

RESOURCES FOR EMMET COUNTY FAMILIES



Iowa Healthy Families
1-800-369-2229

Public Health Clinic
Estherville – 362-2490

Seasons Center (Community Mental Health)
Spencer - 1-800-242-5101 (24 hr. emergency)
Estherville – 800-242-5101

Northwest Aging Association
Spencer – 712-262-1775 or 1800-242-5033

Planned Parenthood of Greater Iowa
Spencer Ctr. – 1-877-811-7526

Veterans Counseling Center
Sioux City – 712-255-3808

Emmet County Mental Health Case Mgmt
Estherville – 362-2452

KIDS Program
Estherville – 362-7295

HA WK-I Insurance
1-800-257-8563

Catholic Social Services
Fort Dodge – 515-576-4156

Lutheran Social Service of Iowa
Spencer – 712-262-4083

IA Dept of Public Health
Teen Line - 1-800-443-8336

LEGAL AIDE

Iowa Mediation Service
Spencer – 712-262-7007

Iowa Mortgage Foreclosure Hotline
1-877-622-4866

Iowa Legal Aid 1-800-352-1275

Legal Services Corp of Iowa
1-800-392-0021

Lawyer Referral Iowa State Bar
Association - 1-800-532-1108

SUBSTANCE ABUSE

Compass Pointe
Estherville - 362-2252 or Spencer – 1-712-262-2952

Iowa Substance Abuse Information Ctr.
1-800-247-4111

Narcotics Anonymous
First Christian Church (N door)
Friday Nights – 8:00 P.M.

TRANSPORTATION

Regional Transit Authority
1-800-358-5037 or 712-262-7920

UTILITY ASSISTANCE AND WEATHERIZATION

Upper Des Moines Opportunity
Estherville 362-2391

NUMBERS TO KNOW

Iowa Concern	1-800-447-1985
Poison Control	1-800-222-1222
Answer Line	1-800-262-3804
Hotline	1-515-294-3108
Bets Off	1-800-238-7633
Attorney General (Consumer Protection)	1-515-281-5164
Better Business Bureau, Des Moines	1-800-222-1600

Compiled by:

ISU Extension – Emmet County, 2012

...and justice for all

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IOWA STATE UNIVERSITY
University Extension

ABUSE

Dept. of Human Services
Estherville - 362-7237

Family Crisis Line (24 hours)
Estherville - 362-4612
Tollfree 877-362-4612

Elder/Child Abuse & Neglect Reporting
1-800-362-2178

IA Dept Public Health Teen Hotline
1-800-443-8336

Sexual Abuse Hotline
1-800-284-7821

State Domestic Abuse Hotline
1-800-942-0333

CLOTHING

Upper Des Moines Opportunity
Estherville - 362-2391

EDUCATION

ISU Extension - Emmet County
Estherville - 362-3434

Iowa Lakes Community College
Estherville - 362-2604 or 362-7945
Cont'd Ed 362-7231 Laker H.S. 362-7933

Northwest Aging Association
Spencer - 1-800-242-5033

Farm Focus
Spirit Lake - 712-336-3439
1-800-299-3430

Prairie Lakes Area Education Agency
Estherville - 362-7295

EMPLOYMENT

Iowa Workforce Development
Spencer 712-262-1971

WIA - Workforce Investment Act
Spencer - 1-800-798-7224

ILCC Rehabilitation Education & Services
Estherville - 362-5433

Unemployment Insurance
Employment Related Questions
1-800-562-4692

FINANCIAL PROBLEMS

Emmet County Dept. of Human Services
Estherville - 362-7237

Emmet County Veterans Affairs
Estherville - 362-7431

Emmet County General Assistance
Estherville - 362-7431

Social Security Administration
1-800-772-1213
Spencer 712-262-5350

F.S.A. - Ag Credit
Estherville - 362-7221

Farm-On
1-800-447-1985

FINANCIAL COUNSELING

Consumer Credit Counseling Service
1-800-388-2227

FOOD

Upper Des Moines Program
(W.I.C.) 1-800-245-6151
(Food Pantry) Estherville - 362- 2391

Department of Human Services
Estherville - 362-7237

Meals on Wheels
Estherville - 362-2968

HEALTH CONCERNS AND FAMILY COUNSELING

Emmet County Public Health
Estherville - 362-2490

Emmet Co. Dept of Human Services
Estherville - 362-7237

Emmet Co. Emergency Management
Estherville - 362-5702

AA & Al-Anon

Church of Christ, Estherville
Monday Nights - 8:00 P.M.

Senior Citizen Center, Armstrong
Wednesday Nights- 8:00 P.M.

Overeaters Anon

Estherville Public Library
Thursday Nights- 7 P.M.

Avera Estherville Medical Center
Estherville - 362-6501

Avera Holy Family Hospital
Estherville - 362-2631

Avera Holy Family Health, Hospice
Estherville - 362-2631

Avera Home Medical
Estherville - 362-3568