



# BUILDING A #STRONGIOWA

## 2019 IN CLAYTON COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Clayton County for a #STRONGIOWA.

### Clayton County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Managing for Today and Tomorrow
- Iowa Master Conservationist
- Journey Thru Parkinson's Disease
- Regional Youth Summit



### Economic Development

*Managing for Today and Tomorrow* is a five-week class that teaches women about the importance of planning successful farm transitions. Fourteen women learned about estate planning, transition planning and succession planning, and are empowered to set goals and engage in effective family discussions about their farm operations.

### Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

**Linda Orr**  
Extension Council  
Chair

**Kraig Tweed**  
Regional Director

**Julie Bergan**  
Council Member

**Trent Henkes**  
Council Member

**Deb Schulte**  
Council Member

**Marlene Gould**  
Council Member

**Dennis Wolter**  
Council Member

**Susan Ruhser**  
Council Member

**Katherine Ruff**  
Council Member

**Blair Lincoln**  
Council Member



## Health and Well-Being

The rate of Parkinson's Disease diagnosis is on the rise, especially in rural communities.

*Journey Through Parkinson's Disease* - a 3-session series that explores the symptoms of PD, how to seek treatment, how PD impacts the brain, and alternative approaches to symptom management – was offered in partnership with Clayton County Parkinson's Awareness group.



## Food and Environment

Sixteen people participated in our Clayton-Fayette Iowa Master Conservationist Program. Participants watched online learning modules every week and then visited conservation sites across Clayton and Fayette County. Sites included Osborne, Eric Boehm, Jim Kerns Tree Farm, The Rush Farm, Big Springs Trout Hatchery, and Gilbertson Nature Center. We partnered with Clayton Conservation and Fayette County Conservation for this program.



## K-12 Youth Outreach

Leadership training for youth gives them opportunity to learn and develop skills to be successful contributing members of society. An opportunity for Clayton County youth was the *Regional Youth Summit*, "Youth Voice in Action." Over 80 middle school students from fourteen schools in eight counties attended. The regional youth summit is hosted by a team of Iowa 4-H/ISU Extension and Outreach county and state staff. This summit provided middle school youth the opportunity to gain skills in communication and leadership so that they feel empowered to take action and use their voices to create positive change in their communities. Youth participated in different breakout sessions where youth learned about their importance within communities as well as possible careers and education. Youth learned about their leadership style through an interactive workshop and each school group created their own action plan with the guidance of their team's adult mentor. Clayton County school youth teams attending the 2019 summit were, MFL Mar Mac, and Clayton Ridge.



## ISU Extension and Outreach Clayton County

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