



State Project Awards

Awards are available in all 4-H project areas and are selected through an application and interview process begun at the area level. \$100 savings bonds are awarded annually to 50 recipients. Recognition is based on leadership, citizenship, and project subject matter knowledge. Give it a try! Share what you've learned!



4-H Scholarships

College Scholarships of \$500 to full tuition are available to graduating high school seniors and former 4-H'ers. Approximately \$100,000 will be awarded to 90 recipients attending a 2- or 4- year Iowa College. Applications are due in the State 4-H Office every year on February 1st. Information is available at county Extension Offices.



4-H'ers for 4-H

Each year the State 4-H Council holds a 4-H'ers for 4-H Campaign that raises money for the 4-H program. 4-H Clubs across Iowa are challenged to donate money on a per-member basis in support of 4-H. The money raised is used throughout the state for financial assistance and to make improvements to the 4-H camping center.

National Opportunities



National 4-H Congress

Interact with 4-H'ers from other states and develop leadership skills through recreational, social, and cultural activities. 22-24 Iowa delegates are selected through an application and interview process. Anyone in grades 10-11 at the time of application may participate.

National 4-H Conference

Become a part of 4-H program development at this event. Delegates create recommendations on pre-selected topics through sharing and discussing ideas. Four Iowa youth and one adult attend the annual event at the National 4-H Center, Chevy Chase, Maryland. The application and interview process begin a year in advance. Anyone grades 9-11 may apply.



For More Information

Contact your local Extension office or www.extension.iastate.edu/4h

... and justice for all. The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Many materials can be made available in alternative formats for ADA clients. To file a complaint of discrimination, write USDA, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call 202-720-5964. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jack M. Payne, director, Cooperative Extension Service, Iowa State University of Science and Technology, Ames, Iowa. The 4-H emblem is protected under 18 U.S.C. 707.
4H-3002 February 2010



Youth Development Program

www.extension.iastate.edu/4h

Opportunities Beyond the County



IOWA STATE UNIVERSITY
University Extension

Statewide Opportunities



State 4-H Council

40 youth are selected in March through an application and interview process open to members in grades 10-11. This group meets 3 or 4 times a year at the Iowa 4-H Center to plan the Iowa 4-H Youth Conference and promote 4-H as an ambassador at the county and state levels. This is a good way to meet and work closely with 4-H members from all over the state to promote 4-H.



Iowa Youth Technology Team

Tech team members will gain leadership skills, learn marketable technology skills, develop a community service project using technology, experience cutting edge technology at Iowa State University including virtual reality, help develop technology training, and be a delegate to the Iowa 4-H Youth Conference. Members are selected at the same time as state council and cannot serve on both at the same time.



Speak Out for Military Kids

Help raise community awareness about challenges facing military youth and their families. Foster support for military families. Acquire knowledge and skills as you create presentations and gain confidence in public speaking. Find out more at www.extension.iastate.edu/4h/programs/omk



Camera Corps

Apply for membership, attend photography workshops and spend a day at the Iowa State Fair taking photos which may be selected for display. May include another photo shoot at an earlier summer event.



Iowa State Fair Volunteers

Volunteer your time helping others in the 4-H Exhibits Building or with 4-H livestock shows at the Iowa State Fair. Some tasks include being an exhibit assistant, communication coordinator, data entry person or assistant for livestock shows. The volunteering experience allows you to meet new people, have fun, and also give you the chance to help the state 4-H program fair activities. (Applications due June 1.)

Iowa 4-H Center

Near Madrid, Iowa (just west of Ames) the Iowa 4-H Center is a retreat center that is open for year-round use and rental. There are 4-H summer camps and seasonal programs in team challenge, outdoor camping, environmental education, photography, shooting sports, recreation, and field schools. It is a fun get-away for individuals, friends or clubs.



Iowa 4-H Youth Conference

Each June, Iowa teens, not just 4-H'ers, can attend a 3-day conference on the ISU campus planned by the State 4-H Council. Special programming addresses issues of high school students. Activities include speakers, workshops, mixers, dances, a banquet and community service opportunities. Join the fun and make new friends.



Animal Science Round-Up and CSI: Crops

These two events are held each June in conjunction with the Iowa 4-H Youth Conference. ISU animal science and agronomy faculty provide hands-on workshops. Livestock activities include making sausages, exploring rumens, balancing rations, and much more! Crops activities include scouting for plant pests and lab work to identify the culprits.



Horse, Dairy and Livestock Contests

Test your knowledge in judging, verbal communication and production by participating in judging contests and dairy or horse quiz bowls. Learn decision-making and communication skills. Participate in your county during the summer for opportunities at state events. Top 4-H teams will represent Iowa at national contests.



Citizenship-Washington Focus Trip

Take a summer trip to the Washington, D.C. area with a group of youth from various states. You will attend workshops, go on field trips, see historic places, and participate in other FUN activities at the National 4-H Center in Chevy Chase, Maryland. You learn about and practice the importance of good citizenship. Meeting with Iowa Legislators on Capitol Hill expands your understanding of government issues.