Food systems are complex, dynamic and involve numerous interactive sectors across the food supply as well as interactions across and within community assets. In 2023, we revised this framework based on literature review from indigenous food systems, partner communities and Universities, Local Food Leader and Community Food System certified partners, and the 2023 Resilient Community Food Systems: Intersectional analysis across impacts, values, and organizational capacity dissertation from Dr. Long. This led to the newly adopted framework of five food system sectors (interior ring in Figure 1) ranging from cultivation and harvesting to conservation and stewardship. Because of the nested aspect of our food systems, despite what scale we may be working in, we recognize that food systems work within larger complex community systems.

Table 1: Food System Sector Definitions



Cultivation and Harvesting:

Practice of science, art, or occupation that involves cultivating land, raising livestock, hunting, foraging, fishing, and other maritime practices.



Processing and Transformation:

Change of raw ingredients through physical alteration or marketing practices into a new product.



Aggregation and Distribution:

Movement of products, including the gathering and delivery, to markets and buyers.



Purchasing and Nourishment:

Use of foods including individual purchase, culinary activities, and programming for personal and community sustenance.



Conservation and Stewardship:

Care of natural resources to ensure continuation of energy, food, and water.



Figure 1: Food Systems Framework (Iowa State University Extension, 2023)

To identify these and have conversations around intersectionality, the outer ring in Figure 1 represents community asset areas. Community assets touch each of our individual lives as well as communities. Overall, these complex systems influence the potential benefits and challenges for food access, sovereignty, business viability and general food supply and consumption.

Economy

Finance:

and

Table 2: Community Asset Definitions

Built Infrastructure:

Developed buildings,

roadways, and systems.



Culture and Wellness:



Diversity, Equity, and Inclusion:

Same status and equal access to goods, services, and power,



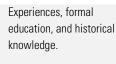
Community and individual wealth, finances, and resources.

Governance and Policy:



Democratic practices and principles or actions adopted by groups, communities, and government.

Knowledge and Wisdom:



Natural **Environment:**



Interactions of climate. living species, weather, and our natural resources.

Contact: Courtney Long, Food Systems Program Manager: court7@iastate.edu

Individual and population

health through traditional

and western practices.



While this tool does not evaluate the impact of each tactic, we have created a partner document, data resources for food system assessment tool, that offers information on quantitative and qualitative analysis. The data resources tool also incorporates options of evaluating both food system sectors and community assets. Additionally, the goal of this resource is to continue to highlight the breadth and diversity between the strategies and tactics of food systems. As research and community engagement continues, the list of tactics grows and depicts the numerous possibilities for food systems development that responds to place-based community values and needs. As this resource is used in community, if there are tactics that appear to be missing, reach out to our food systems team. We respect your suggestions and additions and are interested in working with you to create new tactic descriptions. Additionally, this tactic list is published into a community food systems booklet every two years to show the growth of work across local and regional food systems. This work grows through collaboration, and we are looking forward to partnership.

Within each food system sector, we recognize "tactics" or individual businesses, projects, and programs. This resource is meant to offer both a common language dictionary of tactics across the food system, as well as a simplified tool for assessment for individuals and communities to identify existing tactics across the community. It is laid out by sectors and then individual tactics that are within that sector are indicated. For example, community gardens are noted within the Cultivation and Harvesting sector with a primary "X" and additional sectors community gardens may include are marked with a "X". This resource is also developed to be a tool for identifying which tactics exist within your community food system. There are checkboxes within the left-hand column for tracking the tactics and a notes section that can be used to describe aspects such as the number of tactic in your community; perhaps the challenges or opportunities that exist; and a general space for brainstorming ideas. This tool is meant to be a starting point to consider tactics or strategies that can be implemented to reach place-based goals of community food systems development. Please note that this tool does not incorporate the various asset areas into the matrix. Based on the food systems team's research, there is agreement that all community assets are involved in each sector and tactic. Therefore, this tool is not used to describe the different asset area influences and impact. However, the Community Food Systems Booklet, which will be republished in 2024 and can be found as individual tactic publication, does identify and research community assets implications on food systems tactics. This resource can be found at www.agmrc.org.

There are four specific tactics that work across the food system. These are the individuals and groups dedicated to the comprehensive and intersectional work necessary to foster a community food system. These are highlighted below, prior to getting into the tactic spread sheet.

Tactic	Description	Notes:
Local Food Coordinators / Value Chain Coordinators	Individuals who support and connect food systems stakeholders and develop leadership within the community to orchestrate food system evolution.	
Food System Coalitions	Collective group of individuals and organizations seeking a common goal. Typically, with reoccurring meetings, common agenda (vision, mission, and values), and shared measurement for what success looks like for the future.	
Food Policy Councils	Dedicated group brought together for policy change. Many times, developed through legislative policy for a municipality, county or borough, state, or federal region.	
Wellness Policies	Organization or schools with policy related to student and staff wellness, prevention and combatting childhood obesity, and encouraging school nutrition guidelines are meeting minimum federal school meal standards	



Primary Sector Cultivation and Harvesting

Tactic	Description	Cultivation and Harvesting	Transforma tion and Processing	Aggregation and Distribution	Purchasing and Nourishment	Conservation and Stewardship	Notes:
Residential Gardens	Private residence integrating food plants and potentially animals along with landscape. Typically, on a smaller site that allows for property to have both productive and aesthetic elements leading to increased health benefits, stress reduction, and personal financial stability.	х			X	X	
Homesteading	Typically, a larger scale than a residential garden, homesteading involves land that is used for various practices that encourage self-sufficiency, such as raising livestock, growing fruits and vegetables, collecting rainwater, composting, and crafting	X	X		X	X	
Seed Saving	Practice of storing seed from crops used to further invest in production for the future and keep specific breeds of plants for future planting. It is time intensive and requires specific knowledge in plant breeding and seed storage to be conducted well.	X	X			X	
Wild Foraging	Practice of self-sufficiency and gathering from natural environments that may include both personal or group activities that involve gathering of plants, herbs, nuts, fishing and hunting.	Х			X	X	
Faith Gardens	Faith-based organizations offering land for gardening to connect with the broader community or congregation. Many offer produce to their volunteers or congregation members in need, and several also donate produce to food pantries in the community.	Х			X	X	
Corporate Gardens	Business or corporation-based gardens used to promote and establish healthy habits for employees and administration within a company and promote sustainable wellness for the community.	Х			X	X	
Community Gardens	City or community-based land used for gardens. Many include engagement across both public and private entities and can range in management style from rentable plots to free access. These spaces offer opportunities for families to grow their own food leading to financial stability and healthy, fresh food options.	Х			X	X	

Tactic	Description	Cultivation and Harvesting	Transforma tion and Processing	Aggregation and Distribution	Purchasing and Nourishment	Conservation and Stewardship	Notes:
Farm to School and Early Care: School Gardens	Public or private schools providing garden space for unique learning opportunities for both students and teachers. Gardening can connect multiple disciplines: Math, Science, English, and Nutrition and may be used to teach individual skills on sustenance and sustainability, as well as care and respect the earth.	х			X	X	
Public Edible Landscapes	Community based landscaping that offers gleaning opportunities of the produced product. Typically designed with various forms of food (fruit trees, berries, herbs, and vegetables) with ornamentals to build up the environment, increase diversity, and improve food security through a connection to nature.	Х			X	X	
Food Forests and Community Orchards	Similar to public edible landscapes, this is a practice for public use of land to incorporate various forms of fruit trees and shrubs. Due to the larger nature of the products grown, many times food forests can be found in a specific park or dedicated location, rather than permeated throughout a municipality.	Х			X	X	
Incubator and Beginning Farm Programs	Community organization or private business that assists beginning farmer entrepreneurs in efforts to establish their own successful businesses. The farms typically train on successful business tactics and provide resources and services that are expensive or difficult for start-up entrepreneurs to access.	X				X	
Controlled Environment Agriculture	Indoor growing practices that allow for producers to control all aspects of production from watering, temperature, and air movement. Each business may also have different scales ranging from private residence hydroponic systems to large multi-acre sites.	Х				X	
Commodity or Commercial Agriculture	Large scale agriculture operations using modern technology for inputs and maximizing cultivation of crops and livestock. The model seeks to reduce production costs and maximize profit within the marketplace, with a focus on efficiency, market-driven decision-making, and productivity.	X				X	
Diversified Agriculture	Diversified agriculture focuses on incorporating numerous aspects into the farm from crops, livestock, and regenerative practices. Due to the complexity of the products grown and raised, this type of production practice is typically at a smaller scale and focuses on direct to consumer or intermediate market sales.	Х				X	

educational activities and teaching kitchen

activities.

Jom	munity Foc	od Systems Tactics Checklist						
	Tactic	Description	Cultivation and Harvesting	Transforma tion and Processing	Aggregation and Distribution	Purchasing and Nourishment	Conservation and Stewardship	Notes:
	Niche Agriculture	This production practice can occur in many scales and products. The goal is to produce or raise specialty products with unique characteristics for specialization in a market. The niche practices offer a great importance because they promote diversity and encourage unique business models.	X				X	
	Fisheries	Personal, corporate, or industrial business that includes harvesting of fish and other aquatic species for human consumption or for fish products. These can include both indoor through aquaculture systems and natural maritime fishery practices	X				X	
	Agrihoods	Neighborhood development centered on agriculture which provides direct connections between community members and food production. Many agrihoods also take into consideration conservation programs, gardens, business and retail and social spaces.	X			X	X	
	Agritourism	Tourism that is centered on engagement experiences around agricultural amenities within communities and regions. Typically includes events, tours, meals or shopping and offers additional revenue streams to farmers and food businesses as well as ways to educate public on local and regional foods.	X			X	X	
		Primary Sector Transformation and	Processing					
	Processing Facilities	Food business that processes raw food products (such as produce, dairy, or meat) through physically or chemically altering products into value-added products.	X	X				
	Slaughter Facilities	Also known as an abattoir, is a specific business for slaughtering livestock to then turn into meat for feeding people.	X	X				
	Mobile Processing Units	A mobile unit that is equipped with various slaughtering or processing equipment depending on need. Many include animal or specialty crop processing equipment to allow for smaller scale farms to process directly.		X	X			
	Shared-Use and Teaching Kitchens	A shared or rented certified kitchen that offers entrepreneurs a food-safe location for creating, processing, and developing products or meals. Many times, they are accompanied by educational activities and teaching kitchen.		X	X	X		

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	Tactic	Description	Cultivation	Transforma	Aggregation	Purchasing	Conservation	Notes:
			and	tion and	and Distribution	and Nourishment	and	
$_{\neg}$	Food	Non-profit or privately managed organization	Harvesting	Processing	X	X	Stewardship	
	Food Enterprise	that supports businesses through		X	^	^		
	Centers	entrepreneurial investments in food processing,						
	Ocintors	to develop a self-financed, sustainable, and						
		profitable business model. May involve mixed-						
		use space for multiple entrepreneurs to co-						
		locate and have retail space.						
	Food	Similar to an Enterprise Center but focused on		Х	X	Х		
	Innovation	additional research and product development						
	Cetner	for larger scale production and processing.						
		Often intertwined with a university and						
		research facility to support in product creation,						
		packaging expertise, and food safety.						
	Breweries,	Licensed business where raw products are		X	X			
	Wineries, and	used to create beer, wine, or spirits, for						
	Distilleries	consumption. Business styles may vary						
		depending on goals for large scale growth or local development						
ı		local development						
		Primary Sector Aggregation and Dis	stribution					
\Box	Community	Diversified agriculture businesses that have	Χ		Х	Χ		
	Supported	primary sales through membership and direct						
	Agriculture	distribution of products. This allows the						
		business to have shared risk with consumers.						
	Food Boxes	Aggregated products from multiple farmers			X	X		
		(meat, vegetables, fruit, etc.) which are						
		distributed to individual residences or						
		community locations. This allows customers to have access to multiple types of products						
		rather than sourced from one type of farm.						
	Food Hubs	Food business or organization that aggregates,		X	Х	X		
_	100011000	distributes, and markets local and regional		^	^	^		
		products to consumers. Typically, food hubs						
		offer the next scale of distribution when						
		compared to CSA and Food Box programs and						
		sell to restaurants, grocers, and other						
		wholesale retail locations.						
	Farmers	Innovative community spaces operating as a	X	X	X	X		
	Markets	market for farm and food vendors, where						
		individuals socialize and purchase products. Markets range in management styles and many						
		also offer various food assistance programs to						
		support food access for customers.						
77	Auctions	Organization that allows consumers and	X		X			
_		businesses to purchase from local or regional	<u> </u>		^			
		producers. Typically purchases are at a larger						
		quantity of products and sold at a wholesale						
		price.						

Community Food Systems Tactics Checklist

Tactic Description

Tactic	Description	Cultivation and	Transforma tion and	Aggregation and	Purchasing and	Conservation and	Notes:
		Harvesting	Processing	Distribution	Nourishment	Stewardship	
Cooperatives	Co-ownership of a business where each individual shares responsibility for decisions. Cooperatives can exist across the food system sectors, but commonly are seen within grocers and distribution models for products. Many cooperatives are developed due to a particular value or need in a community.	X	Х	Х		X	
Food Banks	Non-profit organizations that aggregate, store, and distribute dry, cool, and frozen goods to a variety of customers. The primary goal being food security for a particular region. Food banks are the primary purchaser or gleaner of product and then store and distribute to partner agencies such as food pantries, soup kitchens, and shelters.			X	X	X	
Institutional Procurement	Schools and large-scale institutions procuring local and regional foods that are typically then used in dining centers or educational programs to teach staff, clients, patients, and students about their agriculture, food, health and nutrition.	X	X	X	X		
HIM	Primary Sector Purchasing and Nou	rishment					
Meal Programs	Non-profit organizations that serve individuals who need support in accessing food and prepared meals. Meal programs often include a client-choice pantry and targeted referrals to community services, helping to eliminate poverty among clients.			X	X	X	
Food Pantries	A charitable distribution agency that provides individuals with food and grocery products for home preparation and consumption.			X	Х		
Small Market Retail	Often referred to as corner stores or bodegas, they are typically independently owned and operated and support access to food as a small retailer/ grocer.		X	X	Х		
Grocery Stores	A food service retail store that provides various range of fresh, processed, and sometimes prepared foods for individual consumers. While many are bricks-and-mortar, there are examples of online grocery options with pickup or delivery options.		X	X	X		
Public Markets	A collection of businesses in one space that offer prepared, raw, processed, and specialty foods and products. Typically managed through rental rates and lease agreements for businesses. These markets support		X	X	X		

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		entrepreneurs in understanding demand						
		provides customers with local products.	0.1:1					
	Tactic	Description	Cultivation and Harvesting	Transforma tion and Processing	Aggregation and Distribution	Purchasing and Nourishment	Conservation and Stewardship	Notes:
	Restaurants	Food business that procures and creates meals for patrons. Restaurants provide a unique option for diverse cuisine and cultural connection through food preparation and dining experience.	X	X		X	X	
	Food Trucks	Food business, like a restaurant on wheels, with relatively low start-up costs. Typically equipped with a full kitchen, however, may depend on a certified kitchen to first develop products for sale.		X	X	X		
	Nutrition Assistance Programs	Government programs established to combat hunger through aiding under-resourced households with mechanisms to purchase food. Many programs also provide education on food budgeting and meal preparation.			X	X	X	
		Primary Sector Conservation and St	tewardship					
	Composting	Process of regenerating organic matter like	X				Х	
	and	food scraps, landscape materials, manure, and						
	Composting	other products into a value-added product that						
	Programs	can be used to fertilize the soil.						
	Water	Individuals, farms, organizations, and	X				X	
	Conservation	municipality activities that use water more efficiently and effectively to reduce unnecessary water usage.						
	Renewable	Practices that utilize natural resources for	X				X	
	Energy	energy sources, including solar, wind, biomass,					^	
	- 37	geothermal, etc. to substitute fossil fuels.						
	Land Trusts and Conservation	Policies and programs that protect land for particular uses of environmentally sustainable practices and care for the land. In some cases,	X				X	
	Programs	this can include land set aside for particular types of farming.						
	Reef and	Government and organizational preservation	X				X	
	Coastal	and maintenance of oceanic ecosystems'	^				^	
	Management	health; including coral reefs, native species,						
		resources, shorelines, tourism, cultural values,						
		marine life, etc.						
	Food Donation	Organizations or individuals working to gather	Х			X	Х	
	and Gleaning	and donate food products prior to spoilage date at farms, retailers, and dining locations.						
	Waste	Individuals, farms, organizations, and					X	
	Prevention	municipalities dedicated to preventing waste						
		through recycling, prevention of waste, and						
		audits for understanding waste.						