

# Virtual Local Food Leader Cohort Schedule

## Fall 2022: September 2022- February 2023

LFL 101: Workshop participation only

LFL 201: Workshop participation + online module access

Participation in the virtual workshops is required for both LFL 101 and LFL 201 during the scheduled times below. Those participating in LFL 201 will complete online module activities between workshops. If participants are unable to attend due to scheduling conflicts, sickness, etc., workshops will be recorded and shared.

Participation in the virtual office hours is optional. Following registration for Local Food Leader, you will receive Zoom and call-in information.

<b>Date</b>	<b>Topic</b>
September 29, 2022 10-11am CST	LFL 101/201: Tutorial + Common Language (1 hour)
October 6, 2022 10am-12pm CST	LFL 101/201: Working in Food Systems (2 hours)  LFL 201: Module 1.1 and 1.2
October 20, 2022 10am-12pm CST	LFL 101/201: Equity + Personal Values (2 hours)  LFL 201: Module 1.3 and 1.4
November 3, 2022 10am-12pm CST	LFL 101/201: Leadership Styles + Facilitation Techniques (2 hours)  LFL 201: Module 2.1-2.3
November 17, 2022 (Optional) 10-11am CST	LFL 101/201: Office Hour (1 hour)
December 1, 2022 10am-12pm CST	LFL 101/201: Plans of Work + Professional Development (2 hours)  LFL 201: Module 3.1-3.4
December 15, 2022 (Optional) 10-11am CST	LFL 101/201: Office Hour (1 hour)
January 5, 2022 10am-12pm CST	LFL 101/201: Intro to Evaluation (2 hours)  LFL 201: Module 4
January 19, 2022 (Optional) 10-11am CST	LFL 101/201: Office Hour (1 hour)
February 2, 2022 10-11am CST	LFL 101/201: Graduation (1 hour)  LFL 201: Finish online modules