

## ***Extension-Based Resources for Promoting Civility and Civil Discourse***

### **Federal Resources**

Website | <https://www.stopbullying.gov/>

App | Get KnowBullying, the free app from SAMHSA that can prevent bullying.

<http://store.samhsa.gov/apps/knowbullying/>

### **Extension Resources**

#### **Journal of Extension**

- Using Discussion Methods to Inspire Diversity: Harnessing Social & Cultural Capital  
<https://joe.org/joe/2012october/tt7.php>
- Popcorn and a Movie—Opening Diversity Conversations Across the State  
<https://www.joe.org/joe/2013june/iw1.php>
- Our Role in and Responsibility Toward Social Justice  
[https://www.joe.org/joe/2015october/pdf/JOE\\_v53\\_5comm2.pdf](https://www.joe.org/joe/2015october/pdf/JOE_v53_5comm2.pdf)

#### **Alabama Cooperative Extension**

- Bullying Webpage | <http://www.aces.edu/family-health/families-children/bullying/>

#### **University of Missouri**

- Working Handbook | Diversity, Difference and Conflict: Awareness and Skills Building for Enhancing Workplace Effectiveness <https://understand.missouri.edu/conflict/diversity-difference-and-conflict.pdf>

##### **Handouts:**

- Tips for Talking about Race  
<https://diversity.missouri.edu/education/handouts/talk-about-race.pdf>
- Departmental Discussions about Race  
<https://diversity.missouri.edu/education/handouts/facilitation-guide-dept-race.pdf>
- SHOW ME Respect, Tips for Thwarting Cyberbullying, Cyber-Harassment and Cyberstalking  
<https://diversity.missouri.edu/education/handouts/cyberbullying.pdf>
- Speak Up! Identifying and Confronting Bias & Prejudice  
<https://diversity.missouri.edu/education/handouts/speak-up.pdf>
- Facilitating Difficult Dialogues

<https://diversity.missouri.edu/education/handouts/facilitating-dialogue.pdf>

- 10 ways to practice mindfulness and Inclusiveness  
<https://diversity.missouri.edu/education/handouts/10ways-mindfulness-inclusiveness.pdf>
- The Language of Identity. Using inclusive terminology at MIZZOU  
<https://diversity.missouri.edu/education/handouts/inclusive-language.pdf>

### Virginia Cooperative Extension

- Adolescent Bullying Extension Publication | <http://www.pubs.ext.vt.edu/350/350-852/350-852.html>

### North Carolina State University Extension

- Bullying webpage in Spanish | <https://content.ces.ncsu.edu/buscapleitros>

### University of Wisconsin

- Article “*After the election: Suggestions for discussing election results and modeling good citizenship*” | <https://parenthetical.wisc.edu/after-the-election-suggestions-for-discussing-election-results-and-modeling-good-citizenship/>

### Michigan State University Extension (MSUE)

- Curriculum | ***Be SAFE: Safe, Affirming and Fair Environments*** which includes a 224-page curriculum designed to be used with groups of young people in schools and out-of-school settings. The link to order the full curriculum is <http://shop.msu.edu/searchresults.asp?Search=be+safe&Submit=Submit>  
Contact Janet Olsen, email: [olsenj@msu.edu](mailto:olsenj@msu.edu)
- Article | “*Know your child’s civil rights related to harassment within educational settings*”  
Focused on the rights of students and families when they're targeted by bias-based language and behaviors.
- Article | “*Can the practice of mindfulness reduce unconscious racial bias?*” Efforts to create inclusive and equitable settings may be strengthened by including the practice of mindfulness.
- Article | “*Cultural sharing or unintentional racism?*” Focuses on the difference between cultural sharing and cultural appropriation.
- MSUE Resource webpage | Diversity and Multiculturalism  
[http://od.msue.msu.edu/diversity\\_and\\_multiculturalism/resources\\_1](http://od.msue.msu.edu/diversity_and_multiculturalism/resources_1)

### Penn State Extension Better Kid Care Program

On Demand online modules:

- “Adverse Childhood Experiences: Building Resilience” <http://extension.psu.edu/youth/betterkidcare/lessons/aces>
- “Cultural Understanding” Building Solid Foundations” <http://extension.psu.edu/youth/betterkidcare/lessons/cultural-understanding-building-solid-foundations>
- “Early Intervention (EI): An Introduction” <http://extension.psu.edu/youth/betterkidcare/lessons/early-intervention-ei-an-introduction>
- “Ethics: A Guide for Professional Behavior” <http://extension.psu.edu/youth/betterkidcare/lessons/ethics>
- “Inclusion: Exploring the meaning and the mindset” <http://extension.psu.edu/youth/betterkidcare/lessons/inclusion-exploring-the-meaning-and-the-mindset>
- “Positive Youth Development: Building a Culture of Belonging” <http://extension.psu.edu/youth/betterkidcare/lessons/positive-youth-development-building-a-culture-of-belonging>
- “PYD Foundations: Cultural Competency and Responsiveness” <http://extension.psu.edu/youth/betterkidcare/lessons/pyd-culture>

Resource-to-practice tip pages:

- “Celebrating our difference” <http://extension.psu.edu/youth/betterkidcare/early-care/our-resources/tip-pages/tips/celebrating-our-differences>
- “Inclusion: Exploring the meaning and the mindset” <http://extension.psu.edu/youth/betterkidcare/news/2013/inclusion-exploring-the-meaning-and-the-mindset>
- “Inclusion: What it’s all about” <http://extension.psu.edu/youth/betterkidcare/knowledge-areas/environment-curriculum/activities/all-activities/inclusion-what-its-all-about>
- “Let’s work together” <http://extension.psu.edu/youth/betterkidcare/knowledge-areas/environment-curriculum/activities/all-activities/let2019s-work-together>
- “Reflecting Ethical conduct” <http://extension.psu.edu/youth/betterkidcare/early-care/our-resources/tip-pages/tips/reflecting-ethical-conduct>
- “We are different, we are the same” Teaching young children about diversity” <http://extension.psu.edu/youth/betterkidcare/knowledge-areas/environment->

[curriculum/activities/all-activities/we-are-different-we-are-the-same-teaching-young-children-about-diversity](#)

Vodcasts:

- “Cultural Understanding” <https://www.youtube.com/embed/KWuX3oOvepk?rel=0>
- “Inclusion” <https://www.youtube.com/embed/Qq9fy9NSJLo?rel=0>
- “Dual Language Learners: Strategies for Successful Opportunities in Early Care and Education” <http://extension.psu.edu/youth/betterkidcare/lessons/dll>

Better Kid Care Contact: Claudia C. Mincemoyer, Ph.D. | email: [cxm324@psu.edu](mailto:cxm324@psu.edu)

**Non-extension resources**

- Book | [Helping Teens Stop Violence, Build Community, and Stand for Justice](#)
- Curriculum | [Stop The Hate Train The Trainer Program](#) This program supports colleges and universities in preventing and combating bias and hate crimes on campus as well as fostering the development of community. The only resource of it’s kind specifically for college campuses, the Stop The Hate 250+ page premiere training manual and three day, 18-20 hour Train The Trainer program was developed in partnership with the Anti-Defamation League, Association of College Unions International, Campus Pride, The Southern Poverty Law Center, Wilbron Institute, Matthew Shepard Foundation, the Center for the Prevention of Hate Violence and Campus Pride.
- Government as the Primary Protector of our Rights and Liberties  
<http://www.governmentisgood.com/articles.php?aid=19>
- Preventing Bullying Through Science, Policy, and Practice  
<https://www.nap.edu/catalog/23482/preventing-bullying-through-science-policy-and-practice>
- 7 Anti-Bullying Week Activities for Teachers  
<http://www.ditchthelabel.org/7-anti-bullying-week-activities-for-teachers/>
- 50 Ideas for Anti-Bullying Week  
[http://peacefulschoolsinternational.org/wp-content/uploads/50\\_ideas\\_for\\_anti\\_bullying\\_week.pdf](http://peacefulschoolsinternational.org/wp-content/uploads/50_ideas_for_anti_bullying_week.pdf)

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