Youth and 4-H
Advanced 4-H Project Record

Year: ____________

Name: ______________________ County: __________________

Age: _______ Grade: _______ Years in 4-H: ____________

Project area: ____________________________________________

Years enrolled in this project, including this year: ________________________

(A project continues all year. It includes what you do and learn in the project in which you enrolled; an exhibit is only one part of all you do in a project.)

Goals
Each goal statement should include the Action-Result-Timetable of your plans.

Communication
Record presentations (talks, demonstrations, newspaper articles, radio interviews, etc.) you have given in this project this year. Include the topic, kind of presentation, type of group reached, and number in audience.

IOWA STATE UNIVERSITY
University Extension

and justice for all . . .
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4H 0096C
<table>
<thead>
<tr>
<th>Action plan</th>
<th>Record what you did and learned in this project as you go through the year. Be specific by telling how many and what items were made or selected, animals fed and cared for, decisions, plans carried out, etc.</th>
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| Citizenship  | Record your citizenship and community service experiences (helping others) related to this project. Include activities of benefit to the community, school, church group, a neighbor, etc. |
Leadership

Record your leadership activities related to this project, such as teaching others, leading workshops, organizing an activity, etc.

General financial summary

This summary is optional but can be used with any project to record costs of owning or making an item, comparing costs, etc. (Specific financial worksheets are also available for some projects.)

<table>
<thead>
<tr>
<th>Expense Items</th>
<th>Amount</th>
<th>Income Items</th>
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Total Expense

Total Income

Recognition and exhibits

Record any recognition such as your name being in the paper, congratulatory notes, certificates, or awards received related to this work. Also, list the exhibits you had in this project and placings received.
Reflections

Tell about your overall 4-H experiences in this project. Evaluate your personal growth, learnings, successes, disappointments, fun and frustrating experiences, and plans for the future.

During the year

Attach pictures, clippings, livestock worksheets, fair exhibit write-ups, and other information on additional pages.

Information on this form may be adapted or modified for use with computer, video tape, or audio tape.

Prepared by 1995-1997 Record Keeping Club Task Force Subcommittee; Melva L. Berkland, Extension Communication Specialist; Donna Fincham, Composition Consultant, Creative Services, Instructional Technology Center; and Lonna Nachtigal, Illustrator.