



BUILDING A #STRONGIOWA

2019 IN HUMBOLDT COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Humboldt County for a #STRONGIOWA.

Humboldt County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Food and Environment
- Economic Development
- Health and Well-being
- K-12 Youth Outreach

Food and Environment

The four counties in Region 7 held a seven-week **Master Conservationist** program in the spring of



2019 with 14 participants. This program created a community of passionate conservationists that will be engaged in local communities advocating for conservation practices and policies to ensure a sustainable future for Iowa's landscape.

The program took place at different locations within Hamilton, Humboldt, Webster, and Wright counties, providing participants opportunities to discuss the history and current conservation efforts in Iowa. Each location followed different landforms with the weekly topic, including ecosystems like forests and prairies, wetlands, and rivers. One participant noted, "Land is fundamental to life as a human. It is also fundamental to my profession as a farmer and farm manager. It gives everything to us, and we must respect it."



Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Jeff Goodell
Extension Council Chair

Jerry Chizek
Regional Director

Tyler Lane
Vice Chair

Jill Soenen
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Robert Abens
Council Member

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Council Member

Kyrstle Graaf
Council Member

Scott Lerdal
Council Member

Kerri Mertz
Council Member



Economic Development

People are often reluctant to start on projects when they don't understand the terminology or the subject matter. Almost all people benefit from having a will to deal with the distribution of their assets upon their deaths. People that own real estate benefit from having an understanding of the basic estate planning concepts.

In August, ISU Extension and Outreach offered an **Estate Planning** program at which participants gained an improved understanding of basic estate planning terminology, the federal estate tax system, and the potential impact of estate and inheritance taxes. Participants also learned how farm estate planning and farm transition planning work together. This workshop provided background information for participants to work more efficiently with professional and legal advisors.

Health and Well-Being

There are more foodborne illnesses being reported by the Iowa Department of Public Health. In response, ISU Extension and Outreach Human Sciences staff offered two **ServSafe®** food safety trainings in Humboldt. As a result, 25 participants have become certified food protection managers. Having a certified food protection manager is well-documented on decreasing the possibility of foodborne illness. The FDA cites "a correlation between the presence of a certified food protection manager and better food safety practices and behaviors."

K-12 Youth Outreach

Iowa State University Extension and Outreach Human Sciences staff focused on creating hands-on workshops with education and activities for youth. Eight Humboldt County youth attended a hands-on workshop during the spring and summer. As a result, 87.5 percent of the youth involved entered their jam as a food exhibit at the county fair.

Summer Camps

Humboldt County hosted three 4th-8th grade and four K-3rd grade day camps over the course of the summer, attended by 68 youth. Twenty-one of the youth were new to the Humboldt County 4-H program. Youth at the day camps learned about many topics, including celebrations around the world, space, birds, bugs, bees, robots, and rockets. The day camps were planned and executed by two summer 4-H day camp educators. The summer 4-H day camp educators also led learning activities at the Region 7 Junior 4-H Camp and Humboldt County Fair. The summer 4-H day camp educators were funded by ISU Extension and Outreach in Hamilton, Humboldt, Webster, and Wright counties.

Clover Kids

All youth in kindergarten through third grade are encouraged to join different Clover Kids groups, in which 90 kids are enrolled. They participate in hands-on learning activities on Wednesday early out school days or Saturday mornings. Currently, there are 154 youth enrolled in Humboldt County 4-H.

ISU Extension and Outreach

Humboldt County

727 Sumner Ave

Humboldt, IA 50548

515-332-2201

www.extension.iastate.edu/humboldt



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County Extension Staff

Erin Pedersen
Kim Axne
Office Manager

Lexi Seuntjens
County Program
Coordinator

Kiersten Beilke
County Youth Coordinator

