Growing HERBS

May 11 • 9:00-10:30 a.m.
ISU Extension and Outreach
Dickinson County Office
1600 15th Street • Spirit Lake

Join us in learning about Garden Herbs and their many uses in meals and in the home landscape. Each participant will plant three herbs to take home with them and we’ll be sampling different herbs in recipes. The cost for the class is $10 per person. To register, Call Sue at 712-336-3488 by May 6.

Cooking with HERBS

June 27 • 6:00-8:00 p.m.
ISU Extension and Outreach
Dickinson County Office
1600 15th Street • Spirit Lake

Learn how to identify common herbs, as well as cook with them. Discover healthy cooking strategies to reduce sodium by using flavorful herbs, and learn to substitute fresh herbs for dried herbs in recipes. Herb preservation via freezing and/or drying will also be discussed. Participants will practice hands-on knife skills and make an herb vinegar. The cost for the class is $10 per person. To register, visit http://bit.ly/cwh12887 or call Sue at 712-336-3488 by May 24.