Data exists in many different forms and can be used in various ways to assess and evaluate food systems. Due to the complex nature of food systems, there are numerous places to start regarding understanding existing conditions and needs within community food systems. Food systems also intertwine with our community. Community assets touch each of our individual lives as well as communities. Overall, these complex systems influence the potential benefits and challenges for food access, sovereignty, business viability and general food supply and consumption.

This resource is meant to support individuals and organizations conducting assessments, creating maps, and aggregating and analyzing data to understand local and regional food systems. The matrix is set up through community assets (built infrastructure, culture and wellness, diversity, equity and inclusion, economy and finance, governance and policy, knowledge and wisdom and natural environment) and sectors (cultivation and harvesting, processing and transformation, aggregation and distribution, purchasing and nourishment, and conservation and stewardship), shown in Figure 1. First, there is a review of quantitative data sources at the national, state and county levels and suggests placebased organizations that may be able to support in understanding your community food system. The second section offers ideas for qualitative data sources that can include both quantitative and qualitative methods.

The goal of this resource is to continue to highlight the breadth of data that is available as a starting point to understanding your community context. However, it is suggested that you also understand your community's desires, vision, and mission relating to your specific food system prior to starting. The amount of data available can be overwhelming, and the more this can be homed in, the more strategic data aggregation and analysis will be.



Figure 1: Food Systems Framework (Iowa State University Extension, 2023)

For additional information on the Food Systems Framework, visit the <u>Food Systems website</u> or view our <u>Community Food Systems</u> Tactic Checklist.

If you have suggestions to additional resources, or questions regarding the tools shared in this resource, please reach out to:

Contact: Courtney Long, Food Systems Program Manager: court7@iastate.edu

Evaluation: Bre Miller, Food Systems Communication Specialist: millerb@iastate.edu

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Farm, Food and Enterprise Development Program

The tables below identify national, regional and local areas to begin your research. In the resources and indicators column, you can find example reports as well as indicators that may be relevant to that area of research.

The first table indicates secondary data sources. Don't forget to also consider previous reports that may have been completed in local and regional areas. These types of reports are helpful to review and indicate in assessments, as well as respecting and highlighting the previous work that has been completed with community resources.

Quantitative Data

Primary data collection options

Surveys + Polls: develop specific questions related to the food system for particular populations- this might be useful for understanding consumer behaviors, priorities around food markets, changes or trends in habits, etc.

Secondary Data	National	Regional	Local	Resources + Indicators
Community Asso		Hogional	Looui	nesources i mureutors
Built Infrastructure: Developed buildings, roadways, and systems.	 Data.gov Farm Service Agency and Disaster Assistance USDA ERS: Food Environment Atlas U.S. Energy Information Administration Place (cities and towns) MapGeo Open Street Map Opportunity Zones U.S. Environmental Protection Agency American Geosciences institute 	State Department of Housing and Urban Development State Department of Transportation State Department of Energy Department of Public Health tracking programs Example: lowa	 County Extension City and County Planning Office Community Economic Development Offices Utilities 	Movement and Place City Futures: Healthy Built Environment Indicators
Culture and Wellness: Individual and population health through traditional and western practices.	Health Data World Health Organization Center for Disease Control and Prevention Choose My Plate Food and Nutritional Service USDA Food and Nutrition USDA Census of Agriculture USDA ERS Healthy Food Access Portal State of Childhood Obesity USDA ERS: Food Environment Atlas USDA Food Access Research Atlas	 Research Institutions; County Extension State Department of Public Health Department of Public Health tracking programs Example, Iowa Johns-Hopkins State Coronavirus FEMA Disaster Declarations State Public Health State Department of Natural Resources State Institutions and Research Organization 	 Community hospitals/ public health needs assessments County Extension 	Office of Disease Prevention and Health Promotion: Healthy People and Social Determinants of Health Center for Disease Control Health Indicators COVID-19 Economic Impact on Local Food Markets

Data Resources for Food Systems Assessments Office of Disease Prevention and Health Promotion: Healthy People Data Johns Hopkins-Coronavirus Resource Center World Health Organization: COVID-Track the Recovery **FEMA Disaster** Information Disaster Resource Center Diversity, Data.gov Research Institutions Local Municipality Farm to School Equity **Equity and** Assessment Tool American Fact Finder State Department of Zonina MSW USC Diversity Inclusion: **USDA Food Access** Local Government Housing Same status and Research Atlas Planning Toolkit State Department of equal access to County Extension **Building Movement:** Census Justice goods, services, Civil Rights Sources of Power <u>HUD – Housing Market</u> State Department of Labor and power. Committees Racial Equity Tools **Analysis** State Department of World Bank Health and Human **Racial Equity Tools:** Community Assessment Services Bureau of Labor State Department of National Equity Atlas **Statistics** Feeding America **Cultural Affairs** Food and Nutritional Service **Opportunity Zones** Climate and Economic Justice **Economy and** American Fact Finder Research Institutions; Local Government Local Food Economics Finance: Local Food Economics. Census County Extension Community and Community and State Economic Indicators Economic Metrics Bureau of Economic individual Research (Department State Rural Development Development **AgMrc Business** wealth of Commerce) County Extension <u>Development</u> Program finances, and Previous Data.gov Department of Commerce AgMrc Product Analysis resources. **Economic Studies** World Bank Economic Development AgMrc Prices and Bureau of Labor Authority Community **Profitability Models** Foundations U.S. Small Business Statistics **Small Business USDA ERS: Food** Administration Research Administration Institutions/ Land **Environment Atlas Small Business USDA** Economic and **Grant Colleges** Food and Agriculture **Development Centers Policy Analysis** Example, Iowa Organization of United North American Industry **Nations** Classification System (NAICS) Governance **HUD** – Housing Market State Legislature Local Municipality Farmland Trust: Laws by and Policy: local, state and federal Websites Zonina <u>Analysis</u> Democratic Food Systems Policy Congress.gov State Policies Local Government practices and Municipal Zoning for Farm Bill State Department of **County Extension** principles or Central Intelligence Agriculture and Natural Local Foods (In Iowa) actions adopted Agency, World Resources **USDA** Economic and by groups, Factbook State Department of Public Policy Analysis

communities.

and government.

Healthy Food Access

Portal

Health

Data Resources for Food Systems Assessments State of Childhood Obesity-policy Local Government Food Policy Database Farm Bill Food and Agriculture Organization of United **Nations** Food and Agriculture Organization of the **United Nations** Database U.S. Environmental Protection Agency Farm to School Census Knowledge Research Institutions; County Extension Data.gov and Wisdom: WorldBank Education County Extension Local Private and **Educational indicators** State Department of from OECD Experiences. **Statistics** Public Schools (Kformal Education National Center for 12) / community education, and **Educational Statistics** college/ university historical U.S. Department of reports knowledge. Education **Education Data Portal** Common Core of Data: American Public **Schools** Natural Data.gov State Department of Local Government **USDA** Disaster Reference Farm Service Agency Natural Resources Guide- Farmers, Ranchers **Environment:** Parks and Recreation; and Communities Interactions of and Disaster State Department of **USDA** Conservation climate. living Assistance Agriculture Planning species, **USDA ERS: Food** State Department of Departments **Programs** US EPA: Environmental weather, and County Extension **Environment Atlas** Housing and Urban our natural Indicators in Development County Resource U.S. Energy resources. environmental justice Information and Conservation State Department of Transportation screening Administration **USDA Natural** State Department of Resources Energy **Conservation Service** Farm Service Agencies **NOAA** Fisheries Department of Public Place (cities and Health tracking programs towns) Example: Iowa MapGeo Open Street Map National Oceanic and Atmospheric Administration **Opportunity Zones**

Food System Sectors:

- Food Systems Dashboard
- Food Systems Indicators
- USDA AMS Local and Regional Foods

Justice

Farmland Protection
U.S. Environmental
Protection Agency
Climate and Economic

• Maps

- Community Commons Maps
- ATTRA. NCAT Local Food Systems

Healthy Foods, Healthy Lives Institute Indicator Maps Cultivation Data.gov Research Institutions; Local food Cooperative Feasibility **USDA** Census of Study Guide and County Extension directories Harvesting: State Department of Farmland Trust: Laws by Agriculture Local city and Practice of AgMrc Food Searcher Agriculture county planning local, state and federal science, art, or State Food Safety offices Food Safety Tool occupation that quidelines Master gardener **Modernization Act** Food Safety. gov involves Department of Natural programs North Central Region Farm Service Agency cultivating land, **USDA** Resources Center for FSMA raising livestock, AgMrc Product Analysis USDA Open Data State Market Maker hunting, ATTRA.NCAT Sustainable Farm Service Agencies Catalog foraging, Agriculture Podcasts **USDA AMS Farmers** fishing, and and Ranchers other maritime Market Maker practices. **USDA** Food Directories **Cooperative Statistics USDA ERS USDA ERS: Food Environment Atlas** Farmland Protection Food and Agriculture Organization of United **Nations NOAA Fisheries** Processing and **USDA** Research Institutions: Local processing **Food Safety Transformation:** businesses Modernization Act USDA Open Data County Extension Change of raw (specialty crops/ State Department of North Central Region Catalog ingredients Agriculture dairy/ meat) Center for FSMA Market Maker through physical State Food Safety Niche Meat Processing **USDA ERS: Food** alteration or **Environment Atlas** quidelines marketing Department of Natural practices into a Resources new product. State Market Maker Farm Service Agencies **Aggregation** Market Maker Local food hub/ Food Safety Research Institutions: and CSA/ and other Modernization Act Farm to School Census County Extension Distribution: North Central Region **USDA AMS** State Department of directories Center for FSMA Movement of Agriculture Regional Aggregating and distributors products, State Food Safety New England Farm to Distribution: including the **Institution Metrics USDA ERS** quidelines gathering and **USDA AMS Directories** Department of Natural Dashboard delivery, to **USDA ERS: Food** Resources markets and **Environment Atlas** State Market Maker buyers. Farm Service Agencies **Purchasing** Food and Nutritional Research Institutions: **USDA** Community Food Local restaurant/ **Service** County Extension **Systems** and business **Nourishment: USDA** Community State Department of Public directories Farm to School Network Use of foods Tools including Farm to School Census State WIC/ SNAP/ and individual food assistance programs **USDA ERS** purchase, **USDA ERS: Food** culinary **Environment Atlas** activities and **USDA Food Access** programming for Research Atlas

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personal and				
community				
sustenance.				
Conservation	• <u>Data.gov</u>	State Waste Management	 Landfills 	Food Waste Reduction
and	 <u>Feeding America</u> 	Authorities	 Waste 	<u>Alliance</u>
Stewardship:	 <u>Farmland Protection</u> 	State Energy Agencies	Management and	
Care of natural	 NOAA Fisheries 	State Conservation	compost programs	
resources to		Programs and Department	 Energy Businesses 	
ensure		of Natural Resources	 County Resource 	
continuation of			and Conservation	
energy, food and			 Food Donation 	
water.			businesses	

Qualitative Data

Primary Data Collection

- Coalition notes/ feedback
- Network analysis
 - o Department of Health: Force Field Analysis
- Focus groups
- Interviews (track various responses through a spreadsheet similar to below)
 - o If you are interested in social networks/ trust building- consider network analysis mapping and surveying coalitions on trust developed and various areas of connection.

Suggestion: Create a table and make a matrix of who to reach out to in communities

Community Asset Areas						
Business Name	Contact Name	Email	Phone	Address	Notes	
Built Infrastruc	ture					
Culture and We	llness					
Diversity, Equit	y, and Inclusion					
Economy and Finance						
Governance and Policy						
Knowledge and Wisdom						
Natural Environment						

Food System Sectors						
Business Name	Contact Name	Email	Phone	Address	Notes	
Cultivation and Harvesting						
Processing and Transformation						
Aggregation a	Aggregation and Distribution					
Purchasing and Nourishment						
Conservation and Stewardship						