



BUILDING A #STRONGIOWA

2019 IN CRAWFORD COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Crawford County for a #STRONGIOWA.

Crawford County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Economic Development
- Food and the Environment example
- Health and Well-being example
- K12 Youth Outreach Example



Economic Development

“Small Change: Building Financial Security” offered at Denison High School taught 16 educators through a blended course: one in-person class followed by self-paced online learning over four weeks led by HSEO Family Finance Specialist, Carol Ehlers.

School employees and educators reported improving their personal financial management knowledge and skills, and increased their confidence in making small changes to build their own financial security. They also prepared themselves as professionals to address financial literacy in the classroom by signing up for Teacher License Renewal Credits.

Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Diane Arkfeld
Extension Council Chair

Terry Torneten
Regional Director

Carolyn Boeck
Council Member

Ashley Hanke
Council Member

Collette Huntley
Council Member

Dan Jepsen
Council Member

Kory Koenig
Council Member

Elke Lansink
Council Member

Roger Reimers
Council Member

Coletta Weeda
Council Member



Food and Environment

ISU Extension and Outreach, Crawford County, **Crawford County Natural Resources Conservation Services (NRCS)**, and **Crawford County Cattlemen** partnered to host a pasture walk to help increase awareness of grazing Conservation Reserve Program (CRP) acres and the benefits it can have for cattle, the land, and wildlife. This field day focused on how adding grazing of these acres can extend cattle producer's grazing season in the early spring and late summer months, implementing temporary fencing to best utilize the forage, as well as discussing the economics of grazing. Erika Lundy, beef specialist shared how responsible grazing of CRP acres can improve diversity of plant species, help control weed pressure, and provide benefits to wildlife habitat.



Health and Well-being

ISU Extension and Outreach Crawford County held a program designed to reduce diabetes, heart disease and other diet-associated conditions that strike Latinos at nearly twice the

rate as other populations. **Latinos Living Well** is a 4-session program where participants learn how to improve their health by; discovering the types of foods that keep the body healthy, learning how to shop smarter, preparing and tasting great-tasting foods in class, and learning ways to make physical activity a routine. The program was held at the Extension office in June 2019. Nutrition and Wellness Specialists Ann Parker and Renee Sweers, as well as Maria D. Gutierrez from Denison Middle School, facilitated the program.



K-12 Youth Outreach

The International Harvester Collector's Club Award Program recognizes Iowa **4-H** members for state fair project achievements. This year Ashley Rosener was named overall winner. Along with public recognition at the 2019 IH Awards Ceremony, Rosener received a one-year membership to IH Collector's Club Chapter 5, an invitation to share her exhibit at a chapter club meeting or the Farm Progress Show, and a monetary award.

Checkout STEM was created to expand access to research-based literacy and STEM (science, technology, engineering, and math) experiences for K-3 children and their families. Checkout STEM kits are designed to support the development of literacy and STEM skills. The program meets after school once a month striving to accommodate all youth who want to participate. Checkout STEM is delivered in partnership with **Norelius Community Library** in Denison.



ISU Extension and Outreach Crawford County

35 South Main Street
Denison, Iowa 51442
Phone: 712-263-4697

www.extension.iastate.edu/crawford

County Extension Staff

Kathy Thul
Office Manager

Aubrey Houska
County Youth Coordinator

Tina Gress
Program Coordinator

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, color, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran, or other protected classes. Direct inquiries to the Diversity Advisor, 515-294-1482, extdiversity@iastate.edu. ADV.19.04L September 2019