their project and teaches them how to plant and care for those flowers. Her contribution to Franklin County 4-H is greatly appreciated.



4hOnline Help Night

Are you new to 4-H, or need help re-enrolling for 4-H or Clover Kids? Visit us on September 18, from 12-7 at the Franklin County Extension Office, for help with 4hOnline enrollment! We will walk you through the enrollment process, and answer any additional questions you have!

4-H Connect

Join us at 4-H Connect Retreat on October 6-8 at Boone Y-Camp. This camp is meant for untapped and underserved youth in grades 7-9 to explore experiential learning opportunities in 4-H. Participants will stay in cabins, explore the outdoors, participate in a number of workshops, fun free-time activities, cultural entertainment, and have the opportunity to meet young people from across Iowa. Register by September 27, cost is \$20 but scholarships are available! Please contact Laela with any questions! Registration and more information located at <https://www.extension.iastate.edu/4h/connect>.

Helping Hands Awards



4-H Club Leaders are encouraged to nominate club members that demonstrated outstanding leadership with your club community service project(s), or club activities this past year. Please send in a list of names and a brief description of why these members have earned this honor. Nominations are due to the Extension Office by **October 5**.

Youth-Adult Mindfulness Retreat

We are excited to invite youth in grades 7-12 and an accompanying caring adult (parent, other adult relative, mentor, etc.) to take time for themselves, step away from the busyness of life, and join us for our the Iowa 4-H Mindfulness Retreat. This weekend experience will present a fun, engaging, and reflective time to learn more about mindfulness and practice a variety of techniques.



September 22-24



Des Moines YMCA Camp in Boone, IA



Space is Limited, Register by September 10!

To register and see more information, visit [here](https://www.extension.iastate.edu/4h/thrive-youth-adult-retreat).

<https://www.extension.iastate.edu/4h/thrive-youth-adult-retreat>

4-H at the H-N Fall Festival!

Youth in grades 4-12 have an opportunity to join 4-H for free at the Harriman-Nielsen Fall Festival, **Sunday, October 1**. 4-H registration forms will be available during the 4-H Club Carnival Games from 1:00 – 3:00 p.m.



Franklin County 4-H clubs have been asked to provide penny carnival type games for visiting children to play. Examples of these types of games would be ring-toss, duck pond, penny pitch, minnow races, cupcake walk, etc. Prizes will be provided by the County 4-H Foundation.

We are also looking for 4-H members willing to bring their 4-H farm animals to the festival. You will be answering questions from the festival visitors about how you raised and cared for your animals from 1:00 – 4:00 p.m.

National 4-H Week

National 4-H Week is October 1-7. Clubs are encouraged to promote 4-H through window displays in businesses in their community. The theme this year is "4-H Is a Feeling."

The 4-H Senior Youth Council will be visiting the 4th grade classes in the county to inform them about 4-H. Please encourage any youth in 4th – 12th grades to join a local club. The State 4-H Development Fee will be waived for any new member joining this fall through December 1st!



**NATIONAL
4-H WEEK**
OCTOBER 1-7, 2023

Volunteer Resources Tips & Tools

First of all, a big thank you to all of our volunteers for your support during the busy summer season! Whether you assisted in summer programming, helped prepare youth for the fair, or spent countless hours assisting at your county fair we thank you! 4-H'ers engage in learning with the support of caring adult volunteers. Iowa 4-H success depends on you, and we thank you for all that you do as a 4-H volunteer!

As you start to think about the new program year ahead there are a few resources to keep in mind that help support you as volunteers in your planning and programming.

From the Volunteer Resources webpage [Volunteer Resources | 4-H Youth Development \(iastate.edu\)](https://iastate.edu/volunteer-resources), under 4-H Club Management you will find the Annual Club Program Plan Guidance and Sample document as well as the Annual Club Program Plan Form. For Clover Kids leaders, you can locate the Annual Clover Kids Club Program Plan Guidance and Sample as well as the Annual Clover Kids Club Program Plan Form under Clover Kids Resources, also on the Volunteer Resources webpage.

The program plans assist leaders in intentionally planning for the program year, as well as considerations for insurance needs, risk management and fundraising, all while ensuring a quality club program experience is being planned. Early planning is the key to success! Work with your County 4-H staff to assist in your program year planning and questions you may have.

As you begin program planning for the year it is also a good time to revisit the Iowa 4-H Risk Management website [4-H Risk Management | 4-H Youth Development \(iastate.edu\)](https://iastate.edu/risk-management) and review the 4-H Risk Management Checklist for Meetings and Events found under the Guidelines section of the risk management webpage. Be sure to connect with your County 4-H staff on all questions related to risk management. Planning ahead leads to a safe and successful 4-H program year!

Volunteer Resources

Program Planning for the 4-H Year!

ANNUAL CLUB PROGRAM PLAN

Iowa 4-H Clubs for Grades 4-12

This form must be uploaded to the 4HOnline club record each program year no later than November 1. Use recommend developmentally appropriate guidelines for clubs that serve grades 4-12. We require a different program plan for each type of club. The leader and/or the 4-H youth staff reviewing the club program plan may use the follow up column to indicate any risk management, logistic, or organizational topics that they want to follow up on together. These could include, but are not limited to: youth/adult ratio, activity insurance, transportation, fundraising, financial, accommodations, allergies, or other risk mitigation.

CLUB NAME		ORGANIZATIONAL CLUB LEADER		
Sample Club Name:		Jill Smith		
MONTH	DATE AND TIME	LOCATION	EDUCATIONAL TOPIC SPECIAL EVENT	FOLLOW UP
September	9-15-21 4:30PM	town name school	Goal setting, program year kick off	activity ideas
October	10-15-21 4:30PM	town name library	active living, off-road education, STEM, technology, trips	activity ideas and info
November	11-15-21 5:00PM	community center	Ed. Prevalence, mental health care, disability	allergies, insurance, transportation, risk management
December	12-15-21 5:00PM	library	carp packages make and deliver	transportation, risk management
January	1-15-22 4:30PM	school	healthy living presentation: Fruit smoothies	
February	2-15-22 5:00PM	town name library	Civ. Eng. Community guest speaker	activity resources
March	3-15-22 5:00PM	town name school	Writer: Connect! Fundraiser: youth assigned genres and activities	Fundraiser: addresses, locations
April	4-15-22 5:00PM	town name library	Readers: Fundraiser: animal genre show presentation activity	fundraiser: address, table, publication
May	5-15-22 5:00PM	town name library	Hansen Farms tour, and activity from tour and presentation topics	transportation, risk management
June	6-15-22 5:00PM	town name library	Fair prep Q&A, review project area goals	project area goals, goal sheets, activity
July	no meeting			
August	8-15-22 4:00PM	town name park	perks as hostess/presentation, team building, activities, food and fun	insurance, all-gen, accommodations

Before uploading this document, the designated county and/or state 4-H youth staff have reviewed and approved this program plan in collaboration with the 4-H volunteer.

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Written in 2017 by: Shelly Rennie, Nicole Hansen, Michelle Hogue, Brooke Hogue, and Michelle Gault

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Youth Council Members Needed!

A new 4-H year means new members are needed for our Youth Councils. Youth in grades 7-9 have an opportunity to join Clover Kids Youth Council! We need your help with events and activities for our kindergarten through third grade Clover Kids (CK) after-school sessions or summer day camps.

Youth in grades 10-12 are needed to help with 4-H events throughout the year! Senior Youth Council members have opportunities to lead workshops, visit schools, and represent your club at the county level.

Applications and interview registrations (see page 1) are due **September 19** for these opportunities!

Application Form: [Here](#)

<https://docs.google.com/document/d/1Vlb72b1WB6SzLk3tpY-8osoW2ycF1BqwKRLqUwY6si0/edit?usp=sharing>

Interview Checklist: [Here](#)

<https://docs.google.com/document/d/1a7QZJ8uLIBQyC8UB6slvslbUEyBFZ4SUyRoEYzgo73o/edit?usp=sharing>

Send to laela@iastate.edu.

Clover Kids Registration

Clover Kids is a program for youth ages K-3 to learn about STEM (science, technology, engineering and math), along with art, cooking and other topics.



Dates:

H-D SouthSide Elementary (1st-3rd) - 10/7, 11/6, 12/4, 1/8, 2/5, 3/4, 4/1 and 5/6 from 3:15—4:45 in the cafeteria.

H-D NorthSide Elementary (K) - 10/16, 11/20, 12/18, 1/22, 2/20, 3/18, 4/16, and 5/20—3:15-4:45 in the cafeteria.

AGWSR Elementary (K-3rd) - 10/9, 11/13, 12/11, 1/15, 2/12, 3/11, 4/8, and 5/13 from 3:15-4:45 in the cafeteria.

CAL Elementary (K-3rd) - 10/23, 11/27, 12/19, 1/29, 2/26, 3/25, 4/22, 5/21

WF Elementary (K-3rd) - 10/5, 11/9, 12/7, 1/4, 2/1, 4/4, 5/2.

March date to be determined. Meet in Rockwell campus science room from 3:15-4:45. **Registration information available on our [website](#)!**

WF STEM (4th-5th) - 9/21, 10/19, 11/16, 12/14, 1/18, 2/15, 3/21, 4/18 from 3:15-4:45 at Rockwell campus in science room.—**Registration information available on our [website](#)!**

Please visit the [Clover Kids page](#) on our website for Help sheets! **Visit us on September 18 from 12-7 for help registering!**



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