

December 2017

All parents face new and unexpected pressures when it comes to raising kids. Nest is an easy way to meet other parents, learn new parenting strategies, and get free items needed for your growing family.



Wednesday 11am-12pm

and

Wednesdays 6pm-7pm

Points can only be earned for each lesson once.

Classes are held at ISU Extension and Outreach of Davis County at 402 E. North Street in Bloomfield unless otherwise noted in the class description.



IOWA STATE UNIVERSITY
Extension and Outreach



Nest is funded by 4 Counties for Kids Early Childhood Iowa, ICAP, CBCAP, and ISU Extension and Outreach of Davis County. ISU Extension and Outreach programs are available to all without regard to race, color, national origin, religion, age, sex or disability.

December 6th

Financial Wellness
taught by ISU Extension
Specialist Joyce Lash
1,000 points for class

December 13th

Playing and Attaching
Fun games to play at home
with your kids that encourage
parent/child bonding.

December 20th

Pantry Soup Jars
Learn about pulses with
HyVee dietitian. Make 2
soup jars to take home.
May stay to make
additional soup jars for \$5
each or 4 for \$15.

December 27th

No Class
due to the holidays
