

FRANKLIN COUNTY 4-H NEWS



SAVE THE — DATE

- **December 1**, 4-H enrollments are due!
- December 9, Market Beef Weigh-In, 8:00-10:00 a.m., Equine Center, Iowa Falls
- December 17, Youth Councils Christmas Party, 5:00 p.m., Pizza Ranch, Ackley
- December 25-29, Office Closed
- January 9, 16, 23, 30, WHEP, 6:30 p.m., Maynes Grove
- January 9, 5:00 p.m., Recognition Day Information/ Help Night, Extension Office
- **January 11, 18, 25,** Livestock Quiz Bowl, 7-8:30 p.m.
- January 14, 3:00 p.m., Youth Councils Meeting, Extension Office
- January 22, 4-H Volunteer Training, 6:00 p.m., 805 Pizza & Chicken
- January 29, New Member Night, 6:00 p.m., 805 Pizza & Chicken

December 2023

A Note from Laela Ragsdale, County Youth Coordinator:

Dear 4-H Families & Clubs

Need a community service project for your club? We would like to send Christmas cards to the donors of the Franklin County 4-H program. There are currently over 50 businesses, organizations and individuals that have made contributions to our program throughout the year. Ask members to make and bring homemade Christmas Cards to your next meeting, or round up the supplies and have members make cards at the meeting. Bring your cards in envelopes to the Extension Office and we will send them for you!

Warm Wishes and Happy Holidays to all our 4-H Families, Laela Ragsdale

Beef Weigh-In Instructions!

Saturday, Dec. 9, 8-10 a.m., Ellsworth Community College Equestrian Center, Iowa Falls. (snow date—Sunday, Dec. 10, 1:00-3:00 p.m.)



Families need to stay in vehicle until calves are unloaded. Only one family member can approach weigh-in chute to identify animals and receive paperwork. Families will be instructed on how to enter IDs in 4hOnline.

Have You Re-Enrolled On-Line?

How do you re-enroll on-line??

Go to this website: https://

www.extension.iastate.edu/4h/4honline-information-families-and-leaders

information-families-and-leaders
Web links and help sheets are there to assist you through the simple steps!

Past members re-enrolling after December 1 must pay the full \$45 State 4-H Development fee!

4-H College Scholarships

The Iowa 4-H Foundation is pleased to announce the 2024 scholarship programs for Iowa 4-H'ers attending or planning to attend college fall 2024. More than 90 scholarships are available to Iowa 4-H'ers pursuing various fields of study at an Iowa Regent university, Iowa private college, or Iowa community college. Applications are available on-line and are due before or on **March 1, 2024.**

lowa 4-H members are eligible to apply for 4-H scholarships if they meet individual scholarship requirements (i.e. designated college and/or major program of study, county of residence, 4-H event participation, etc.) Applicants must enroll as a full-time student (minimum of 12 credit hours) to receive scholarship awards. Only ONE application form is needed for all lowa 4-H scholarships. Eligible lowa 4-H youth may apply for more than one scholarship, however, only one scholarship per individual will be awarded per academic year. Please visit the links below for more information.

4-H Scholarship information, forms, and applications are available on the 4-H public web page:

https://www.iowa4hfoundation.org/what-we-do/funding-for-4 -h-ers/scholarships. Join us on **January 9, 5:00 p.m**. at the Extension office for help with your scholarship applications!

Information for Franklin County 4-H Scholarship applications will be sent to our 12th grade members in the mail!

New Member Night.

New 4-H members and parents are invited to learn more about 4-H in Franklin County, Monday **January 29**, 6:00 p.m. at 805 Pizza & Chicken, Hampton. Our 4-H Youth Council members are hosting this event. Watch for details coming in the mail!

Annual Volunteer Training

Annual Volunteer Training is January 22, at 6:00 p.m. at 805 Pizza & Chicken. More information is in the Leader's Newsletter.



Join us, Sunday, **December 17** from 5:00 - 7:00 p.m., at Pizza Ranch in Ackley. Any 4-H member in grades 7-12th that are on Clover Kids Council, Senior Youth Council or are interested in joining are welcome! Members are challenged to bring a white elephant gift that cost under \$5. Please register on 4hOnline, cost is FREE.

CWF: Citizen Washington Focus

For 7 days, teens from around the nation will gather to have meaningful discussions, hear from prominent speakers, influential leaders, and engaging young people who have created an impact. They will connect with 500 other teens and learn the skills they need to lead their local communities and become change agents to build a brighter future. Mark your calendars for June 15-22, 2024, to be part of this exciting trip! Registration cost is \$3000 for teens, \$1500 for adult chaperones. The cost covers lodging, travel, and many meals. Registrations are requested by January 22, 2024. To learn more, visit the Iowa 4-H CWF webpage. Make plans today to strengthen your communication, leadership, and civic engagement skills while exploring our nation's capital city. Please contact Laela Ragsdale if you are interested, so we can begin fundraising! laela@iastate.edu or 641-373-3874.

Pop Tabs for Jacy

The State 4-H Council is carrying Jacy McAlexander's legacy through their 7th annual "Pop Tabs for Jacy" Initiative. The top club to collect the most poundage of pop tabs will receive a special award during the Franklin County Fair! Bring your pop tabs to the Franklin County Extension Office!

Computer Science Week Workshop

Grades K-4 are invited to join us on Wednesday, December 20, from 2:00-3:00 p.m. at the Ackley Public Library for a computer science week workshop! This event is FREE! Contact Krystal Schnabel at 641-373-1228 or at Schnabel@iastate.edu if you plan on attending or if you have any questions!

Home Improvement Virtual Workshop

All 4-H members in grades 4-12 are invited to register to attend the virtual statewide 4-H Home Improvement workshops! There will be three workshops exploring home improvement projects and the necessary technical skills required to do a home improvement project! Register today on 4hOnline! Contact Emily Damro at emilyrs@iastate.edu.

STATE 4-H RECOGNITION DAY

State 4-H Recognition is the process in which senior 4-H members in grades 9-12 can apply to be selected for special statewide opportunities such as awards and trips. The purpose of this event is to provide an avenue for youth recognition and to provide young people with an opportunity to practice and grow leadership, communications, and college and career readiness skills through application and interview activities.

Opportunities:

- National Conference
- · National Congress
- SESS Ambassador
- State Council
- Iowa 4-H Reporters
- State Project Area
- Healthy Living Ambassador



Find out more:

www.extension.iastate.edu/4h/recognition-opportunities



IOWA STATE UNIVERSITY Extension and Outreach

ISU Extension and Outreach Franklin County and Ackley Public Library present

Science Workshop

Wednesday December 20, 2:00-3:00 pm K-4 Grades Ackley Public Library, Ackley FREE

FRANKLIN COUNTY



Farmer Frenzy

During this month's Clover Kids, Farmer Frenzy, we learned where food comes from. This month's Clover Kid lesson featured the book Right This Very Minute by Lisl H. Detlefsen. Right This Very Minute a farm - to - table book about food and farming. Using green, black and white paint we discovered adding white or black to the green paint would create different shades of green. After mixing 8 shades of green we used fruit to stamp paper making different shapes and colors. Clover Kids followed a recipe to make a fruit salad. Youth enjoyed cutting apples, bananas, and watermelon, squeezing an orange to use the juice in place of the frozen concentrate and mixing it together! Overall the salad received mostly two thumbs up from the Clover Kids. Be sure to try the recipe below and add in your families' favorites! Next month's lesson is all about a yummy dairy treat!





December



Up Coming Clover Kids

South Side: 12/4

AWSGR: 12/11

North Side: 12/18

West Fork: 12/7

CAL Session 1: 12/9

CAL Session 2: 12/12



More Clover Kids at Home



- Investigate where foods come from by reading labels to find places of origin and what ingredients are in your food.
- As a family, make a Whole Meal Salad using the recipe from Spend Smart. Eat Smart.® by ISU
 Extension and Outreach, found at https://spendsmart.extension.iastate.edu/recipe/whole-meal-salad/
- Read How Did That Get in My Lunchbox: The Story of Food by Chris Butterworth

FRANKLIN COUNTY



Basic Knife Safety

S Securely hold your knife. Grip the handle firmly between your thumb and forefinger. Cut things on a flat surface like a cutting board.

A Anchor all cutting boards to ensure they don't slip. Always use sharp knives.

F Fingertips should be curled back. Hold foods with fingertips tucked under away from the knife. Be careful of the blade.

E Eyes on the knife! When using a knife, avoid distractions and keep your eyes on what you're doing.

T Take your time. Don't rush with a knife.

Y Yield to falling knives. If a knife slips out of your hand or falls from the counter, let it drop. Do not attempt to catch it.

Reference: https://blogs.extension.iastate.edu/spendsmart/2015/10/12/knives-101/

At Clover Kids we use kid safe knifes. These knives are still sharp!

Coming in 2024 New opportunities for CLOVER KIDS

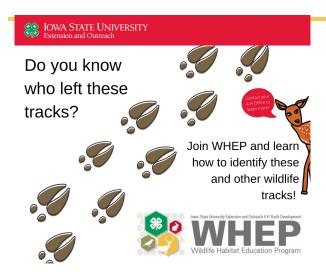
at the

Franklin County Fair July 9-14, 2024

Watch for more details in 2024







Do you enjoy the great outdoors? Are you interested in learning how to identify wildlife? Would you like to understand what elements are needed to improve the habitat of the wildlife in your neighborhood?

You will want to be a part of this unique learning opportunity for 4-H members! WHEP is open to all 4-H members.

Join us on Tuesday evenings, 7-8:30 p.m., at Maynes Grove Park lodge., beginning **January 9!**

To find out more check out: https://www.extension.iastate.edu/4h/whep

Please contact Jackie Dohlman at 641-425-5281 or at dohlmanjackie@gmail.com with questions.

Livestock Quiz Bowl

All 4-H members are welcome to join us on Thursdays, starting January 11, 7-8:30 p.m. We will meet at Jackie Dohlman's house, 1024 Olive Ave, Hampton. Contact Jackie Dohlman at 641-425-5281 or at dohlmanjackie@gmail.com with questions or if you are interested!

State Recognition Day

State recognition day is the process in which senior 4-H members in grades 9-12 can apply to be selected for special statewide opportunities such as awards and trips. For more information visit - https://www.extension.iastate.edu/4h/ recognition-opportunities. January 9, at 5:00 p.m. there will be a recognition help and information night at the Franklin County Extension Office. This is open for all high school 4-H members that are applying or interested in applying for state project awards, trips, or Citizen Washington Focus (CWF).

Horse Interest Group

The 4-H club Horse-N-Around Equinators will be transitioning to a special interest 4-H club. This means that they are recruiting any 4-H member interested in horses. You do not have to leave your current club to join this club! There will be 4-5 workshops offered this summer, and one spring planning meeting. Please take some time to fill out the survey if you are interested in attending the workshops! https://form.jotform.com/233324865216052.



ADDRESS
6 2nd Street NW
Hampton, Iowa 50441
PHONE
641-456-4811

HOURS

Monday-Thurs, 8:00 a.m. to 4:30 p.m. Friday, 8:00 a.m. to 12:00 p.m.

laela@iastate.edu

website extension.iastate.edu/franklin







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