

FRANKLIN COUNTY 4-H NEWS

SAVE THE DATE

- March 5, 12, 19, 26, WHEP practices, 6:30 p.m., Maynes Grove
- March 7, 14, 21, 28, Livestock Quiz Bowl practices, 7:00 p.m.
- March 9, YQCA training, 9-10:15, 4-H Food Stand
- March 9, First Year
 Exhibitors meeting,
 following YQCA, 4-H food stand.
- March 24, County Councils Meeting, 3:00 p.m., Extension Office
- March 25, Volunteer Banquet, 6:00 a.m., Franklin County Convention Center
- April 8, Horse project interest group meeting,
 5:00 p.m., Extension Office
- April 20, Sheep Weigh-In, 8-10 a.m., Franklin County Fairgrounds

March 2024

A Note from Laela Ragsdale, County Youth Coordinator:

Dear 4-H Families.

As you will soon see, we have a lot of information in this newsletter. Please read through it carefully! There are many fun and educational opportunities coming up this spring.

I want to thank all our volunteers for the time and talents they have and will be sharing this year. Our volunteers will be recognized at the Annual 4-H Volunteer Banquet, on **March 25**.

You get out of 4-H what you put into it. Take advantage of the events 4-H offers this spring. I guarantee you will learn something, make new friends and have FUN!

Think spring,

Laela Ragsdale

Cancellations & Postponements

Cancellations and postponements of County 4-H activities due to inclement weather will be broadcast on KLMJ 104.9 FM radio and posted on Franklin County Extension Facebook.

Horse Project Workshops

If you are interested in horses and learning all about how to show your horse at the fair, join the Horse-N-Around Equinators project area club. This club will host a series of workshops to help prepare you and give you practice before the fair. You don't have to leave your current 4-H club to be in this club! We will meet on **April 8 at 5:00 p.m**. at the Franklin County Extension Office to discuss areas of interests and plan

Horse Project Area Workshops

Are you interested in horses and want to learn more about how to show your horse at the fair?

Join the project area club Horse-N-Around Equinators to participate in a series of Spring and Summer workshops to help prepare you for the fair!
We will meet on April 8 at 5:00 p.m. at the Franklin County Extension
Office (6 2nd Street NW, Hampton) to plan workshops and topic areas
that club members want to learn about!



We will only meet during the Spri time, and you don't have to leave club to be apart of this clu

If you are interested in joining contact
Laela Ragsdale at 641-373-3874 or at
laela @iastate.edu



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workshops! If you are interested, please contact Laela Ragsdale, so she can enroll you!

It's Time to Get Your YQCA Certification!



4-H members exhibiting meat, milk, or egg producing animals (includes rabbits) must be YQCA certified by May 15. Franklin County members may attend class on Saturday, **March 9**, 9:00-10:30 a.m., at the Franklin County Fairgrounds, 4-H Food Stand. There will be a first year exhibitors meeting on March 9 following the YQCA certification course. Youth **MUST** Register online at: YQCA (yqcaprogram.org), and pay \$3.00 each. Look for Instructor-Led Training: "2024 Franklin Co YQCA" and pay \$3.00 each.

Members may choose to complete the course online for \$12. Register online at: YQCA (yqcaprogram.org)

Iowa State Fashion Show Behind the Scenes Day

Any high school-aged youth interested in fashion or wanting to pursue a career in the industry is invited to attend Behind the Scenes Day for the Iowa State Fashion Show. Behind the Scenes Day is April 19, 2024. During this event, youth will engage in hands-on activities and speak with current students. At the end of the day, students are invited to sit in the front row of the final dress rehearsal of the Fashion Show. The cost to attend Behind the Scenes Day is \$10.

For more information and to register visit: https://
https://
aeshm.hs.iastate.edu/future-students/visit-campus/behind-the-scenes-day/.

Where the Grass is Greener Citizen Science Project

lowa youth can be scientists this spring and summer by collecting data about their local soil and groundcover. Perennial groundcover is a new type of cropping system with many potential benefits. Youth in grades 4-12 are invited to help lowa State researchers investigate perennial groundcover in their community from May 15 to July 30. Few supplies are needed, and data is easy to collect. Makes a great fair project! For more information or to register visit https://citsci.org/, sign up for an account and request to join "Where the Grass is Greener" project.

Winter Club Activities

Is your club planning to go skiing, snowboarding, sledding, ice skating or another winter recreation activity this winter? All winter recreation activities involve risk, and it is important for you to have information about your selected activity. The Permission



Agreement and Release and Waiver of Liability must be obtained from the Extension Office, read carefully and signed by each participant and the parent or legal guardian (if the participant is under age 18). These forms must be returned to the Extension Office before the planned activity.

Call the Franklin County Extension Office at 641-456-4811 or e -mail <u>laela@iastate.edu</u>

Equine Extravaganza

Equine Extravaganza provides opportunities for all youth in grades 4-12 to demonstrate their knowledge of equine related subject matter in a competitive setting where attitudes of friendliness and fairness prevail. Depending on the event, youth can participate both as an individual and as part of a team.

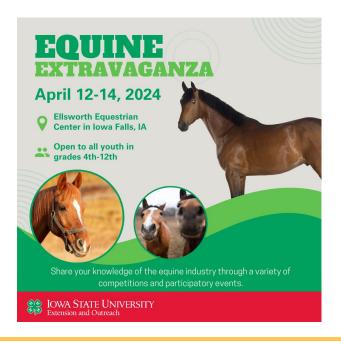
When: April 12-14, 2024

Where: Ellsworth Equestrian Center, Iowa Falls

Grades: 3-12 grade

For more information and to register visit: https://www.extension.iastate.edu/4h/equineextravaganza.

Registration closes March 31, 2024!





Register for the 2023-2024 lowa 4-H Camera Corps

Iowa 4-H Camera Corps is a program for all 4-H youth, specifically designed to support photographers that plan on participating in the photography project area at county fairs. Many Camera Corps participants go on to represent their counties at the state fair!

Each month, a photography theme is chosen with a different focus. Technical tips and suggestions are provided to help youth practice and create the most successful photographs for that theme. Jurors/Mentors provide individual feedback to each photographer about what is working well and ways they can keep practicing! Each submitted photograph will be exhibited digitally on the Lowa 4-H Facebook page where voting will be open to the public.

While learning, youth will make beautiful, powerful, and creative photographs of communities from across the state of lowa. It is a valuable opportunity to practice photography skills and receive public recognition and juror feedback on their creations monthly.

The top ten Juror's Choice and top ten People's Choice photographs will be printed, framed, and shown in gallery exhibitions around the state of Iowa. This is a great honor and opportunity for Iowa communities to see the amazing creativity and talent of their youth. After the photographs are exhibited, youth can take them home to hang on their own wall!

All youth from all counties are encouraged to join the Iowa 4-H Camera Corps. We want to help everyone become the best photographers they can be!

Register through 4-HOnline, under Events, find Camera Corps.

For more information visit: https://

www.extension.iastate.edu/4h/iowa-4-h-camera-corps.

Coming Soon... Franklin County Summer Programming Sign-Up

Watch the newsletter and social media for our summer programming offerings to be posted. Registration for all 4-H summer camps and Clover Kids summer camps will open **April 1**.

Do All the Good You Can Club Challenge

The State 4-H Council welcomes you to join us for the Do All The Good You Can community service state-wide challenge. For the past six years, people across Iowa have been collecting the tabs off their pop cans in honor of former State 4-H Council member Jacy McAlexander, who passed away after a courageous battle with cancer in 2018. To honor Jacy's legacy we will continue to collect pop tabs, but we will be adding to the challenge!

The lowa 4-H Youth State Council welcomes you to join us for the Do All The Good You Can Challenge. We have decided to do this to keep the memory of Jacy McAlexander alive. Jacy believed that everybody should do all the good you can. We will send out new themes every two months to help encourage clubs to complete community service projects. We will also provide each theme with ideas for community service. Each club that participates will then log their hours, and the club that completes the most hours will be recognized at state conference in June.

Crop Scouting

Are you interested in getting your hands dirty? Finding out how soils, bugs, beetles and more affect crops. Whether it's corn, soybeans, wheat, hay or silage, 4-H crop scouting is for you!

Contact Laela at <u>laela@iastate.edu</u> or 641-373-3874 if you are interested in joining the crop scouting team! Practices will begin in April or May!



Foods For Iowa 4-H Fairs

This publication is now available on the Extension store or on our website. There are some important changes related to food & nutrition projects at the fair. Please take the time to review this!

Click Here: https://store.extension.iastate.edu/

Food Stand Manager Job Open

Franklin County 4-H Foundation is looking for applicants for the food stand manager job. Applicants must be 18 years or older, have knowledge of current food safety practices, ability to lift 30 lbs, have a valid driver's license and pass a background screening.

If you are interested in this position please visit our website at https://www.extension.iastate.edu/franklin/jobs.

Contact Missy Crawford at melicraw@iastate.edu with questions.



State Conference Chaperones Wanted

Are you interested in chaperoning a group of students for State 4-H Conference? State 4-H Conference is June 25-27, at Iowa State University. If you are interested or have questions, please contact Laela Ragsdale at 641-373-3874 or at laela@iastate.edu. Register through 4hOnline.

New Judges Training

Are you interested in becoming a 4-H county fair judge? Join us over zoom on March 26 from 6:30-8:00 p.m.

Register at: https://form.jotform.com/240353926448158.

Contact Gail Castillo at gail@iastate.edu.

Important Dates to Remember

March 4: Food & Nutrition Judges Update zoom

Register -https://

form.jotform.com/240185087535156.

March 24: County Council Meeting, 3:00 p.m.

Extension Office

March 26: New Judges Training

April 12-14: Equine Extravaganza

April 13: State Livestock Quiz Bowl Competition

May 15: Livestock ID's due in 4-HOnline

May 15: Email YQCA certification to Laela

May 18: WHEP State Competition

June 24: Fair Entries Due in Fairentry

June 25-27: State Conference/Animal Science

Round-Up.

June 25: Explore Iowa Trip

July 1-2: Sleeping Bag Safari Trip

July 8: Static Judging Day

July 9-14: Franklin County Fair

July 25: Crop Scouting Competition

August 8-18: Iowa State Fair

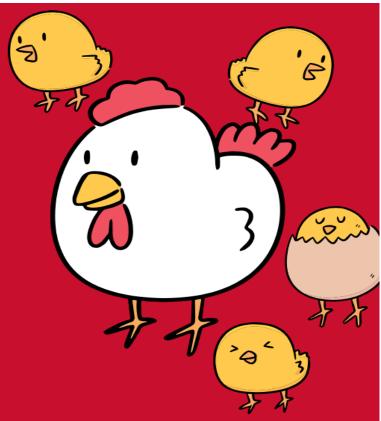
Mindfulness Moment

How Do I Ask For Help? - https://store.extension.iastate.edu/product/16407.



It's time to order 4-H/FFA Broiler Chicks for the Franklin County Fair!

Contact the Franklin County Fair office at 641-456-2049 by April 1!



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Extension and Outreach

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4-H members
exhibiting meat, milk,
or egg producing
animals (includes
rabbits) must be YQCA
certified by May 15.

When: Saturday, March 9, 9:00 - 10:15 a.m. (first year livestock exhibitors meeting following the YQCA course)
Where: 4-H Food Stand Register:
https://yqcaprogram.org/.

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FRANKLIN COUNTY



Secret Ingredient

In February at Clover Kids, we worked as a team to make orange smoothies. Clover Kid paired up to measure ingredients into a jar and then took turns shaking the jar to make a tasty orange treat. We enjoyed the book <u>Lily and the Yucky Cookies</u> by Sean Covey. The story was about how important it is to listen and follow directions. Follow this link to find the recipe we used.

https://spendsmart.extension.iastate.edu/recipe/orange-smoothie/





March 2024

Upcoming Clover Kids

South Side: 3/4 West Fork: 3/7 AGWSR: 3/11 North Side: 3/18 CAL Session 1: 3/25

La Luz: 3/27

CAL Session 2: 3/26

Summer youth programs will be released April 1.
Set your alarm clocks now because these day camps and workshops will fill up fast!



New Clover Kids Club at La Luz!

Who: K-3 Graders

When: March 27, April 10, May 8

Time: 1:30-3:00 pm

Where: La Luz La Centro Cultural

To register contact Thelma at La Luz at (641) 812-1090 or ISU Extension and Outreach Franklin County at xfranklin@iastate.edu

> 4-H STEAM workshop for 4-12 graders at the same dates and times. For more information contact your local Extension and Outreach office at 641- 456-4811 or xfranklin@iastate.edu

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More Clover Kids at Home



- Practice following directions in a recipe by inviting your child to help you when cooking or baking by walking them through each step of the recipe.
- Read <u>Froggy Bakes a Cake</u> by Jonathan London.
- Explore other cooking and baking substitutes with the Iowa State University Extension and Outreach Recipe Basics guide, https://store.extension.iastate.edu/product/12944.









Clover Suncatcher Craft

Supplies

Pencil Eraser Black construction paper Scissors

Self-laminating paper Double sided tape

2 or more shades of green tissue paper

Instructions

- Draw a four-leaf clover using a pencil so you can erase easier. This will help you make sure you
 get your clover how you want it to look to use as a template. If you need help drawing a 4-leaf
 clover, search online for an image.
- Next trace your clover to the black card stock paper. Cut out the clover from the cardstock.Bend the center slightly to cut out the middle of the template, leaving only the black outline. Make sure to cut out the bottom stem part.
- Place the clover outline onto one sticky side of the self-adhesive laminating paper.
- 4. Cut up tissue paper into small squares. Layer the tissue paper squares onto the contact paper or laminating paper. Don't worry if you go outside of the outline, this will get trimmed off later!
- 5. Place another piece of self-adhesive laminating paper or contact paper on top of your finished clover and press down firmly. Be careful to lay the final sheet on flat so that you do not get any bumps or air bubbles.
- 6. Trim around your clover. Then use double-sided tape to hang your clover to a window!

Order Broilers for County Fair!

4-H and FFA members wishing to exhibit broilers at the Franklin County Fair, must order broiler chicks through the fair office. Call 641-456-2049 by April 3. Families may split an order between siblings. Youth are required to exhibit at least one pen of three broilers at the fair. A portion of the cost of the order will be refunded by exhibiting at the fair!

Lots more poultry information can be found here: Poultry | 4-H Youth Development (iastate.edu)

Explore Iowa Trip

Come join Region 4 on an overnight sleeping bag safari as we explore the Omaha Henry Doorly Zoo and Aquarium. This trip is open to 4-H members who have completed 6th-8th grade. We will depart by bus on Monday, July 1. Members will have the opportunity to view the animals when they are most active through a guided night hike and morning hike, explore the zoo, enjoy a movie, and sleep near the Sting Ray exhibit. We will return on the evening of Tuesday, July 2. The cost is \$175 per member. Registration will open on April 1 and close on May 17 in 4HOnline. Look for more information to come out soon.

State Conference/Animal Science Round-Up

Who: 8th-12th Graders

What:

- Conference is an opportunity to attend workshops throughout campus, hear from keynote speaker, participate in teambuilding, network with others, and engage in service learning opportunities.
- Round Up is a chance to get unique, hands-on experiences in the livestock category of your choice: Beef, Dairy Cattle, Dog, Horse, Poultry, Sheep, Swine.

When: June 25-27

Registration opens in April!

For More Information:

Conference https://www.extension.iastate.edu/4h/ iowa4hyouthconference

Round Up: https://www.extension.iastate.edu/4h/ animalscienceroundup.



6 2nd Street NW Hampton, Iowa 50441

PHONE 641-456-4811

HOURS

Monday-Thurs, 8:00 a.m. to 4:30 p.m. Friday

8:00 a.m. to 12:00 p.m.

EMAIL

laela@iastate.edu

extension.iastate.edu/franklin







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