Events in Davis County

February 2020

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IOWA STATE UNIVERSITY
Extension and Outreach

Coming Soon:

Program: The Finances of Caregiving:
Planning as you age by ISU Human Sciences Specialist, Joyce Lash

This 5 week series will cover topics like:

- Wills, living wills, durable power of attorney for health care and financial matters
- How to continue tax-deferred savings while caregiving
- Paying for care, long-term care insurance, veterans benefits, Medicare, Medicaid

We want your input!

*There will be an informational/planning meeting for this program on February 27th @1pm at DC Hospital, Conf. Rm. B

For more information: Mari Melvin, 641-664-2730 or marimel@iastate.edu
STAY INDEPENDENT:
A Healthy Aging Series

5 more chances to attend this nutrition & wellness series!

Adults age 60 and older are welcome
NO COST!

Feb. 27th: Cooking for One or Two”, Mar. 5th: “Brain Health”

10:30-11:15 A.M. @ Bloomfield Senior Center

Davis County Council for the
Prevention of Child Abuse
ALL CHILDREN DESERVE
#GREATCHILDHOODS

We are planning Child Abuse Prevention month. We would love to hear your ideas! Please join us at our next meeting: February 4th @ 4:30 pm,
DC Hospital, Conf. Rm. D

Pick a better snack™

Encouraging kids to eat healthy

Pineapple: Did You Know?

• Pineapples do not ripen after they have been picked.

• The pineapple crown is used to plant a new plant. It takes 18-20 months to get the first fruit. The next crop takes another 15 months.

• The pineapple is a symbol of hospitality.

In January, kids were hesitant to try chick-peas, but most were brave! There were mixed reviews. One said, “I know why they call them chickenpeas! They taste like chicken!”