



BUILDING A #STRONGIOWA

2019 IN HANCOCK COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Hancock County for a #STRONGIOWA.

Hancock County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- K-12 Youth Outreach
- Health and Well-being
- Agriculture and Natural Resources

Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Mary Greiman
Council Chair

Brandon Beenken
Council Member

Ryan Eekhoff
Council Vice Chair

Julie Barickman
Council Member

Darcy Ristau
Council Secretary

Cory Greiman
Council Member

Heidi Konz
Council Treasurer

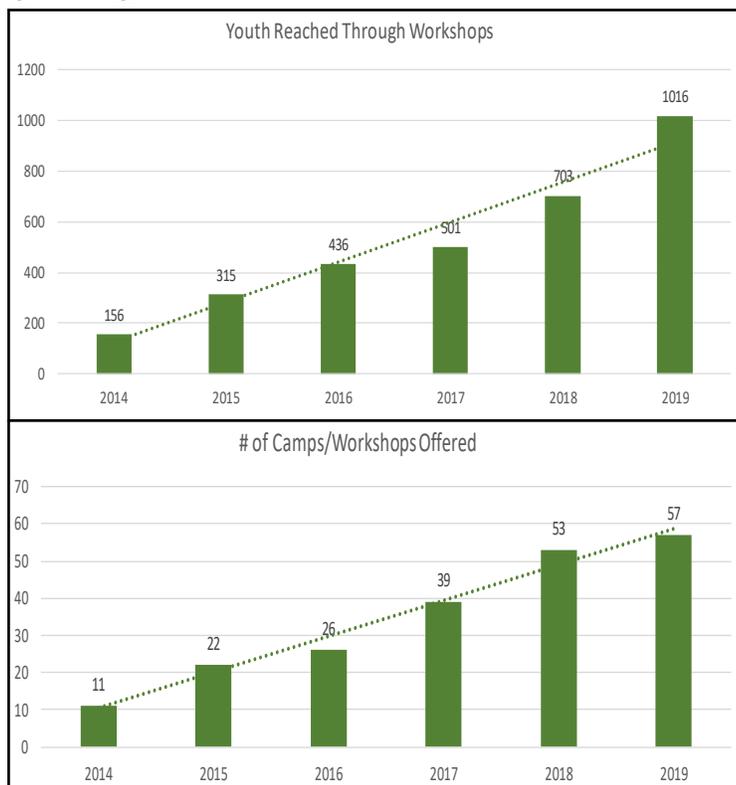
Kody Trampel
Council Member

Bryan Whaley
Regional Director

Ray Tlach
Council Member

Hancock County Shows Growth in Youth Outreach

Hancock County Extension and Outreach reached 1,016 youth in 57 workshops offered from October 2018 - August 2019. Staff-planned workshops are used to introduce youth to a new project area or a possible career path. We build partnerships with local businesses and organizations to utilize and share their expertise. Some workshops provide the opportunity to learn a new technique in a project area and complete a static exhibit project that could be exhibited at the fair. Many workshops provide opportunities for youth to enhance their knowledge in the areas of science, technology, engineering, arts, and math.



Youth Summer Explorations Photos



Youth Afterschool Programs

ISU Extension and Outreach in Hancock County offers several different afterschool programs throughout the year.

Clover Kids

More than 100 Clover Kids participate in Kids in the Kitchen this year. They meet monthly by grade and practice basic kitchen skills while learning all about a new food group each time. Members make their own snack at each meeting. They are able to try new foods and learn independence in the ability to make their own snacks. Club members learned that dairy foods make your bones strong, proteins give you muscle, and grains are rich in fiber for good digestion. They ground their own grain and learned about how grains get from the field to their plates. The importance of cleanliness and not spreading germs was learned from making gross sandwiches. The sandwiches were fuzzy and green in their sealed bags the following month.



After School Kids Club

Afterschool Kids (ASK) club is for 3rd-4th graders and meets for 4-6 weeks in both the spring and fall. ASK meets right after school until 5:00 pm at West Hancock on Tuesdays and Garner-Hayfield-Ventura on Mondays. The spring semester was called Lights, Camera, Cooking. Members learned about how to make video tutorials. They practiced presenting basic cooking skills and explored the basics of editing video.

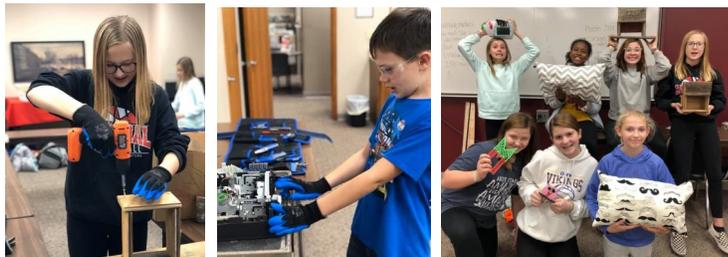


In the fall, they investigated the properties of magnets and learned how to utilize the engineering process. To round off the session, they even took a field trip to a recycling center to see how both big and small magnets work in real life.



Makers Space

Youth in grades 2-8 have been creating whatever they can think of in our new Makers Space workshops. These are on-going workshops during which members learn, explore, and create new projects. Youth have the option to explore on their own or pick a project provided by the leader. It has been fun to see what they create and how they use the premade project to make it their own.



Theater Arts

We have started a weekly club centered around theatre arts. This club is a 4-H club for grades 4-12. We put on a production in December called the Santa Interviews. Club members have worked on set design, costumes, and a lot of projection practice and line memorizing. After the first of the year, the club will start up again and begin working on a new play for production in April.



First Lego League

Hancock County has 12 FIRST LEGO League teams: 7 junior teams for grades K-3 and 5 teams for grades 4-8. This year's topic for FLL is City Shaper. Students will observe how cities and buildings grow, thrive, and change. They'll create new, innovative solutions to help shape an optimal future, using our environment and modern-day tools and technology to make it last.

They will present what they have learned and their solution on tournament day. They have also worked on programming their robots to solve the missions on the mat. A few of the solutions they have worked on are building an outdoor fitness area and a rec center for their community, playground equipment for children with disabilities and friends to play together, and an easier way to clean up fire hydrants.

The Jr FLL topic this year is Boom Town Build. Teams will explore the growing needs and challenges of the people in our community. Teams will help to imagine and create a building that solves a problem and makes life easier, happier, or more connected for the people that use it.



Youth Cattle Clipping Clinic

Hancock County Extension held the 2nd Annual Fitting For The Finish, a two-day cattle clipping clinic for youth in and surrounding Hancock County. We had 6 families participate in this two-day clinic. The kids learned about products, equipment, daily hair care, showmanship, and walked through step-by-step how to clip and fit your calf from start to finish to be show ready! Brittany Weaver, a Hancock County alumni beef exhibitor, lead the clipping and fitting demonstration.



Club Workshops

In an effort to assist our busy 4-H club volunteers and to encourage 4-H project completion, staff offered workshops to our community clubs. Clubs made bucket seats, painted wooden signs, sharpie marker ceramics, and had a bake-off challenge. At each club meeting, members went over the step-by-step process of how to fill out a goal sheet. They learned the elements and principles of design behind each decision they were making. They practiced articulating how they made decisions to make their project unique and how to be specific when filling out a goal sheet. At the end of the workshops, club members had a completed project and goal sheet ready for the fair and they were able to share what they learned about the creative design process.

Family Fun Night

In February, Hancock County Extension hosted the 4th Annual Family Fun Night at the GHV Elementary with nearly 400 people in attendance. There were 14 interactive booths, crafts led by 4-H'ers, a petting zoo, a musical clown, and 46 + pizzas served!



Health and Well-Being

Grey for a Day

Hancock County Extension and Outreach partnered with Concord Care Center and a GHV Family Consumer Sciences class to become familiar with the realities of aging and becoming “grey.” We met for two sessions, allowing the students to interact with the residents and learn first-hand what it is like to become “grey” with interactive simulations.



Powerful Tools for Caregivers

For the first time, Hancock County Extension and Outreach partnered with Winnebago County to offer Powerful Tools for Caregivers. We met for six weeks in the Titonka Savings Bank basement through October and November.

Health Fair

In February, Hancock County Extension and Outreach participated in the Hancock County Health and Wellness Expo. The Expo was spearheaded by the Hancock County Wellness Coalition and the Garner Chamber of Commerce with sponsorships by multiple businesses and organizations. The Expo featured health care professionals throughout the county and surrounding areas to share information and answer any questions.



Agriculture and Natural Resources

Hancock County Extension and Outreach hosted a Farm Transition and Estate Planning Workshop with ISU Extension and Outreach Farm Management Specialist Kelvin Liebold. It was a two-session workshop with 13 attendees.



Outstanding Achievement in Advancement

On Feb. 28, Hancock County Extension and Outreach staff was honored at Annual



Conference for receiving the Outstanding Achievement in Advancement Award by ISU Extension and Outreach Vice President John Lawrence.

Hancock County Extension Staff



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