Enrollment Reminders

Enrollment for the 2015-2016 4-H year opened September 2, 2015.

Enrollment can be completed online at [www.4hOnline.com](http://www.4hOnline.com). All 4-H’ers that are re-enrolling will have an existing profile. Log in with your family email and password.

New families will need to create a profile and follow the steps. If you have any questions, contact the Dallas County Extension and Outreach Office at 515-993-4281 or email Aleta Cochran at aleta@iastate.edu or Lisa Mickelson, who is your contact for Clover Kids at lmickel@iastate.edu. The development fee for 4-H is $30 per year. Funds are available upon request for families needing assistance. The development fee for Clover Kids (K—3) is $5 per year.

We ask that all volunteers and re-enrolling members be enrolled in 4-H online by October 15. Enrollment fees should also be paid at this time. For insurance, health history reasons and for the leaders to have current information, a parent will need to attend meetings with their child if not enrolled.

Payment should be made directly to the Dallas County Extension and Outreach Office or your club leader. Payment is not available through 4hOnline.

If you need help with 4hOnline or anything else, give us a call!

Sincerely,

Aleta Cochran

Dallas County Extension & Outreach
County Youth Coordinator
aleta@iastate.edu
515-993-4281
CLUB OFFICER TRAINING

Are You a Club Officer?

Have you ever wondered what you are really supposed to be doing at your meetings? Join us for a club officer training on November 14, 2015 from 9–11 am at the extension office. All club officers are encouraged to attend and leaders are welcome.

If you have been a club officer and would like to help with the workshop, contact Aleta. Please RSVP to Aleta by November 6.

If there is not enough interest the training will be cancelled.

CHECK THIS OUT!

Titan Tires for 4-H Restoration Projects

4-H members restoring antique tractors or other farm equipment may submit an application to receive free Titan Tires for their restoration project. Titan Tires is pleased to support 4-H by providing tires to qualified members by offering this program. The application and more information can be found on the 4-H website: http://www.extension.iastate.edu/4h/projects/

WORKSHOPS

C6Bio Farm

On Saturday, November 7, from 1-3 pm we will use iPad’s to look at Bio energy, the environment, AG careers and agriculture production. The Superhero C6 character helps players decide whether to produce corn, soybeans, or switchgrass. You will encounter real-life farming problems, such as droughts, floods, pests and others. Abby Stanek, Iowa 4-H C6 BioFarm Coordinator, will be leading the workshop. Register before November 5 by contacting Aleta.

Financial Workshop

Join us on Saturday, December 5 from 1-3 pm for a financial workshop filled with fun activities. We will explore how to be a wise consumer when spending, saving or giving your money. Carolyn Steckelberg, ISU Extension and Outreach Family Finance Specialist, will be presenting the workshop. RSVP to Aleta.

OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE
Find the Heart of 4-H!

Volunteers who are club or assistant club leaders are required to attend an annual training each year. This may include the New Volunteer training or one of the state offered trainings which are:

**The HEART of Community:** In this session you will learn how to help youth find their voices as they become actively engaged in their communities. It will be held at the Dallas County Extension Office at 6:30 pm on **November 10**.

**The HEART of Leadership:** Young people do not magically become leaders at age 13! Leadership is nurtured from their first 4-H experience. You’ll receive tools to help inspire youth of all ages to discover and develop independence and mastery. It will be held at the Dallas County Extension Office at 6:30 pm on **January 12**.

Please RSVP to Aleta for either of these trainings.

New Volunteer Training

This required regional training is designed to give volunteers, club leaders and assistants a better working knowledge of positive youth development, the Iowa 4-H equation and the tools that will help them in their role of working with youth. Volunteers committed to these roles are required to attend a new volunteer training within the first 12 months of being screened and approved as a 4-H volunteer.

Trainings are scheduled from 9 am to 3 pm on **Saturday, October 10, 2015** at the Polk County Extension office in Altoona and **Saturday, January 30** in the Madison County Extension Office in Winterset.

For more information, other training dates and to register, please visit the 4-H website: [www.extension.iastate.edu/4h/volunteertraining](http://www.extension.iastate.edu/4h/volunteertraining).

**SAVE THE DATE**

4-H Awards Night ~ November 15

**You’re Invited!!!**

**Awards Banquet**

**Sunday, November 15 at 5 pm**

Community Building
Dallas County Fairgrounds

Join us at the 4-H Awards Night to recognize outstanding 4-H members and volunteers.

*This year we ask that clubs decorate the center of a table. Winning club will receive a prize.*

The evening will start with supper at 5 pm. The Youth Committee will provide meat and buns for sandwiches, water and coffee. We ask families to bring a side dish and/or a dessert and your own table service.

**MISSION STATEMENT**

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING
**4-H PLEDGE**

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.

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**Photos Needed**

We would love to have pictures of your club activities from the year to use in the slide show at the Awards Night Banquet. Photos can be emailed to Aleta at aleta@iastate.edu.

Photos need to be to the extension office by Friday, October 30.

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**Award Applications**

Record books & award applications are due to the extension office by October 9, 2015.

The Dallas County 4-H awards application and a list of the awards are on the Dallas County Extension website on the 4-H member Info page [www.extension.iastate.edu/dallas/page/member-info](http://www.extension.iastate.edu/dallas/page/member-info) Contact Aleta if you need assistance or have questions.

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**2016 Citizenship Washington Focus Trip**

*Looking for an experience of a lifetime?* Look no further than the Citizenship Washington Focus trip where you as a 9th-12th grader can travel by charter bus to visit Washington D.C. and the National 4-H Center. Experience leadership and citizenship on a higher level with this epic opportunity on June 10-18, 2016.

Trip highlights include the Flight 93 Museum, Gettysburg Battlefield, Capitol Hill, Smithsonian Museum, Mount Vernon and the Holocaust Museum. Youth will also meet with the Iowa Congressional and Senate delegations to discuss legislative issues. Besides tours and workshops, 4-H'ers will have time for socializing and meeting new friends!

Cost of the trip is $1,570. This includes lodging, transportation, tour site admissions and most meals. Registration and a $510 deposit will be required to secure a spot. Space is limited. Registration deadline is January 4, 2016. To learn more about the trip and to get registration information visit: [www.extension.iastate.edu/4h/cwf](http://www.extension.iastate.edu/4h/cwf).

The Dallas County Youth Committee and 4-H Foundation will help with the trip expenses upon request. Contact Aleta for more information.

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**National 4-H Week October 4-10, 2015**

The theme for National 4-H week is: **4-H Grows Here!**

Find a way to share information about 4-H. You could do a display at a library in a store window or wear your 4-H t-shirts to school. You could invite friends or classmates to a club meeting. Send your pictures to the office and we will post them to Facebook and put in the newsletter.
Market Beef Weigh-In

Any 4-H’er planning to show market beef at the Dallas County Fair, Iowa State Fair, Clay County or AkSarBen in 2016 MUST have their entries weighed, tagged and identified on the proper ID form. The Dallas County weigh-in is scheduled for **Saturday, December 12, 2015 from 8 -11 am** on the Dallas County Fairgrounds. Each 4-H’er may weigh up to six steers or market heifers plus junior cattle feeder pens for county fair. From 8—9 am we will weigh **county fair only** animals. All other animals will be weighed following the county fair only animals. Animals that will be shown at the State Fair will also need to have a retinal scan. **4-H’ers must be in 5th - 12th grade to show at the Iowa State Fair.**

The weigh-in fee for each animal is:

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<th></th>
<th>County Fair</th>
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If you can’t attend the Dallas County weigh-in, we can help you make arrangements to get Dallas County tags to the weigh-in site of your choice. Contact the extension office for assistance.

**Don’t forget to ID your County Born & Raised, Produce of Dam, and Pens of 3**

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**FOODSTAND  THANK YOU**

Thank you to all the 4-H members and families for their work in the 4-H food stand.

Everyone put forth the extra effort to represent their clubs by getting up early to do first shift, working so hard when it was busy and staying late to help.

4-H Youth Committee
Carolyn Wilson, stand manager
Chuck Inman, assistant

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**100 YEARS STRONG**

The Sugar Grove Sunshine 4-H Club will be in its 100th year and plan to have a celebration in September or October of 2016. We have a list of club members and leaders, partial or whole, for each year except we’re missing the following years: 1986-87 and 1989-90 through 1993. If anyone has a list or someone who might know, please contact Lorna Baldner Grow 515-238-2189 or email ljbgrow@q.com

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**NEW COUNTY COUNCIL**

We are looking for a few members who are wanting to take 4-H to the next level

If you are in grades 10-12 check out this opportunity.

You will help plan activities for 4-H members in Dallas County. It could be a bowling party, basketball tournament or workshops.

The application is on our website [http://www.extension.iastate.edu/dallas/page/member-info](http://www.extension.iastate.edu/dallas/page/member-info) below the newsletters.

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**4-H IS BASED ON RESEARCH**
## Calendar Of Events

### OCTOBER:
- **9** Record Book & Award Applications Due
- **10** New Volunteer Training; Altoona
- **20** Youth Committee meeting/ Review award Applications

### NOVEMBER:
- **7** C6 BioFarm Workshop 1 pm  Extension Office (EO)
- **10** Leader Training - Heart of Community - EO
- **14** Club Officer Training; 9 am  - EO
- **15** Awards Night and Banquet; 5 pm - Community Building on Fairgrounds
- **26-27** Office Closed for Holiday

### DECEMBER:
- **5** Financial Workshop for 4-H members
  - 1 pm  - EO
- **12** Market Beef Weigh-In; 8—11 am
- **24-25** Office Closed for Holiday
- **29-30** Winter Retreat - Watch for details

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### CELEBRATE NATIONAL 4-H WEEK ON OCTOBER 4-10!

Dallas County 4-H wants to celebrate with you by giving away daily prizes Monday the 5th through Friday the 9th! Follow the steps below to participate:

1. **LIKE US ON**
   - Facebook at: facebook.com/15UEXTENSIONDALLASCOUNTY

2. **POST A PHOTO ON**
   - Our Facebook page of you wearing your 4-H T-Shirt!

3. **USE #4HGROWHERE**
   - And tell us how 4-H has helped you thrive and grow!

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### WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/DALLAS