

# BUILDING A #STRONGIOWA

ISU Extension and Outreach connects the needs of Iowans with Iowa State University research and resources. We are working with the people of Floyd County for what we all want: a strong Iowa.

## Floyd County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff.

We have identified these local issues as priority topics for current and future programming:

- Economic Development: 100 years in Floyd County
- Food and the Environment: Food Preservation
- Health and Well Being: Buy.Eat.Live Healthy
- K12 Youth Outreach: 4-H Project Based Learning & Pint Size Science



From needs assessment through program implementation and evaluation of outcomes, the elected Floyd County Extension Council represents the issues and people of the county.

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Ben Rottinghaus  
*Extension Council Chair*

Donavon Olson  
*Regional Director*



## Economic Development

### 100 years in Floyd County

This past year, 2016, marked 100 years ISU Extension and Outreach has existed in Floyd County. From a 1903 idea some farmers had of an “extension idea” by taking the land grant college to the people, Floyd County continues to carry Iowa State’s land-grant mission beyond the university. In Floyd County, we continue to best serve the citizens of Iowa by providing the education and partnerships designed to solve today’s problems and prepare for the future.



## ISU Extension and Outreach

### Floyd County

112 N. Main St.  
Charles City, IA 50616  
641-228-1453  
[www.extension.iastate.edu/floyd](http://www.extension.iastate.edu/floyd)



## Food and Environment

### ***Food Preservation 101***

Food Preservation and Freezing is an interest to many in Floyd County so a food preservation freezing workshop was held. Those that attended the workshop learned about the proper techniques to freeze garden produce from Nancy Clark, ISU Food and Nutrition Specialist. The information that was shared will impact the participants to assure safer food production and preservation procedures.

## K-12 Youth Outreach

### ***4-H Project Based Learning***

This past year Floyd County 4-H'ers attended several county project based workshops. Academic experts believe that developing life skills such as sewing/needle arts, horticulture, food/nutrition and woodworking can impact and benefit youth. Those benefits include: developing the value of patience, learning how to manage life, both personal and social, develop the quality of will power, dedication, concentration and determination, and accomplishment

or achievement of different feats. From these offerings, it is the belief, Floyd County 4-H'ers are not only having fun with 4-H activities but youth are truly engaged and an impact is being made on their future endeavors.

### ***Pint Size Science***

Floyd County Extension uses the Science Center of Iowa's Pint Size Science program to provide a fun learning platform in life sciences for 3 area preschools. This program uses an exploration of science to teach children the concepts in a highly-engaging, interactive, and safe manner.

## Health and Well Being

### ***Buy. Eat. Live Healthy.***

For more than five years, Floyd County has supported nutrition programming for parents with children age 10 and under. Buy. Eat. Live Healthy. is a program to provide parents with the knowledge to make nutritious choices for healthy children and strong families. Families strengthen communication, decision-making, and problem-solving skills through the 8 lessons taught by our Program Assistant. These life skills also help participants obtain employment and nurture family relationships.



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## County Extension Staff

Lesley Mehmen Milius  
*County Executive Director*

Andrea Hobson  
*County 4-H Program Assistant*

Julie Mayhew  
*FNP Program Assistant*

Jane Beranek  
*Office Assistant*

Kim Vance  
*4-H & Youth Office Assistant*