Local Food: the region in which the final product is marketed, so that the total distance that the product transported is less than 400 miles from where the product originated.

The Local Food Movement works to connect food from seed to plate in the same geographic region, to create self-reliant and resilient food networks, improve local economies, and build health, environment, community, and social access to food.

1. How do you purchase local:
   - Farmers market
   - CSA (Community Supported Agriculture)
   - Grocery store
   - Food Box
   - Produce auction
   - Other:

1.a. What Farmers Markets do you shop at?
   - Cresco
   - Riceville
   - Chester
   - Elma
   - Lime Springs
   - Protivin
   - Decorah
   - Other: ____________________

1.b. What are the barriers for Farmers Markets?
   - Time
   - Visibility
   - Parking
   - Location

1.c. What are the benefits for the Farmers Markets you prefer to shop at?
   - Vendors
   - Products
   - Diversity
   - Convenience
   - Social interaction
   - Taste-testing
   - Education
   - Event

1.d. What are your top 3 priorities when purchasing local?
   - Budget
   - Convenience
   - Supporting local farmers
   - Environmental benefits
   - Diversity
   - Health

1.e. Local Foods are currently being delivered to multiple sites across Northeast Iowa. You can access these local Food Boxes delivered directly to your worksite through the Iowa Food Hub.

   ☐ Yes! I am interested in learning more about the Food Box program
2. Of the proposed local food community activities, which would you participate in:

- Shared-use kitchen
- Processing facility
- Community Garden
- Public Edible Landscape (park and trail access)
- Food Box

2.a. Are you interested in educational programs for gardening?

- Master gardeners
- Gardening 101
- Preservation
- Youth programs
- Harvesting
- Seed saving
- Grafting

2.b. Please check any of the existing programs you would like more information on:

- Food Box
- Educational Programs
- Farmers Markets
- Community Garden
- Public Edible Landscape
- Agricultural Urbanism Toolkit
- Shared-Use Kitchen

2.c. Yes! I want to be involved in our local food system. Please give me more information on:

- Meetings for projects
- Volunteering
- Sponsoring
- Other ___________

Contact information:

Name: ______________________________
Email: ______________________________
Phone: ______________________________

Demographic information:
Please circle the correct field

Age-range: 20-29 30-39 49-49 50-59 60-69 70-79 80-89 90 or over

Gender: male female

Home Community: (City/ State)

_________________________________

Please return to:
Howard County ISU Extension office
132 1st Avenue West: 563-547-3001
or
Cresco Welcome Center
101 2nd Ave. SW: 563-547-3434