There is no cost to attend—the cost for refreshments, meals, lodging, instruction and materials are being covered by local sponsorships. Please register early and be one of the couples to enjoy this weekend getaway.

We will attend the Get-A-Way at: February 25-26; Cobblestone Inn & Suites, Holstein IA

Name (Include both spouses) Address City, State, Zip Email Phone

Farm Operation Type (Please circle all that apply): Dairy Crop Beef Swine Other:

There is a $50/couple deposit required to reserve your spot, refundable on the 2nd day of the getaway.

Photos and/or video taken at this event may be used by Iowa State University Extension and Outreach for promotional, commercial, educational and research purposes. If you prefer not to be photographed, please talk with the photographer or videographer.

JOIN US www.extension.iastate.edu/dairyteam

REGISTRATION IS LIMITED TO THE FIRST 10 COUPLES PER SITE

THIS PROGRAM IS MADE POSSIBLE BY THESE GENEROUS SPONSORS:

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FARM COUPLE GETAWAY


If you have a farm operation in transition; want to better manage the stresses of farming and family relationships; or just feel the need to “get-away” with your spouse and talk about your farm and family issues, then this retreat-style getaway is for you.

IOWA STATE UNIVERSITY Extension and Outreach
This experience is designed to help farm couples:

- Deal more effectively with stress
- Learn creative communication skills
- Learn about personality differences
- Communicate more effectively with your spouse and children
- Learn about helpful resources in your community and ISU Extension and Outreach
- Make basic decisions and plans for your farm and family’s future
- Enjoy a much-needed mini-vacation from the farm and farm work

Questions?
Fred M. Hall
712-737-4230
fredhall@iastate.edu

Getaway Details
Check-in Time: 12:30 p.m. Day 1
Ending Time: 3:00 p.m. Day 2
There is a $50/couple deposit required to reserve your spot; refundable on the second day of the getaway.

What farm couples have appreciated about past retreats:

“Interaction with other farm couples”
“The understanding of personality differences”
“New perspective on old issues”
“A time for us to reflect and plan”
“Time away from the farm and farm work”
“Realized that we weren’t the only ones with these issues”
“Excellent leadership skills and insights into improving my farm operation”
“The time went by quickly - an enjoyable weekend”

Mail Registrations to:
Cherokee County Extension
ATTN: Farm Couple Getaway
209 Centennial Dr. A,
Cherokee IA  51012

The Northwest Iowa “Getaway” will be open to the first 10 farm couples from Iowa that sign up to attend. A confirmation letter will be sent to each couple.

February 25&26, 2022
at the
Cobblestone Inn & Suites
2011 Indorf Ave., Holstein, IA
(just off Hwy 20, on south side)

#STRONGIOWA