



Northwest Iowa Local Food Producer Directory

Please fill out this form and mail, e-mail, or fax it to:
Margaret Murphy, Regional Food Coordinator
ISU Extension and Outreach – Lyon County
710 N 2nd Ave E Ste 103 | Rock Rapids, IA 51246
Office (712) 472-2576 | Fax (712) 472-2578
Email- mmurphy@iastate.edu

FREE to list!

www.flavorsofnorthwestiowa.org

Contact Information

Date: _____ First Name: _____ Last Name: _____

Business/Farm Name: _____

Mailing Address: _____

Phone: _____ Fax: _____

Email: _____ Website: _____

Are you interested in having visitors to your farm? (Example: organized farm tours) YES NO

Crops (check all that apply and list types on page 2)

- Grains _____
- Trees _____
- Nuts _____
- Vegetables (list or check all that apply on reverse) _____
- Fruit (list or check all that apply on reverse) _____
- Herbs (list or check all that apply on reverse) _____
- Other (please list or check other products on reverse) _____

Where do you sell the majority of your products?

- Sell these products directly to consumers
- Sell these products directly to a distributor. Which one(s)? _____
- Sell these products to another business or institution. Where? _____
- Sell these products at a farmers market. Where? _____
- Sell these products through a CSA

Livestock (check all that apply and list types)

- Cattle Breeds _____ # of Head _____
- Goat Breeds _____ # of Head _____
- Hog Breeds _____ # of Head _____
- Poultry Breeds _____ # of Head _____
- Sheep Breeds _____ # of Head _____
- Bison # of Head _____
- Other _____ # of Head _____

Where do you sell your livestock and/or meat products?

- Sell these products directly to consumers
- Sell these products directly to a distributor. Which one(s)? _____
- Sell these products to another business or institution. Where? _____
- Sell these products at a farmers market. Where? _____
- Sell these products through a CSA

Fruits and Vegetables (check all that apply)

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Apples | <input type="checkbox"/> Cherries | <input type="checkbox"/> Mustard Greens | <input type="checkbox"/> Pumpkins |
| <input type="checkbox"/> Apricots | <input type="checkbox"/> Collard Greens | <input type="checkbox"/> Nectarines | <input type="checkbox"/> Radishes |
| <input type="checkbox"/> Asparagus | <input type="checkbox"/> Cucumbers | <input type="checkbox"/> Okra | <input type="checkbox"/> Raspberries |
| <input type="checkbox"/> Beans (snap) | <input type="checkbox"/> Currents | <input type="checkbox"/> Onions | <input type="checkbox"/> Rhubarb |
| <input type="checkbox"/> Beets | <input type="checkbox"/> Eggplant | <input type="checkbox"/> Parsnips | <input type="checkbox"/> Rutabaga |
| <input type="checkbox"/> Blackberries | <input type="checkbox"/> Garlic | <input type="checkbox"/> Peaches | <input type="checkbox"/> Spinach |
| <input type="checkbox"/> Blueberries | <input type="checkbox"/> Gooseberries | <input type="checkbox"/> Pears | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Broccoli | <input type="checkbox"/> Grapes—table | <input type="checkbox"/> Peas | <input type="checkbox"/> Strawberries |
| <input type="checkbox"/> Brussels Sprouts | <input type="checkbox"/> Grapes—wine | <input type="checkbox"/> Peppers (bell) | <input type="checkbox"/> Sweet corn |
| <input type="checkbox"/> Cabbage | <input type="checkbox"/> Greens/Collards /Lettuce (head) | <input type="checkbox"/> Peppers (other) | <input type="checkbox"/> Tomatoes |
| <input type="checkbox"/> Cantaloupe | <input type="checkbox"/> Kale | <input type="checkbox"/> Plums | <input type="checkbox"/> Turnips |
| <input type="checkbox"/> Carrots | <input type="checkbox"/> Kohlrabi | <input type="checkbox"/> Potatoes (sweet) | <input type="checkbox"/> Turnip Greens |
| <input type="checkbox"/> Cauliflower | <input type="checkbox"/> Leeks | <input type="checkbox"/> Potatoes (all others) | <input type="checkbox"/> Watermelon |
| <input type="checkbox"/> Chard | <input type="checkbox"/> Lettuce (leaf) | | <input type="checkbox"/> Zucchini |

Please list additional fruits and veggies or special descriptions/varieties of checked (such as heirloom or unique distinctions) _____

Herbs (check all that apply)

- | | | | |
|----------------------------------|---------------------------------|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Basil | <input type="checkbox"/> Sage | <input type="checkbox"/> Parsley | <input type="checkbox"/> Mint |
| <input type="checkbox"/> Dill | <input type="checkbox"/> Chives | <input type="checkbox"/> Tarragon | <input type="checkbox"/> Rosemary |
| <input type="checkbox"/> Oregano | <input type="checkbox"/> Garlic | <input type="checkbox"/> Cilantro | <input type="checkbox"/> Thyme |

Please list additional herbs or special descriptions/varieties of checked (such as heirloom or unique distinctions) _____

Other Products (check all that apply and list types)

- | | |
|---|---|
| <input type="checkbox"/> Baked Goods _____ | <input type="checkbox"/> Dairy Products _____ |
| <input type="checkbox"/> Canned Products _____ | <input type="checkbox"/> Eggs _____ |
| <input type="checkbox"/> Flowers, plants, or seed _____ | |
| <input type="checkbox"/> Honey/Bee Products _____ | <input type="checkbox"/> Special Services _____ |
| <input type="checkbox"/> Wine/other beverage _____ | <input type="checkbox"/> Other _____ |

Where do you sell these products?

- Sell these products directly to consumers
- Sell these products directly to a distributor. Which one(s)? _____
- Sell these products to another business or institution. Where? _____
- Sell these products at a farmers market. Where? _____
- Sell these products through a CSA

General Information (check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> My farm is open to traveling public (regular hours OR by appointment) | <input type="checkbox"/> My livestock is pastured and/or free range |
| <input type="checkbox"/> I accept WIC, Senior FMNP, &/or SNAP | <input type="checkbox"/> My products are USDA certified organic |
| <input type="checkbox"/> I am a beginning farmer or rancher (operated a farm/ranch for less than 10 years) | <input type="checkbox"/> My products are natural (chemical and drug free) |

How many acres/square feet do you have in crop production? _____ in livestock production? _____

Please write a 1-3 sentence description or advertisement of your farm/products to be included in your listing: